



COVID-19 Disruption of Service/Events	Upload Date 13 September 2021 3.00pm 'Delta' (level 2)	 			
ORGANISATION	CONTACT	Changes to Our Services	Web Address	Date Updated	
Accounting for Charities Trust	info@charityaccounts.org.nz	Our team are working from their homes and you can contact us on info@charityaccounts.org.nz			
Agape Budgeting Service	04 477 3000 / 021 246 7224 budgetmanager@agapebudgeting.org.nz	We are back to Business as usual. Call and speak to Heather or leave a message / text and she will call you back.		12/10/20	
Age Concern Wellington	04 499 6648 info@acwellington.org.nz	Under Level 2, Steady as You Go falls prevention classes and the Accredited Visitor Service will start up again. However, the Companion Walking Service will remain closed until Level 1.	www.ageconcernwellington.org.nz	31/08/21	
Alcohol Drug Helpline	0800 787 797 or text 8681, 24 hours a day, 7 days a week	The Alcohol Drug Helpline provides friendly, non-judgmental, professional help and advice for people concerned about their own drinking or drug taking or for family/whanau members, friends or professionals concerned about someone else. Helpline service running as normal	https://alcoholdrughelp.org.nz/helpline/	24/06/21	
Atareira Family/Whanau service	Referrals can be made by emailing enquiries@atareira.org.nz or contacting Anne on 0277694405 for CCDHB referrals Emma on 0210386060 for HVDHB referrals Toni on 02102709889 for Maori and Pacific whanau who would like to access cultural services in CCDHB	We are operating under Level 2 with social distancing.	www.atareira.org.nz	28/06/21	

Birthright Wellington	04 499 0055 / 0800 457 146 info@birthrightwellington.org.nz	Level 2 Business as usual with team back onsite and whānau face-face contact. This will be guided by Government guidelines.	www.birthright.org.nz	31/08/21
Cancer Society of New Zealand Wellington Division	info@cancersoc.org.nz	<p>Our offices are open and we are still operating our transport and accommodation services, however support groups are suspended..</p> <p>Wellington, Wairarapa and Kāpiti coast, and to the north of Ōtaki are now in Level 2. This impacts our offices in Wellington, Masterton and Paraparaumu.</p> <p>We want you to know we are still here to provide information and support.</p> <p>Under Alert Level 2:</p> <p>Our supportive care nurses are available to provide support at either our offices, over the phone and via email at every alert level.</p> <p>Face-to-face support groups and programmes are currently suspended. If you have an upcoming appointment, we will contact you to reschedule or organise an alternate support option. Transport to treatment is still available, with precautions in place.</p> <p>The Cancer Society's Margaret Stewart House remains open for people who need to travel for treatment at Wellington Hospital.</p> <p>If your body's immune system has been weakened by cancer or cancer treatment, the risk of you having a serious infection is higher – so it's important for people with cancer to take extra precautions.</p> <p>If you have any questions or concerns, please call 0800 CANCER (226 237) or email our nurses, info@cancersoc.org.nz.</p>	https://wellington.cancer.org.nz/ or https://www.cancer.org.nz/about-us/covid-19-update/	25/06/21
Caninspire Wellington Region	kirsty@caninspire.org.nz	<p>In person workshops can only be delivered at Level 1 or below, but if you are an agency which may be interested in our services for your clients, please do get in touch and we can discuss whether you fulfil the criteria, and can plan ahead.</p> <p>www.caninspire.org.nz</p>	www.caninspire.org.nz https://www.facebook.com/caninspirewellington	30/08/21

Catholic Social Services	027 405 5469 reception@wn-catholicsocialservices.org.nz	<p>Under the 'Delta' Level 2: All CSS staff are working but our office is closed to visitors and clients. Staff are working some days from home to allow us to maintain the 2 metre distancing rule.</p> <p>Our social workers are accepting new referrals. They will support new and existing clients using email, phone, Zoom and client face-to-face meetings outside our office, while following Delta Level 2 PPE rules.</p>		07/09/21
CCS Disability Action, Wellington Branch	0274 609955 janine.hoete-thornton@ccsdisabilityaction.org.nz	<p>CCS Disability Action is preparing and responding to the current COVID-19 alert levels, so we can continue to support you as best we can.</p> <p>If you are supported by us, please keep in touch with your Service Coordinator and check this site regularly for updates. https://www.ccsdisabilityaction.org.nz/covid-19/</p>	www.ccsdisabilityaction.org.nz or https://www.ccsdisabilityaction.org.nz/covid-19/	25/06/21
Challenge 2000	04 477 6827 info@challenge2000.org.nz	<p>Challenge 2000 has been deemed an essential service by the government, so, whilst taking all possible precautions, we are continuing to engage with highly at-risk young people and their families.</p>	https://www.challenge2000.org.nz/covid-19-resources-and-help/	12/10/20
Citizens Advice Bureau Central	0800 367 222 manager only email: manager.centralwellington@cab.org.nz General enquiries: wellingtoncentral@cab.org.nz	<p>Central Wellington Open at Alert level 2 – Practicing social distancing and Hygiene Level 2 Business as usual</p>	www.cab.org.nz	30/08/21
Citizens Advice Bureau Johnsonville	Johnsonville 478 5698	<p>Open at Alert level 2 – Practicing social distancing and Hygiene Level 2 Business as usual</p>	www.cab.org.nz	30/08/21
Citizens Advice Bureau Kilbirnie	Eastern Suburbs 387 3573	<p>Open at Alert level 2 – Practicing social distancing and Hygiene Level 2 Business as usual</p>	www.cab.org.nz	30/08/21

