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# **Community Networks Wellington Newsletter February / Hui-tanguru 2024**

# COMMUNITY NETWORKS WELLINGTON February / Hui-tanguru NETWORK MEETING

Nau mai, haere mai!

Kei te tino karangahia koe / You are warmly invited to our

February / Hui-tanguru Network Meeting

This will be a full network round. Come along and share the mahi your organisation has planned for the year, up-coming events, new resources or services you have available or just hear what other groups have been doing and make valuable connections with others in the sector.

The meeting will be in person and also by zoom. Zoom Link (once available) can be found Here

**Date:** Wednesday 21st February 2024 **Time:** 11am—12pm (join us for morning tea from 10:30am)

Venue: St Peters Church 'Garden Room' 211 Willis Street (Entrance is on Ghuznee Street)

To RSVP click here: 21st February 2024 Network Meeting

Or for more information contact Debbie Delaney by email at: office@cnw.org.nz or visit www.cnw.org.nz

COMMUNITY NETWORKS WELLINGTON (CNW) P.O. BOX 11-706 MANNERS STREET WELLINGTON 6011

# COMMUNITY NETWORKS WELLINGTON HOME PAGE

### **Upcoming Radio Show**

**7 February 2024 -** Taylor Made Training 1:30pm – 2:00pm

Judith Parkington talks to Barry Taylor from TaylorMade Training and Consulting (<a href="www.4wellbeing.nz">www.4wellbeing.nz</a>) about his long career in suicide prevention and wellbeing training

28 February - <u>Hearing Association</u> 1:30pm – 2:00pm

Hosted by Jennifer Buckley Hearing Association Wellington advocates for and advances the interests and welfare of the hearing impaired in the Wellington region.

Their mission is to be the centre of prevention, education and rehabilitation for the hearing impaired. As part of this, they also provide ear health services and awareness and support on ear health and hearing loss prevention.

https://www.hearing.org.nz/hearing-wellington

Join us at 1.30pm, (every second Wednesday) on Wellington Access Radio 106.1FM
Listen to previous shows:

https://www.cnw.org.nz/nga-whakahirahira-a-ngamema--members-highlights.html

# If you would like to be involved in our radio shows

Either being interviewed or perhaps you are interested in helping to host interviews contact office@cnw.org.nz

This is a great way to

- Promote your mahi
- Discuss services your organisation provides
  - Discuss an issue your group is having
    - Promote a new resource
- Or let the community know about an up and coming event

Interviews can be pre-recorded at a time that suits you

Our hosts and the great crew at access radio make the process simple

### New Project Idea Looking for Feedback 'Creative Hearts'

This is something that has been discussed over the last couple of years, especially with the raising cost of living.

It's not a new idea, and I don't want to be trying to reinvent the wheel.

So the aim would be to have a place to collect goods: sports gear, computers, bathroom and kitchen cabinets, windows, roofing iron, heat treated or hardwood for gardens, whiteware, even sewing machines.

It's recycling and helping those that are financially struggling. There would be pricing to keep the enterprise functional. Asking experts to guide us on reasonable pricing, experts in different fields to help with installation ( windows, roofing etc), maybe even an opportunity for work experience in these areas, plus basic car servicing.

I am looking to engage with other groups in Wellington. Maybe to work on this idea together, it doesn't have to be completely independent. So looking for feedback, pros, cons, charity setup, financial (fundraising) etc.

There is two commercial companies that sell demolition products. Action Demolition (Online) The Building Recyclers.

I've setup a Facebook page "Creative Hearts"

Contact

Paul Stevenson

advocatenavagator@gmail.com

Phone: 022 391 9752

### Simple ways to save water at home

Want to use less wai (water) at your place, and get ready for tighter water restrictions?

Get started with these simple household water saving tips.

News and information - Simple ways to save water at home - Wellington City Council

# WELL ABLE WELL ABLE

## ASSISTIVE PRODUCT PRESENTATIONS

### INTERACTIVE PRESENTATIONS

Are you looking for a unique guest speaker experience for your community group meetings and/or disability support group?

We want to ensure that everyone in the Wellington region has access to assistive technology to keep them independent and living well, so if your group is interested in finding out what assistive products are available, then contact us for a chat.

### WHAT TO EXPECT

This is an interactive presentation, so depending on the audience the time needed for the presentation can vary. Generally, you should allow 1 hour for the presentation and any follow-up questions.