Citizens Advice Bureau Karori	Wellington West 476 4595	Open at Alert level 2 – Practicing social distancing and Hygiene Level 2 Business as usual	www.cab.org.nz	30/08/21
Citizens Advice Bureau Newtown	04 389 3813 Newtown Community Centre, Corner of Colombo and Rintoul Street	Open at Alert level 2 – Practicing social distancing and Hygiene Level 2 Business as usual	www.cab.org.nz	30/08/21
Community Connections	Emily Sheffield 022 369 2290 (employment services) France Aziz 022 169 6573 (Supported living services)	We have returned to usual service, supported living, employment and other services have resumed.	https://www.ccslt.org.nz/	12/10/20
Community Law Wellington and Hutt Valley	04 499 2928 info@wclc.org.nz	Kia ora koutou, We will be re-opening our free legal advice sessions at both of our offices from the 13th of September. Our phone advice will continue to operate through level 2, just head over to our website - www.wclc.org.nz When you come in to our offices, please be assured we will be taking every measure to ensure your safety and wellbeing at this time. This means strict adherence to all Alert Level requirements, including masks, distancing, sign in and hygiene. Please don't be offended if we ask you to participate in these measures with us. If you are unsure when a time to come in and see us might best suit you, pop over to our website and check out our times. http://www.wclc.org.nz/our-services/clinic-times/ Hara mai te mahi!	www.wclc.org.nz	13/09/21
Community Networks Wellington	04 385 3518 Office@cnw.org.nz newsletter@cnw.org.nz	As our staff work from home, our day-to-day business will continue as normal at the current covid-19 restriction level. Due to number restrictions and social distancing rules our Network meetings will not take place until level 1 and will follow government guidelines. For the latest information about our network meetings please see our website https://www.cnw.org.nz/our-next-meeting.html	www.cnw.org.nz https://www.cnw.org.nz/covid-19-community-information-and-resources.html	07/09/21

<p>Community Networks Aotearoa</p>	<p>+64 4 472 3364 021 1784333 eo@communitynetworksaotearoa.org.nz</p>	<p>We are currently back to normal office hours. Just ring if you need to see us or ask for any advice.</p>	<p>https://communitynetworksaotearoa.org.nz/</p>	
<p>Compassion Soup Kitchen</p>	<p>04 385 9299 reception@compassion.org.nz</p>	<p>Compassion Soup Kitchen: At level 2</p> <p>We will continue servicing takeaway meals from the whare between 12pm-1pm everyday until further notice.</p> <p>We ask that anyone picking up a meal wears their facemask if possible and sign in using our manual register or scanning our QR code.</p> <p>Takeaway tea and coffee will be served once again from Friday 10th September and we will have hot chocolate on Wednesdays and Thursday too!</p> <p>The emergency clothing store will be accessible - just let our staff know what you need and we will get it for you.</p> <p>Orange Sky Laundry Services will resume and run on Wednesdays and Fridays between 8.30am-11am.</p>	<p>www.facebook.com/compassionsoupkitchen</p> <p>https://soupkitchen.org.nz/</p>	<p>07/09/21</p>
<p>DCM Downtown Community Ministry</p>	<p>0800 119 689 04 384 7699 office@dcm.org.nz</p>	<p>DCM working at alert level 2:</p> <p>At alert level 2, DCM is once again able to open our doors to people who are experiencing homelessness, but we continue to encourage anyone needing our support to call our 0800 number: 0800 119 689.</p> <p>Our team will assist with all enquiries - be it access to a COVID vaccine, emergency dental care, housing, food and other supports.</p> <p>If members of the general public are concerned about anyone rough sleeping in Wellington, we encourage them to call Wellington City Council on 04 499 4444 and they will let our Outreach team know.</p>	<p>www.dcm.org.nz</p>	<p>30/08/21</p>

<p style="text-align: center;">Dementia Wellington</p>	<p>049722595 admin@dementiawellington.org.nz</p>	<p>Wellington is now under Level 2 restrictions.</p> <p>The Dementia Wellington team want to ensure we do not put our clients or our community contacts at any unnecessary risk and are therefore taking a cautionary approach to how we provide our services and support during Level 2.</p> <p>At this stage we are in Level 2 for four days from 6pm Wednesday 23 June to 11.59pm Sunday 27 June. Hopefully this outbreak will be controlled soon and we'll be back to our usual social activities and support.</p> <p>In the meantime, Dementia Wellington has taken the following action while we are under Level 2:</p> <ul style="list-style-type: none"> • Kapiti Cognitive Stimulation Therapy group planned for 10am Thursday 24 June - CANCELLED • Dementia Essentials Seminar - Communicating Effectively planned for 10.30am Thursday 24 June - STILL ON (but if you feel uncomfortable about attending please stay home) • Lower Hutt Living Well Group planned for 1pm Thursday 24 June - CANCELLED • Upper Hutt Supporters Group planned for 2pm Thursday 24 June - CANCELLED • Volunteers Afternoon Tea planned for 2pm Thursday 24 June - POSTPONED • Seminar at Summerset on the Coast planned for Friday 25 June - CANCELLED <p>Advice and Support - email or phone your Dementia Advisor at any time if you have any concerns you wish to discuss.</p> <p>General information</p> <p>Level 2 Means community transmission occurring in NZ. Older people and people with underlying medical conditions, particularly respiratory conditions, are at higher risk of Covid-19. Aged care facilities are susceptible to the rapid transmission of viruses like COVID-19. Residents are more susceptible to illnesses due to their age and they are also more likely to have underlying health conditions. At Alert Level 2 there is some freedom to move around and connect with close family, whānau and friends. If you are an at-risk person, you'll need to take extra precautions when doing this.</p>	<p>www.dementiawellington.org.nz or https://www.dementiawellington.org.nz/49-covid-19-updates-and-changes</p>	<p style="text-align: center;">25/06/21</p>
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<p>Diabetes Wellington INC</p>	<p>04 4995085 fieldofficer@diabeteswellington.org.nz</p>	<p>Diabetes Wellington Inc is back up and running at Level 2 Phone: 04 499 5085 Monday – Friday 10.00am to 4.00pm. Business as usual</p> <p>They continue to sell essential diabetes products through their online store and their shop in Wakefield Street. They have a wide range of products, such as meters, lancets and lancet devices, Diabetes socks, Jams, glucose tablets, etc.</p> <p>So if you need anything go to www.diabeteswellington.org.nz and you can order online or come to our Friendly shop or ring us for your order. They also have insulin pens that can be sent out if you need a replacement pen, (need broken pens back).</p> <p>Please phone or email for one of these. There is no charge for insulin pens for members and a \$30 charge for non-members (plus courier). fieldofficer@diabeteswellington.org.nz</p>	<p>www.diabeteswellington.org.nz</p>	<p>30/08/20</p>
<p>Dwell Housing Trust</p>	<p>04 384 4854 alison@dwell.org.nz</p>	<p>Our office is open and we can be contacted in the usual ways.</p>		
<p>EKTA</p>	<p>Manjit 021-1317644 contact-us@ekta.nz</p>	<p>There is no change to our services - our weekly food distribution at Reading Cinema every Saturday from about 4.30 onwards is going on as scheduled. We also distribute free ethnic groceries from the Undercroft of St Peter’s from 10 to 12 every Saturday.</p>	<p>http://ekta.nz/ or https://www.facebook.com/ektanzinc/</p>	<p>25/06/21</p>
<p>English Language Partners Wellington</p>	<p>027 646 5451 or 04 384 1992 wellington@englishlanguage.org.nz</p>	<p>Our centre at Level 5, 186 Willis Street will remain open at Level 2 and we will be following the recommended guidelines for preventing the spread of Covid.</p> <p>Term 3 our English classes are a mix of face to face and online but if there is a change to Level 3 or 4 we will move all classes online.</p> <p>You are very welcome to visit us but can you please book an appointment before you drop in: wellington@englishlanguage.org.nz</p>	<p>https://www.englishlanguage.org.nz/</p>	<p>12/8/20</p>
<p>Epilepsy First Aid</p>	<p>021 02436472 Email epilepsyfirstaid@hotmail.com</p>	<p>Level 2- Can do speaking events and workshops under 100 capacity. Work from home.</p>	<p>www.epilepsyfirstaid.com www.facebook.com/epilepsyfirstaid</p>	<p>30/08/21</p>

EVARO (previously Ace House – Wellington After-Care Assn.)	web@evaro.nz	Normal Service has resumed at level 1	https://www.evaro.nz/	
Family Works Presbyterian Support Central	info@psc.org.nz 04 4394900	<p>At Covid-19 Alert Level 2</p> <p>To protect residents and staff in our Wellington, Upper Hutt and Wairarapa sites, Enliven will restrict visitors and Family Works will be operating with Alert Level 2 restrictions in place.</p> <p>If you have visited any of the areas of interest identified by the Ministry of Health, please do not visit our Enliven homes or Family Works offices until you have returned a negative Covid-19 test result.</p> <p>If you have visited any of the places of interest/have been contacted by the Ministry of Health as a contact of interest and have been into a Family Works office or an Enliven Home or village since then please inform the site ASAP.</p> <p>For more information, please visit the Family Works or Enliven websites.</p>	https://www.psc.org.nz/covid-19/	25/06/21
Gambling Helpline	0800 654 655			25/06/21
HeyBro	Free call 0800 HEY BRO (439 276)	For men who feel they're going to harm a loved one or whānau member.	https://www.hewakatapu.org.nz/services/0800-hey-bro	25/06/21
Hataitai Community House	Phone 0204862821 email hchcoordinator@xtra.co.nz	<p>Both the Hataitai Centre and Community House are now open for regular and one-off bookings.</p> <p>The Community House remains closed for dropping in.</p> <p>If there are any queries, please email hchcoordinator@xtra.co.nz or call 020 486 2821.</p>	www.hataitai.org.nz	

<p>Healthline - GENERAL Healthline - CORONAVIRUS</p>	<p>0800 611 116 0800 358 5453</p>	<p>Lines Remain Open</p>		<p>25/06/21</p>
<p>Hon Grant Robertson - Electorate Office</p>	<p>04 801 8079</p>	<p>We are back in the office and back to normal.</p> <p><i>Useful resources and information:</i></p> <ul style="list-style-type: none"> · Healthline 0800 358 5453 · Government helpline 0800 779 997 · Need to talk? Call or text 1737 or visit www.allright.org.nz/campaigns/getting-through-together · Essential business enquiries essential@mbie.govt.nz or 0800 22 66 57 · Reporting breaches of any Level 2 Alert restrictions 105.police.govt.nz · Queries about transport email essentialtravel@transport.govt.nz · For financial support visit www.workandincome.govt.nz or call 0800 559 009 		<p>12/10/20</p>
<p>Hutt City Budget & Advocacy Service</p>	<p>Woburn House - Level 1 40-44 Bloomfield Terrace Lower Hutt Phone: 04-5666357 texts: 027 2027859 info@budgetservice.org.nz</p>	<p>Please contact us for an appointment</p> <p>Office Hours: Monday to Friday 9 am to 5 pm Late night on Tuesdays till 7 pm</p>	<p>http://www.budgetservice.org.nz/</p>	<p>25/06/21</p>
<p>Kahungunu Whanau Services</p>	<p>Nikki Winter 0220112658 Nikiw@nkkp.org.nz Puti Kaika 022 011 7308 Putik@nkkp.org.nz</p>	<p>To ensure the safety and well-being of our staff, Whānau and the community, we advise that we are open for business including new enrolments, however our office doors will be closed until further notice.</p> <p>If you need Help or have any queries, please contact our office on 0800 ME NOHO (0800 636 646) or email us at web-inquiry@nkkp.org.nz .</p>	<p>https://www.nkkp.org.nz/</p>	

<p>Kaibosh</p>	<p>matt@kaibosh.org.nz</p>	<p>Business as usual at Kaibosh (during Levels 4, 3 & 2) with these restrictions:</p> <ul style="list-style-type: none"> • On arrival at Kaibosh please: • Ring the doorbell and wait for us to come to you - do not enter Kaibosh at any time. • We will deliver your kai to you outside on the trolley for you to transfer to your transportation • Please respect the 2m distancing rule when we pass the trolley to you. • All trolleys are sterilized pre- and post-pickup <p>Please check out our facebook page for any updates https://www.facebook.com/Kaibosh.NZ/</p>	<p>www.kaibosh.org.nz</p> <p>https://www.facebook.com/pg/Kaibosh.NZ/posts/?ref=page_internal</p>	<p>31/08/21</p>
<p>Kāinga Ora Homes and Communities</p>	<p>Freephone: 0800 801 601</p>	<p>Covid-19: information for our tenants and their whānau</p> <p>https://kaingaora.govt.nz/tenants-and-communities/covid-19-information-for-our-tenants-and-their-whanau/</p> <p>You can call our Customer Service Freephone: 0800 801 601 to speak to us.</p> <p>There is other information about how to get in touch in Contact Us section of our website. https://kaingaora.govt.nz/tenants-and-communities/</p> <p>We know this can be a difficult time.</p> <p>If you need to talk to anyone about how you're feeling, there is help available through the National Telehealth Service.</p> <p>Call or text for free to 1737 or visit: https://www.1737.org.nz/</p>	<p>https://kaingaora.govt.nz/tenants-and-communities/</p>	
<p>Karori Community Centre</p>	<p>Manager@karoricommunitycentre.org.nz 021 268 5355</p>	<p>Level 2 and Karori Community Centre</p> <p>We will reopen at Level 2.</p> <p>I would like to remind of the key points for us under Level 2.</p> <p>https://covid19.govt.nz/alert-levels-and-updates/alert-level-2/</p>	<p>www.karoricommunitycentre.org.nz</p>	<p>31/08/21</p>