- We can provide simple and practical solutions to maintain your independence
- We can provide up-to-date information and resources for community, disability and health organisations
- We will demonstrate a range of assistive products and you will have the ability to purchase them
- We can also check walking stick and walker stroller heights, to ensure they are set at the correct level for you

WellAble is a Charitable Trust (CC35939) and a member of the New Zealand Federation of Disability Information Centres.

ASSISTIVE PRODUCT PRESENTATIONS

04 298 2914

well-able.org.nz info@well-able.org.nz 110 Rimu Road, Paraparaumu

f facebook.com/wellablekapiti



Let's come together and celebrate our community!

After 10 years, it's the final Kotahi

Waitangi Day 2pm—6pm Kahurangi School 43 Strathmore Ave

# Unique Collaborative Concert With NZSO And International Stars

The New Zealand Symphony Orchestra joins with Aotearoa New Zealand's Muslim communities and acclaimed international artists to present a unique concert experience in Christchurch, Wellington and Auckland in March.

Beyond Words is a special collaboration to promote unity and peace through music and to honour the lives lost and changed forever in Ōtautahi Christchurch on 15 March 2019.

The Wellington performance is presented in association with the Aotearoa New Zealand Festival of the Arts and the Auckland performance is presented in association with Te Ahurei Toi o Tāmaki Auckland Arts Festival.

Conducted by Fawzi Haimor, featuring powerful Moroccan vocalist OUM and oud virtuoso Kyriakos Tapakis, the NZSO performs the New Zealand premieres of remarkable works from American Valerie Coleman, Iranian Reza Vali, Estonian Arvo Pärt, traditional songs and the world premiere of a new work from renowned Aotearoa New Zealand composer John Psathas.

Psathas' Ahlan wa Sahlan, composed in collaboration with OUM and Tapakis, uses the Arabic welcome to let people know they are in a place where they belong.

Finding inspiration in a quote promoting peace, love and forgiveness from terror attack survivor Farid Ahmed's memoir Husna's Story, Psathas, OUM and Tapakis have fused together musical styles from Eastern and Western cultures in Ahlan wa Sahlan.

This work has been created with guidance from The Central Iqra Trust and communities across Aotearoa New Zealand.

Vali combines Western orchestration with Persian style for the New Zealand premiere of Funèbre. Coleman's Umoja, Swahili for 'unity', was the first work by a living African American woman premiered by the Philadelphia Orchestra. Pärt's Silouan's Song is a powerfully spiritual and meditative work.

Vocalist Abdelilah Rharrabti, vocalist and daf musician Esmail Fathi, and saz player Liam Oliver from Ōtautahi Christchurch's Simurgh Music School, also join the Orchestra to perform traditional music of the Middle East.

"It is not often one has the opportunity to offer a message of solidarity, love, and compassion through one's artistic work," says Psathas.

"This is a rare gift from the New Zealand Symphony Orchestra, and I am even more fortunate to be able to share this creative journey with two fellow artists: OUM and one of Greece's most celebrated oud performers, Kyriakos Tapakis. Together we are creating a musical message of welcoming – Ahlan wa Sahlan – a greeting used to tell someone that they're where they belong, that they're a part of this place and they are welcome here. It's a way of saying 'You're with your people'."

Alongside the concerts are a series of free community engagement events in Christchurch, Wellington and Auckland in collaboration with Muslim communities and Unity Week, the official commemoration to be held from 15 March.

In each city there will be a community panel discussion with Beyond Words artists about the project. In Christchurch the events include a workshop by the Simurgh Music School, where the public can experience traditional instruments from the Middle East and Islamic world, a spoken word workshop and Share Kai Share Culture, run by InCommon and Mahia te Aroha, both founded in Christchurch in response to 15 March 2019.

On the day of each performance, a prayer room will be provided at the venue.

### **Wellington Dates**

Beyond Words - 9 March The Sounds of Unity NZSO Pre-Concert Talk - 10 March

Find out more or book tickets here

# Atareira Family Fun Day Waikanae Pool

Ngarara Road Waikanae



Atareira invite you and your whanau to a family picnic and pool day at Waikanae Pool on 11 th February 2024,11:00am -2:00pm

We will provide a sausage sizzle, cold drinks, and entry fee to the pools.

What to bring: Picnic rug or chairs, sunhats, sunscreen, togs and towels if you want to swim.

To book either let your Family/Whanau worker or Child and Youth worker know you would like to come along or call Josh on 0220912139

### **NOTICES**



# Have you recently been diagnosed with diabetes or know someone who has diabetes?

If so, Diabetes Wellington can provide help and support.