Kites Trust	Alan Jones operations@kites.org.nz 0273821029	No changes to services		19/08/20
KiwiClass	04 384 3693 Emergency Contact Only 021 0275 0284	KiwiClass is closed during Level 2 and teaching online	facebook.com/kiwiclaswellington kiwiclass.org.nz	23/06/21
Kokiri Marae Keriana Olsen Trust	Teresea Olsen on 021324265 or 0800926257 office 049494650 teresea@kokiri-hauora.org.nz	Essential services 7-9 Barnes Street Seaview Lower Hutt	https://www.facebook.com/KokiriMarae/?ref=page_internal	
LinkPeople	Justine Davidson – team leader Justine.davidson@linkpeople.co.nz	LinkPeople are open for new referrals. We are observing and practising social distancing. Our office is open for planned visits but where possible we will meet in the community.		
Literacy Aotearoa	0800 732 3464 wellington@literacy.org.nz Chloe Spedding cspedding.208@literacy.org.nz	Level 2 - we will be open again for on-site delivery. Classes will be set up so the learners are socially distanced.	https://www.facebook.com/LiteacyAotearoaGreaterWellington/	31/08/20
Lower Hutt Women's Centre	04 9201009	Under level 2 the Centre is open by appointment only and registration is needed for Self Esteem as we can only take 6 women per workshop. The library, drop in, free computer use and clothing bank services are suspended. Remember to continue to use the Covid App and if you are feeling unwell please stay home and take care of yourself.	www.lhwc.org.nz	25/06/21

<p>Marsden Day Care Trust</p>	<p>marsden.club@xtra.co.nz</p>	<p>In keeping with the government's announcement, the Marsden and Chelsea Clubs are open.</p> <p>We will keep the situation under close review and look forward to the resumption of service at the earliest.</p>	<p>https://www.marsdenclub.org.nz/covid-19-update</p>	
<p>Mary Potter Hospice</p>	<p>04 801-0006</p>	<p>Mary Potter hospice services change under Level 2</p> <p>Patient care will not be compromised due to Alert Level 2.</p> <p>Visitor entry into any of the hospice buildings will be limited, or delayed in order to protect the health of patients and staff.</p> <p>We will be screening all visitors to the inpatient unit and community bases, and checking about travel to NSW and visiting 'places of interest' in Wellington as per MOH guidelines.</p> <p>This includes all home visits to patients who have had people in their networks who have visited NSW recently and/or been to the named 'places of interest' in Wellington.</p> <p>We require visitors who have been to NSW and/or 'places of interest' to be screened for COVID and receive a negative test.</p>	<p>www.marypotter.org.nz</p>	<p>23/06/21</p>
<p>MIX - Connecting Creating, Living</p>	<p>Please get in touch with us via 04 569 3162 or our Facebook page</p>	<p>MIX is open, you can view our timetable here: https://mix.org.nz/participants/timetable/</p> <p>MIX will remain open at Alert Levels 2 and 1, however MIX will close if the Hutt Valley goes into Alert Levels 3 or 4.</p> <p>We will provide updates on our website and Facebook page.</p> <p>Please get in touch with us via 04 569 3162 or our Facebook page for further information.</p> <p>Please get in touch with us via 04 569 3162 or our Facebook page.</p>	<p>https://mix.org.nz/ https://www.facebook.com/MixInc/</p>	<p>17/08/20</p>

<p>Ministry of Social Development (MSD)</p>	<p>0800 559 009</p>	<p>Wellington has changed alert levels in our response to COVID-19. You may have received queries from our mutual clients about this. During this time regular payments will continue, and we'll provide assistance over the phone and through MyMSD in most cases.</p> <p>Getting help from us The safety and security of our people and our clients is our priority.</p> <p>To make things easy, we'll continue to help over the phone and online as much as possible - including having appointments over the phone where we can.</p> <p>Our Clients can use MyMSD to update their personal details, check their payments and apply for help with things like one-off costs for food.</p> <p>If they still need help, that's the right time to call us on 0800 559 009.</p> <p>About our Service Centres At Alert Levels 3 and 4 Our service centres are closed to the public. If you need help, please call us.</p> <p>At Alert Level 2 We need to carefully manage how many people come into our service centres.</p> <p>Only people we've asked to come in for an appointment should come into a service centre. It is still ok to bring a support person and any dependants.</p> <p>This will help us avoid queues, keep to physical distancing rules and ensure we can do effective contact tracing, so please give us a call rather than popping in.</p> <p>If you're unwell, please stay at home even if you have an appointment. You can call us to get help over the phone or make a new time.</p> <p>Want to know more? To find out more about what you can and can't do at each alert level, visit covid19.govt.nz</p>	<p>www.msd.govt.nz Or https://my.msd.govt.nz/</p>	<p>25/06/21</p>
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<p>MoneyTalks (Helpline)</p>	<p>0800 345 123 Text 4029 Email help@moneytalks.co.nz Live chat www.moneytalks.co.nz</p>	<p>MoneyTalks is a free helpline available to provide free budgeting advice to individuals, family and whānau.</p> <p>Our financial mentors can:</p> <ul style="list-style-type: none"> • Understand your financial situation • Organise your debt • Plan for the future • Get you in touch with a local budgeting service <p>Available - Monday to Sunday 7am to 10am</p> <p>MoneyTalks is a free financial helpline operated by FinCap.</p> <p>If you or someone that you know is struggling with money, get in touch with our trained Financial Mentors.</p> <p>The Helpline service is running per normal.</p>	<p>www.moneytalks.co.nz</p>	<p>25/06/21</p>
<p>Mosaic</p>	<p>Richard Jeffrey 0275 608 444 enquiries@mosaic-wgtn.org.nz 0800 94 22 94</p>	<p>At Level 1, we are returning to face-to-face counselling & peer support meetings, as well as continuing our remote counselling service.</p> <p>The counselling service is available 7 days a week, 11 AM – 8 PM.</p> <p>All Mosaic counsellors are qualified and experienced.</p> <p>To enable us to provide a robust and significant remote-counselling service, we have expanded our counselling team by recruiting counsellors for this service from all over New Zealand.</p> <p><u>How to Book Your, Confidential Counselling Appointment:</u></p> <p>Call our team on 0800 94 22 94 or Email enquiries@mosaic-wgtn.org.nz Or Visit us at www.mosaic-wgtn.org.nz</p>	<p>www.mosaic-wgtn.org.nz</p>	

Newtown Budgeting and Advocacy Services	contact via phone on 3898121 or email info@newtownbudget.org.nz	Alert level 2 - Business as usual. But ask anyone who has been in contact with a location of interest or is feeling unwell with Covid related symptoms, not to visit us but make contact via phone on 3898121 or email info@newtownbudget.org.nz Riddiford House, Level 1, 94 Riddiford Street, Newtown.	http://newtownbudget.org.nz/Silverstripe/	31/08/21
Newtown Community and Cultural Centre	info@newtowncommunity.org.nz 04 3894786	We hire venues, host classes and groups and have a drop-in space with free tea/coffee. Our office and drop-in hours are Monday – Friday 9-4.30. At Level 2, we are open to the public and our venues are being booked by our regular users and some casual users. We do have extra guidelines/health & safety measures in place, around physical distancing, group sizes, contact tracing and cleaning our spaces. Here's what we plan to do at different levels: <ul style="list-style-type: none"> - Level 1 - open as usual! - Level 2 – everything open, with extra precautions. Some groups / classes not running as they can't do so safely. Check with us as the situation can change daily! - Level 3 or 4 - closed, all hires cancelled. Public cannot enter the building. 	http://www.newtowncommunity.org.nz/	23/06/21
Newtown Tool Library	newtown.tool.library@gmail.com	Newtown Tool Library is open again. Wednesday 5-7pm and Saturday 11-1pm	https://www.newtown-tool-library.com/	23/06/21
New Zealand Red Cross (Wellington)	0800 RED CROSS wellington@redcross.org.nz	Level 2 Service Centre is open for usual services by appointment only at this time. We are strictly following government guidelines and restrictions on gatherings and physical distancing.	https://www.redcross.org.nz/what-we-do/in-new-zealand/covid-19-update/	07/09/21
OUTLine	0800 688 5463	OUTLine helps rainbow/LGBTI+ New Zealanders to access support, information and a sense of community. Our services will remain available. https://outline.org.nz/coronavirus-covid-19-and-our-services/	https://outline.org.nz/	

Pablos Art Studio and Roar Gallery	Menno or Matt 04 382 8885 pablos.tutor@pablosart.org.nz	<p>We will be closed for cleaning in the middle of the day.</p> <p>Workshop programmes are on hold and artists are encouraged to work independently on their own projects.</p> <p>New artists are still welcome to join but please ring ahead. ROAR Gallery is open as usual 10-5pm Tues-Fri 11-3 Sat.</p>	https://pablosart.org.nz/ https://www.facebook.com/roargallery/	18/08/20
Parent Help	0800 568856 for the Helpline EMAIL: info@parenthelp.org.nz	<p>Our parenting helpline will be open 9am – 9pm.</p> <p>Counselling for existing clients and new clients will be by zoom or phone calls.</p>	https://www.parenthelp.org.nz/	24/06/21
Paul Eagle MP Electorate Office (172 Riddiford St, Newtown)	pauleagle.office@parliament.govt.nz phone 04 389 0989.	<p>Level 2 – the office is open during business hours but the doors are locked and people are only admitted one (or one bubble) at a time.</p> <p>Assistance can also be accessed by emailing pauleagle.office@parliament.govt.nz or phoning 04 389 0989.</p>		30/08/21
Parent to Parent Wellington	Sue Trueman 027 808 3947 suet@parent2parent.org.nz	<p>Whilst we are in Level 2 support groups, workshops and group meetings will take place via zoom rather than face to face.</p> <p>Otherwise all services are still available. Please contact me via phone or email if you would like support or information.</p>	Please refer to our facebook page https://www.facebook.com/parent2parent.wellington/ or website http://www.parent2parent.org.nz/ for updates on this.	17/08/20
People Skills Consulting	0272116479 Madeleine@peopleskillsconsulting.co.nz	Level 2 business as usual and able to provide services remotely	www.peopleskillsconsulting.co.nz	30/08/21
Problem Gambling Foundation	0800 664 262 help@pgf.nz	PGF Services (the Problem Gambling Foundation) is offering counselling support and public health services online during lockdown.	www.pgf.nz	

<p>Salvation Army Newtown Centre</p>	<p>04 389 0594 wellington.cm@salvationarmy.org.nz</p>	<p>The Salvation Army, Newtown Centre at 4 Normanby St, Newtown continues to be open during Alert Level 2, from 9am – 4.30pm weekdays.</p> <p>Food support is available through reception 9:00am – 3:00pm each day except Tuesday 10:30am – 3:00pm.</p> <p>The Drop-In Centre on Riddiford St is closed until we return to Alert Level 1.</p> <p>Community Play Group is closed during Alert Level 2.</p> <p>The Family Store remains open during Alert Levels 1 & 2 but will close as with other retail stores at Alert Levels 3 & 4.</p>	<p>www.salvationarmy.org.nz</p>	<p>17/08/20</p>
<p>The Salvation Army, Oasis (Gambling) & Bridge (AOD)</p>	<p>04 389 6566 0800 53 00 00 027 223 0372 Wellington.oasis@salvationarmy.org.nz</p>	<p>Oasis have opened our doors and are now seeing people face to face.</p>	<p>https://www.salvationarmy.org.nz/get-help/gambling-support</p> <p>https://www.facebook.com/permalink.php?id=105908231064683&story_fbid=107195907602582</p>	
<p>Samaritans of Wellington</p> <p>Samaritans Help Line</p>	<p>Samaritans Office wellington@samaritans.org.nz Samaritans help line 0800 726 666</p>	<p>The Administration Office can be contacted on 021 294 0036 or 472 3676 Monday to Friday 9am – 2.30pm or by email to wellington@samaritans.org.nz</p> <p>Staff will work from home under Alert Levels 3 and 4.</p> <p>Samaritans’ mental health helpline service is available day and night through all alert levels on 0800 726 666 for those seeking support.</p>	<p>www.samaritans.org.nz</p>	<p>17/08/20</p>