We provide up to date information for members through local magazines and we have a wide range of pamphlets on a variety of different diabetes-related topics.

We sell a range of blood glucose meters, lancing devices, lancets, glucose tablets, pen needles, low sugar jams, sauces, toppings, and lollies, socks, books and more.

Unfortunately, due to retirement, as of November 2023, our Field Officer service is not available, but we expect to offer this service again soon.

Please contact us on: Phone 499 5085,
Email office@diabeteswellington.org.nz
Website diabeteswellington.org.nz
Or drop into our friendly Information Centre at:
Level 1, Room 3, Anvil House
138 – 140 Wakefield Street, Wellington
The Centre is open Monday to Friday 10am to 4pm.

### Free Soup Fridays in Newtown



Free Soup Fridays, 1pm-2pm, are back up and running for 2024!

Everyone is welcome to join us for some kai reka. In addition to the soup, we usually have some hearty salad and tasty garlic bread. Come and join us for some chats, hangs and free delicious soup.

### **Wellington Pasifika Festival**

# SATURDAY 10 FEBRUARY 12PM – 6PM WAITANGI PARK

Experience the sights, sounds, and flavours of the Pacific. This free whānau-friendly festival celebrates our unique Pacific communities.

Enjoy traditional and contemporary live music and performances, delicious food, activities including traditional crafts, demonstrations, and shared experiences. Check out more information on the WCC website.

# Smart Newtown Call for volunteers!

We need a couple of extra folks to join Smart Newtown to help close the digital divide.

You don't need a lot of technical knowledge! Get in touch to find out more:

info@smartnewtown.org.nz; 04 3800143

# Big Brothers Big Sisters of New Zealand Call for Newtown Mentors

Looking for a way to give back in the new year or find some extra support for your tamaiti/tamariki?

Big Brothers Big Sisters of Wellington would love to find some Newtown peeps to become mentors or whānau looking to get support for their young people.

If you are keen, you can find out more here

<u>Big Brothers Big Sisters of Wellington – Support our</u>

<u>Mahi</u>

# Vaccinations every week At Te Tühunga Rau

A team from Tū Ora Compass Health is at <u>Te Tūhunga</u> <u>Rau (Previously Strathmore Park)</u> Community Centre every Wednesday morning.

A range of vaccinations are available, and there's no need to book. For general medical needs there is a <u>nurse practitioner</u> from Te Aro Health, at Te Tūhunga Rau each Monday morning.

# 2024 Retreat

"Growing resilient children from toddlers to teens in an age of overindulgence."

Facilitated by Madeleine Taylor, People Skills Consultant.

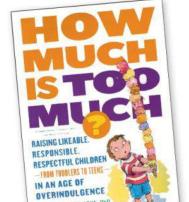
Member ANZASW, Cert Level 2 Org Coach, Certified Mediator, Conflict Partnership Facilitator.

Monday 19th February — Friday 23rd February 2024 VENUE: Riversdale Beach, Masterton, New Zealand

Are you a parent/parent educator/teacher/early childhood teacher/group worker/counsellor/social worker/youth worker? Then this workshop is for you.

Cost for five nights' accommodation, three meals a day, 40 hours training and a complementary "How much is too much?" book — \$995 incl GST.

Early Bird Rate \$500 if booked and paid by 30th November 2020.



Madeleine's accreditation for What the course covers:
"How much is too much?" • Facilitation and group skills

- 2013 Five day training in
- · Research into the impact of

"How much is Enough?" USA overindulgence

- 2014 Teaching Certification
- Practical learning for
- 2015 Training Rights in NZ presenting the 6 sessions
- 2016 Inaugural Train the Self- care, growth and Trainer Coursedevelopment.
- 2017–2019 Train the Trainer Retreat

Contact: Madeleine ph 027 211 6469, email: madeleine.f.taylor@xtra.co.nz, or www.peopleskillsconsulting.co.nz for enrolment and secure your place now.



**Madeleine Taylor** 

### TRAINING OPPORTUNITIES

### **Engaging Older Volunteers**

Are you involved in an organisation seeking to harness the wisdom and experience of our older population in your volunteer teams? The landscape is evolving, and with the population aging, the need for strategies to successfully involve older volunteers is more crucial than ever.

Join us for a session delivered by Kirsten Blyde from Age Concern Wellington Region who will explore some essential factors involved in effectively engaging older volunteers. You will gain valuable insights into strategies and best practice to create a diverse, inclusive and rewarding volunteer environment for older individuals.