<p>Sisters of Compassion Our Lady's Home of Compassion</p>	<p>info@compassion.org.nz</p>	<p>Our Lady's Home of Compassion is mindful of the health and wellbeing of visitors, Sisters, staff and volunteers and, as such, we are following Ministry of Health and other government guidelines as they relate to the spaces at the Home of Compassion at Island Bay.</p> <p>Our Lady's Home of Compassion public spaces will remain open. Retreat House accommodation and meeting rooms are open as well and we are still accepting bookings</p> <p>Our open hours remain the same. We are encouraging everyone to sign in at these locations if they are visiting and stay home if they experience any cold or flu like symptoms.</p> <p>Cloister Café hours: Monday- closed Tuesday-Friday – 9am-3pm Weekend – 10am – 3pm</p> <p>Suzanne Aubert Heritage Centre, Chapel, and Resting Place hours: Monday – closed Tuesday – Sunday: 10am-3pm</p>	<p>www.facebook.com/sistersofcompassion</p>	<p>23/06/21</p>
<p>Shakti</p>	<p>Crisis line: 0800 SHAKTI (0800 742 584)</p>	<p>If you know someone or are concerned about your neighbours, please call our crisisline. Phone: 0800 Shakti (0800 742 584) If your life is in immediate danger, please call 111.</p>	<p>Website: https://shaktiinternational.org/member-org-services/</p>	<p>25/06/21</p>
<p>Skylight Trust</p>	<p>info@skylight.org.nz or 0800 299 100</p>	<p>All staff are working remotely</p> <p>For resources or a 'free Covid-19 support info e-pack' email resources@skylight.org.nz Counselling appointments via Skype are available email counselling@skylight.org.nz Library borrowing – unavailable at this time Publication purchases - despatch unavailable during the lockdown</p>	<p>https://www.skylight.org.nz</p>	
<p>Smart Newtown</p>	<p>info@newotwncommunity.org.nz</p>	<p>Smart Newtown is open again. Monday—Friday 9am-6pm and Saturday 10am – 2pm.</p>	<p>www.smartnewtown.org.nz</p>	

<p>Special Olympics New Zealand</p>	<p>Jemma Drake 027 555 1944 jemmad@specialolympics.org.nz</p>	<p>The below information outlines the current Special Olympics New Zealand response to changes in alert levels and is valid from 23 June 2021. The details below may change with short notice so please ensure that you check our website for any changes, alongside new announcements from the government.</p> <p>Important:</p> <ul style="list-style-type: none"> • The Wellington region is now in Alert Level 2. SONZ clubs and staff within the Wellington region must follow SONZ's alert level 2 protocols in regards to trainings, events, meetings and school activity as outlined below and in our return to activity guide. • The Manawatū Basketball event is currently the only event directly impacted by the change in alert level – this event has been postponed. SONZ will be working directly with the host club and all clubs entered to attend. • School activity in the Lower North Island will be halted while the Wellington Region is at alert level 2. <p>See the full detail and the Alert Level Protocols and Return to Activity Guide Here https://specialolympics.org.nz/covid19/?fbclid=IwAR2ANd_d4g71WXuHqp9ZGRzpbpMBMVszdTr13Tj7q4U-na2gWY9aRoYBU1g</p>	<p>https://www.specialolympics.org.nz/ or http://www.specialolympics.org.nz/covid-19?fbclid=IwAR2ANd_d4g71WXuHqp9ZGRzpbpMBMVszdTr13Tj7q4U-na2gWY9aRoYBU1g</p>	<p>25/06/21</p>
<p>St Peter's Church</p>	<p>04 382 8486 021 035 2574 Toni office@stpeteronwillis.org.nz <i>You are welcome to contact the Vicars if you need spiritual assistance.</i> Rev Charles Waldegrave 021 671 673 Rev Stephen King 0272100780 Rev Jean Malcolm 0212942122</p>	<p>Services continue to be livestreamed from the St Peters Facebook page St. Peter's on Willis (Wellington)</p> <p>7.45am Weekdays Morning Prayers 12.15pm Wednesday Hakari Tapu (Eucharist in Te Reo) 12.15pm Friday Eucharist in English 10.00am Sunday Eucharist</p> <p><i>The church porch is open during daylight hours so you can see inside and leave a prayer.</i></p> <p>St Peters is open for hire. Our rooms are available for hire to very small groups who are unable to meet due to a lack of space (physical distance recommendations from the Government) at their own offices. We can also offer a camera for livestreaming your meetings. This depends on how many people need it at once.</p> <p>Cleaning: Base level – daily After each meeting Dishwasher for all equipment Sanitiser available</p>	<p>https://www.facebook.com/StPetersOnWillisWellington/</p>	<p>24/06/21</p>

<p>St Vincent de Paul Society Wellington (Vinnies Wellington)</p>	<p>04-389-7122 info@vinnieswgtm.org.nz</p>	<p>At Delta Level 2, Vinnies is open. Please wear a mask if you come to the office as per government guidelines for mandatory mask wearing at indoor public spaces.</p> <p>We will need to restrict the amount of people in reception to comply with social distancing so you may be asked to return at a later date to ensure we can do this.</p> <p>All services are operating (while adhering to hygiene, cleaning, and distancing measures):</p> <ul style="list-style-type: none"> - Food Bank - Pregnancy Assistance - Social Work - Material Assistance - <p>Contact: - 04 389 7122 or info@vinnieswgtm.org.nz</p>	<p>https://www.vinnies-wellington.org.nz/ and Facebook: Vinnies Wellington</p>	<p>8/09/21</p>
<p>Strathmore Park and Raukawa Community Centres</p>	<p>Strathmore@spcc.org.nz 021 027 91402 rauikawa@spcc.org.nz 021 022 00723</p>	<p>Both community centres are open as usual</p>	<p>www.strathmorepark.nz</p>	<p>30/08/21</p>
<p>Supergrans Charitable Trust</p>	<p>021 074 3206 or 04 5669778 chris.martin@supergran.org.nz</p>	<p>We are open from 8am to 4pm Monday to Friday for financial mentoring at the office by appointment and home visits as prearranged. Our one to one in home life skills program for cooking, budget shopping, meal planning/preparation, household routines and family support is available during level 2 depending on the circumstances.</p> <p>New mum's working under the Mothers Matter Blanket wrap will be supported on a case by case bases during level 2 and by phone if we move back into level 3. All our services are available by phone in level 2, 3 and 4.</p> <p>People needing budget support (financial mentoring) as a result of COVID job displacement are welcome. We have a team set up to specifically support those affected by job loss.</p> <p>Our agency supports people who live in Lower and Upper Hutt, Porirua, Northern Suburbs of Wellington and other Wellington suburbs as able. Enquires by phone or email are welcome. There is no charge for our service.</p>	<p>www.supergransaotea.org.nz</p>	<p>18/08/20</p>