This session is a great introductory conversation for organisations, volunteer coordinators, community leaders and anyone passionate about embracing the contributions of our older generation. Let's empower and celebrate the wealth of experience our older volunteers bring to the table. Join us in shaping an inclusive future together.

When: Wednesday 21 February

Time: 10am - 11am

Zoom: Link will be sent prior to event

Fee: Free

Facilitator: Kirsten Blyde: Social Connection Coordinator at Age Concern Wellington Region

Register Here

### **Essential Skills for Supervision**

(a strengths-based and collaborative approach)

Registrations are open for our Essential Skills for Supervision workshop to be held in Wellington on 30 April to 2 May 2024.

Please pass this onto anyone else you think may be interested.

### Register on line:

https://theprojectteam.co.nz/workshops/essentialskills-for-supervision/

Be in quick numbers are limited and registrations close on 25 March.

# Free Digital Literacy Courses Porirua Library

Porirua Library conducts basic free digital literacy courses in various subjects such as online shopping, online banking, how to setup an email account or browse the internet, and much more.

The courses are slow paced, suitable for seniors. In addition, they can provide:

- One-on-one technical support. If you have a particular issue / question related to using your device, or the Internet, or anything. Call them (see details below).
- Tech Help Drop ins. Every week on Wednesdays 10am-1pm (no online registration required, but booking recommended).
- Internet Connection. If you have no Internet, they can help connect you to Skinny Jump.
   Skinny Jump is a low-cost prepaid broadband service provided by Spark Foundation. Call them to check. This is available by appointment only, preferably on Tuesday afternoons.
- Job Seekers Support. They help clients search and apply for jobs online, create a CV and cover letter, and prepare for interviews. This service is available by appointment only.

All programmes are free. You are also welcome to use their computers and connect to free Wi-Fi. They would love to see you at the library!

Term 1 2024 list of sessions and courses. All the information is available on their website

(porirualibrary.org.nz/digital), including a link to register, or (https://diaa.arlo.co/w/upcoming/location-porirua-city-library/).

Phone: 04 237 3835 / 021 764 096 Email: noha.ibrahim@poriruacity.govt.nz

# Creating Trusting Connections Helping Children Who Have Experienced Trauma and Loss

Friday, 1 March—Palmerston North
In this one day workshop, participants will learn
about how persistent danger and life threat impacts
all aspects of a child's development. For children who
have experienced abuse, neglect multiple losses,
relationships have been hurtful however we know
that relationships are key for healing. How do we
help children move from miss-trust of relationships
to trust? Read more or Register

# Relational Trauma

Reducing the impact through reciprocal inter-subjective experiences



A live webinar broadcast with Dan Hughes, Ph.D.

Compass Seminars is delighted to announce a webinar with influential US psychologist, author, and speaker Dr Dan Hughes. Dan developed Dyadic Developmental Psychotherapy, Parenting, and Practice (DDP) for professionals and families who care for young people who have experienced relational trauma and have resulting difficulties in their neurological, affective, cognitive, and behavioural development.

Relational trauma impedes development by causing us to mistrust relationships, depriving us of experiences of intersubjectivity, comfort and joy. When we restrict ourselves to solitary experiences, rather than relational experiences due to trauma, what is meaningful in our life is likely to be fragmented and lacking in depth, while being embedded in shame and fear.

In this one-off live broadcast webinar, Dan will explore how open and engaged reciprocal conversations enable us to experience a coherent narrative needed for our development, both through and within relationships at all ages.

Specifically, Dan will explore the relational attitude of PACE and show how it is highly beneficial for both healing relational trauma and developing a sense of self based on safety and psychological discoveries. PACE is an experiential and reflective attachment-focused style of intervention which is characterised by playfulness, acceptance, curiosity, and empathy, in which strengths and vulnerabilities, reciprocity and conflict are all understood and accepted. PACE assists to establish attuned states which allows for the safe exploration of past traumas and current behaviours.

This webinar will be of particular interest to therapists and professionals working with families, parents (adoptive, foster or kinship), and caregivers of traumatized children displaying attachment and relationship difficulties. Participants will have the opportunity to submit questions to draw on Dan's knowledge as he delivers his presentation live from the USA.



If you have been fortunate enough to hear Dan speak before, you will know this is an opportunity not to be missed.