Sustainability Trust	Phone: 04 385 0500 advice@sustaintrust.org.nz	Level 2 – we will be operating – business as usual, with some office staff working from home.	https://sustaintrust.org.nz/	31/08/21
Te Haika (CATT) Mental health crisis service	0800 745 477			
Te Menenga Pai Nga Whare Hauora Newtown	021 673651 021 1936168 temenengapai@mpct.org.nz	We are open 24 hours per day as an essential service There are no changes other than heightened hygiene protocols. No visitors unless they are for clinical. injections must come with mask gloves and gown.	https://www.healthpoint.co.nz/mental-health-addictions/mental-health-addictions/te-menenga-pai-nga-whare-hauora/	25/06/21
Te Whare Tiaki Wahine Refuge	04-237 7027	Our services are still operational however, if you are unwell, please stay home, you can still contact us for support by phoning our crisis phone 04-237 7027 for advice, information and support. 24/7. Please see our facebook page for updates	https://www.facebook.com/PoriruaRefuge/	25/06/21
The Circus Hub	info@circus.org.nz	If you'd like to book for a class, all of our bookings are done online, so please visit https://www.circus.org.nz/how-to-book to book. If you'd like information about our classes, please visit our website https://www.circus.org.nz We are committed to keeping you safe, active, and connected during the Covid-19 crisis. We offer online classes at all Alert levels, and will be running classes during Alert Level 2 & 1 Please be sure to read the Covid-19 safety information on our website here before attending any classes at the hub.	https://www.circus.org.nz	25/06/21

<p>The Free Store</p>	<p>Alana Hathaway 0211094799 storemanager@thefreestore.org.nz</p>	<p>At Delta Level 2, The Free Store is operating. A couple of changes to how we're rolling. - Anyone is welcome to start lining up after 5pm but not before. - Tea/coffee at 5:15pm - Kai (food) at 6pm Please bring a bag, wear a mask & sign in</p>	<p>https://www.facebook.com/thefreestorewellington</p>	<p>09/09/21</p>
<p>Tū Ora Compass Health</p>	<p>04-801 7808 enquiries@compasshealth.org.nz</p>	<p>Your local Medical Centre is open and want to hear from you if you are unwell. Call ahead and discuss your concerns with staff and they'll help you find an appointment that suits you. At COVID-19 Alert Level 2, Amigos groups will take place where feasible. However, some venues will have arrangements that don't allow for seating, or payment methods that are impractical for us. Note that under Alert Level 2, the COVID-19 web site advises to keep 2 metres from strangers and 1 metre from people you know. Gatherings may be 10 people at maximum. Observe hygiene practices. See Amigos web site https://www.amigospeersupport.nz/ for more. Also please note our new web site forum which is up and running. Feel free to leave posts or comments."</p>	<p>https://www.facebook.com/pg/CompassHealthNZ/posts/</p>	<p>25/06/21</p>
<p>Utilities Disputes</p>	<p>communications@utilitiesdisputes.co.nz 0800 22 33 40 info@utilitiesdisputes.co.nz</p>	<p>Utilities Disputes services will continue as normal at level 2</p>	<p>https://www.utilitiesdisputes.co.nz/UD/Home/UD/Home</p>	<p>30/08/21</p>
<p>Vincent Art Workshop</p>	<p>Glen McDonald (Ms) 04 499 1030 027 407 5706 vincentsartworkshop@xtra.co.nz</p>	<p>We are currently operating with our Alert Level 2 policy in place. Please contact us on 04 4991030 if you would like to attend Vincents on Saturday 26th June. The session is from 10:30 to 1:30 and there are a few spaces left. Vincents Art Workshop will operate at Level 2 from Thursday 24th June for registered and booked artists until the Ministry of Health announces that the country is back in level 1 We will not be registering any new artists during this time. The Main Studio will be open for up to 10 artists for two sessions per day, and one session on Saturday. Artists will be able to book in for one session per day by phoning on 499 1030 between 9am – 3pm Monday – Friday or when they are in the studio. Artists will need to give a day's notice to book in or cancel attending a session. For full Session times and details and our operating process's at Level 2 please go to our website https://vincents.co.nz/ This policy will be reviewed regularly during Level 2</p>	<p>https://www.facebook.com/pg/Vincents-Art-Workshop-146291018723447/posts/?ref=page_internal</p>	<p>25/06/21</p>

<p>Volunteer Wellington (Branches Volunteer Hutt and Volunteer Porirua)</p>	<p>Wellington office 04 499 4570 info@volunteerwellington.nz</p>	<p>Volunteer Wellington and branches Volunteer Hutt and Volunteer Porirua are open but at Level 2 we are not providing face to face interviews.</p> <p>We are able to conduct telephone / zoom interviews with people wanting to talk about volunteering and people can visit our website to search for volunteering opportunities.</p> <p>The Wellington office is open Monday to Friday from 9am to 5pm, Hutt and Porirua offices open Monday, Wednesday and Friday from 9am to 3pm.</p> <p>We are following the recommended guidelines for preventing the spread of Covid.</p> <p>Please stay home if you are unwell, have been overseas recently or in contact with anyone with possible COVID-19.</p> <p>To find out about and access our services visit www.volunteerwellington.nz</p>	<p>www.volunteerwellington.nz</p>	<p>28/06/21</p>
<p>Wellington City Council</p>	<p>04 499 4444 info.atwcc@wcc.govt.nz</p>	<p>Services and Facilities in Capital at COVID-19 Alert Level 2 list and that can be found HERE</p> <p>Covid-19 – what we're doing Right now, our focus is on supporting Wellingtonians' long-term welfare and maintaining our city's vital infrastructure – including water, sewage, electricity and transport.</p> <p>For the latest updates on Wellington City Council services Click Below https://wellington.govt.nz/about-wellington/emergency-management/civil-emergency-news-and-information/covid-19</p> <p>WCC Pandemic Response & Recovery Plan https://wellington.govt.nz/-/media/news-and-events/news-and-information/emergency-management/files/covid-19/wcc-pandemic-response-recovery-plan.pdf?la=en&hash=106DF3754DFADCF3D604B5FFCA9091679405A88D</p>	<p>https://wellington.govt.nz/about-wellington/emergency-management/civil-emergency-news-and-information/covid-19</p>	<p>25/06/21</p>