### Webinar Details:

- Friday 8th March 2024 9:00am 3:00pm
- Delivered via Live Webinar (The webinar link will be emailed to your prior to the day)
- \$240 (incl. GST). Price includes downloadable presentation notes.
- Contact the Compass Seminars team on 06 7591947 or office@compass.ac.nz

3 Ways to Register:



office@compass.ac.nz



# Staying Safe Online For Seniors FREE WEBINAR

Are you a Senior, or do you have a Senior in your life, who is looking to build their confidence online?

CERT NZ's Staying Safe Online for Senior's webinar is coming up on the 20th of February and is designed to empower seniors, as well as friends and whānau, with the know-how to safely navigate the digital world.

By attending this free webinar, you can expect you to come away understanding online safety, learn how to spot common threats and scams targeting Seniors, and gain practical tips for surfing the internet safely.

So whether you are a Senior yourself, or want to help a Senior in your life navigate the online world, this webinar is for you.

Register here

### **Governance Matters #1**

The hugely popular GOVERNANCE MATTERS series is back again in 2024! This time many of the topics are new. But we do have the very important key topics again in case you missed out or need a repeat.

We are bringing another 10 sessions to you this year again for FREE! One a month. We believe you deserve it for the work that you do. And part of our vision is to see resilient and strong Boards and committees happening all across Aotearoa New Zealand.

TOPIC #1: The difference between governance and management

Governance is an important role in any organisation with clear responsibilities. And yet the most common question asked, is what the difference between governance and management is and how do we add value without upsetting our manager by attempting to do their role instead. Join us to discover what are the key roles of the board and how to keep out of management.

### **Register Here**



# Working with Shame

A One Day Workshop for Helping Professionals



with Greg Yee

Shame is insidious, hard to identify, awful to feel, tricky to contain and easy to pass on. It is often overlooked as a therapeutic consideration, however if we are serious about improving the mental and psychological wellbeing of the people we work with, their experience of shame needs to be discussed, assessed and attended to in our work with them.

Feelings of shame often have their origins in childhood, although they also frequently present in association with a range of other psychological and developmental challenges. Experiences of trauma, complex abuse, addiction, relationship breakdown, anxiety, disordered body image, violence, or suicidal ideation, are often associated with and can all trigger a toxic shame response. If left unchecked shame grows more powerful and becomes viewed as being part of a person's identity, meaning they can lose the ability to separate themselves from it. Feelings of shame seriously undermine people's capacity to move forward in life.

The dominant societal norm of hiding or avoiding shame has recently been exposed and there is growing recognition of the importance of naming, understanding and treating shame. To effectively work with shame, we have to understand why it can be so difficult to ease this deeply ingrained emotion, why shame vigilantly protects itself, and how many traditional interventions may actually be sustaining shame (or driving it even deeper).

### Some of the key themes that Greg will discuss in this insightful and interactive one-day workshop include:

- · Understanding shame:
  - Origins of shame and its evolutionary purpose.
  - · External vs internal shame.
  - · The difference between shame and guilt.
  - · The neuroscience of shame.
  - The complex relationship between shame and power.
- · Client considerations:
  - The ways people try to manage their shame, including the effects of hiding, denying or trying to live with shame.
  - Intergenerational shame (with particular focus on the shame inflicted, often unintentionally, by common parenting practices).
- · Practitioner considerations and intervention:
  - Assessing and identifying the presence of shame.
  - · Facilitating healing from shame across ages and developmental stages.
  - · Assisting in the prevention of shame.
  - Preventing future generations from "catching" shame.



Greg Yee is a family and individual Therapist, based in Canberra, with over 30 years' experience of working therapeutically with issues relating to shame. He divides his time between his successful private practice, delivering training for professional audiences and supervising individuals and teams. Greg has previously delivered his 'Family Violence" workshop for Compass Seminars and is returning to deliver this new workshop in response to demand from our customers to hear more from him. Greg presents with insight, clarity, and compassion, meaning this is a training opportunity not to be missed by anybody working with individuals and families.



### Tour Details:

- Wellington: Tuesday 19th March 2024, The James Cook Hotel Grand Chancellor, 147 The Terrace Christchurch: Wednesday 20th March 2024, Commodore Hotel, 449 Memorial Avenue Dunedin: Friday 22nd March 2024, Dunedin Public Art Gallery, 30 The Octagon
- (I) 9.00am 3.00pm
- (\$) \$295 (incl. GST). Price includes lunch, tea break catering and presentation notes
- ? Contact the Compass Seminars team on 06 7591947 or office@compass.ac.nz

### 3 Ways to Register:







# Circle of Security course for mothers of preschool children

The Lower Hutt Women's Centre is running a Circle of Security course for mothers of preschool children starting Thursday 8th February.