<p>Wellington City Mission Office/ services</p>	<p>0800 245 0900 (04) 245 0900 enquires@wgtncitymission.org.nz</p>	<p>Our Services at Alert Level 2 Currently at alert level 2 at our Newtown offices we still have services open and running, just slightly restricted access.</p> <p>Our community lounge is operating with limited numbers. Our expectation is that all manuhiri respects the guidelines that we have in place during this time, scanning in with the app or signing our register, using hand sanitiser, staying at home if unwell.</p> <p>Our Social Supermarket is still open and is appointment based only. All shoppers must wear a mask and follow our guidelines as well.</p> <p>Our reception area is controlled entry so that we can follow the safe social distancing rules.</p> <p>Transitional Housing Services via MSD referral</p>	<p>https://wellingtoncitymission.org.nz/our-response-coronavirus-covid-19/</p>	<p>25/06/21</p>
<p>Wellington Community Trust</p>	<p>04 499 7966 or email where possible</p>	<p>Our office number (04 499 7966) is being diverted to a team member – however this won't be a full-time line, so please email if possible and we will call you back. Chiara@wct.org.nz / Whetu@wct.org.nz (021365628) - For updates about changes to your work/event/project, discussions about new applications and suggestions for how WCT can respond to emerging community needs. Admin@wct.org.nz - For Fluxx/technical and general eligibility questions.</p>		
<p>Well Elder</p>	<p>04 380 2440</p>	<p>We will only be offering our counselling service over the phone. In response to the COVID 19 lockdown we have reviewed our services and now offer include shorter support counselling calls to people over 60 and over 55 for Maori and Pacifica. Our counsellors are experienced to provide phone counselling and we have been using this method for that past week.</p>	<p>www.wellelder.nz</p>	
<p>Wellington Timebank</p>	<p>info@wellingtontimebank.org.nz</p>	<p>We are back to business as usual with safety sign in procedures at Level 2. Office hours are back to normal: Mon 10am-4pm Tues 11am-4pm Weds 2pm-6pm Thurs 11am-4pm</p>	<p>www.wellingtontimebank.org.nz</p>	<p>17/08/20</p>

Whare Manaaki Incorporated	0800refuge 24hr crisis 0800 733 843	Our 24-7 crisis line & crisis response service will continue to operate.		25/06/21
Wellington Women's House	house@wwbh.org.nz phone: 04 977-0453	We are taking referrals as usual in Level 2, and continuing to ensure the safety of our residents.	www.wwbh.org.nz	30/08/21
Wellington Women's Refuge	Crisis line: 0800REFUGE	Our 24-7 crisis line & crisis response service will continue to operate, please keep in mind our specialist service is for women at risk due to domestic violence.	https://www.wellingtonwomensrefuge.co.nz/	25/06/21
Te Paamaru (Formerly Wellington Night Shelter)	enquiries@wgtncitymission.org.nz	The Wellington City Mission has recently taken over responsibility for the management and care of what was The Wellington Night Shelter, but has now been renamed Te Paamaru.	www.wellingtoncitymission.org.nz	26/08/20
Wellington Rape Crisis	04 801 8973 or support@wellingtonrapecrisis.org.nz . For administrative enquiries: 04 801 8970 or office@wellingtonrapecrisis.org.nz	Our staff are working remotely at level 2, except for high needs clients and new intakes who we will continue to see in person. Our waiting room is once again closed.	www.wellingtonrapecrisis.org.nz	
Wellington Sexual Abuse HELP	04 801 6655 (Wellington Office) info@wellingtonhelp.org.nz for general enquiries support@wellingtonhelp.org.nz for referrals	Update on HELP's services during COVID-19 Alert Level 2: Wellington HELP continues with business as usual at Alert Level 2. If changes are required to your appointment, your social worker/counsellor will contact you directly. Do not come to appointments if you are feeling unwell. Please contact your Social Worker/Counsellor directly. For immediate support please call our 24/7 crisis support line on 04 801 6655 (push 0 at the menu). support@wellingtonhelp.org.nz	https://www.wellingtonhelp.org.nz/	25/06/21

Wellington Women's Health Collective	022 3235008 info@wwhc.org.nz	Our counselling services and support service is open, sessions by appointment only. You can still contact us by email or phone during Level 2.	https://wwhc.org.nz/	25/06/21
Wesley Community Action	04 237 7923	At level two, staff are working at their office sites throughout wellington.	https://www.wesleyca.org.nz/	25/06/21
Workbridge	0508 858 858 wellington@workbridge.co.nz	Our centres are closed, but we are still committed to supporting our customers. Our team is ready to connect with you digitally. To contact your local centre, call us on 0508 858 858 between 8.30am-6.30pm, Monday to Friday. For other ways to get in touch click here .	https://workbridge.co.nz/	
Workmates	Contact susan.christian@workmates.co.nz or 021 0292 5050	Level 2 – back in the office and doors are open for full service	https://www.facebook.com/Workmates-Supported-Employment-Mahinga-Mahi-Tautoko-221903601206832/	30/08/21
Youthline	office.wgtn@youthline.co.nz	The national Youthline helpline is operating as usual Free call 0800 376 633 Free text 234 talk@youthline.co.nz https://www.youthline.co.nz/ Level 2: The Youthline Wellington office has reopened according to public health guidance in Level 2. Some staff members may still work from home. Youthline is still available for phone, text, email and webchat counselling through our helpline. Call 0800 37 66 33 Free Text: 234 Email: talk@youthline.co.nz Webchat: youthline.co.nz Level 1: Youthline Wellington office is open. Youthline is available for phone, text, email and webchat counselling through our helpline. Call 0800 37 66 33 Free Text: 234 Email: talk@youthline.co.nz Webchat: youthline.co.nz		7/9/21

This list was produced by Community Networks Wellington Inc.

PH: (04) 385 3518

Web: www.cnw.org.nz

Email: (General Enquiries) office@cnw.org.nz

(Newsletter items) newsletter@cnw.org.nz

P.O. Box 11-706 Manners St, Wellington 6011