At times we all feel lost about what our child might need from us. Imagine what it might feel like if you were able to make sense of what your child was really asking from you.

This course emphasises the importance for parents in maintaining a balance between being "wise and kind," able to follow the child's needs whenever possible and being "bigger and stronger" than the child – able to take charge when necessary.

This course will discuss secure attachment and children's needs. It will also help you with reflecting on self, developing new skills and resources for relating to your children.

The cost is \$40 waged/\$20 unwaged per person and the course runs from 12pm-2pm at the Lower Hutt Women's Centre, 186 Knights Road Waterloo.

Call us on 920 1009 or enrol at our website <u>Circle of Security Parenting Course - Lower Hutt Women's Centre (lhwc.org.nz)</u>

### **Safeguarding Children Training**

With various training options and helpful resources for staff, leaders, parents and communities, Safeguarding Children offer practical, evidence-based, frontline-tested solutions, specifically tailored for those with responsibility towards children.

### **SEE TRAINING OPTIONS**

### **SEE TRAINING CALENDAR**

### Webinar trainings

- Child Protection Leads | February & March 2024
- Safeguarding and Child Protection | March 2024
- The Religious Sector, Violence and Child Abuse | March 2024

<u>Register here</u> or get in touch for in-house training in your organisation.

### **AWARENESS DATES**

### February / Hui-tanguru

1—7 February
World Interfaith Harmony Week
World Interfaith Harmony Week | United Nations

### 1 February

Chinese New Year (Festival)

<u>Chinese New Year activities - social studies activities - Chinese New Year | NZHistory, New Zealand history online</u>

### 1 February

Heart Health Awareness Month
Big Heart Appeal 2024 - Heart Foundation

### 1 February

Aotearoa Bike Challenge Month

Home: New Zealand (lovetoride.net)

### 2 February

World Wetlands Day

World Wetlands Day - National Wetland Trust of New Zealand

### 4 February

World Cancer Day

Official website of World Cancer Day by UICC | 4 February

### 6 February

Waitangi Day

<u>Events and festivals - Waitangi Day - Wellington City</u> Council

### 6 February

International Day of Zero Tolerance for Female Genital Mutilation International Day of Zero Tolerance for Female Genital Mutilation | United Nations

### 11 February

International Day of Women and Girls in Science International Day of Women and Girls in Science United Nations

### 20 February

World Day of Social Justice World Day of Social Justice United Nations

### **EMPLOYMENT OPPORTUNITIES**

# Relieving Art Tutor—Vincents Art Workshop

Want to work at Vincents? Nau mai haere mai!

Are you an artist? Are you passionate about inspiring and empowering others to create?

We are currently looking for an art tutor to work on a casual / relieving basis in our vibrant community art space in central Wellington.

Vincents Art Workshop Te Whare Mahi Toi is an award-winning, inclusive creative space which has been 'Changing Lives Through Art' since 1985. Our tutors are responsible for maintaining a safe and inviting workspace for our regular artists, and welcoming new people to our whare.

Knowledge of ceramics and previous experience in the creative spaces sector would be an advantage.

Please contact our administrator Sarah Morris at <a href="mailto:vincentsartworkshop@xtra.co.nz">vincentsartworkshop@xtra.co.nz</a> by 5pm Friday 2<sup>nd</sup> February. We will send you a job description and invite you to send your c.v. and a covering letter that references the job description.

### Te Aro Zero Waste Hub Coordinator

Sustainability Trust Part-Time

We are seeking our new Zero Waste Hub Coordinator at Sustainability Trust HQ, 2 Forresters Lane, Te Aro, Wellington. You'll be the main public point of contact at the hub, report to our Community Education Manager and be part of our Community Team. The creation of the Zero Waste Hub will see us extend the opening hours of our current EcoCentre from one to four days a week; as well as expanding the services on offer to our community:

- Part-time (30 hrs/week)
- Working days: Wednesday to Saturday
- Zero Waste Hub public opening hours: 10.00 16:00

Read full Job Description or Apply here
Applications Close 7 February

### **Accessibility Lead**

Wellington City Council Full-Time

### About the role

The Accessibility Lead role is an exciting opportunity for someone looking to contribute to programmes and projects striving for a more inclusive & accessible Pōneke.

We're looking for a confident, empathic and driven person to champion and guide accessibility & inclusion work happening across Council.

You will provide advice and support on a diverse range of programmes and projects happening across Business Units, ensuring there is strong coordination and information-sharing between workstreams.

You'll be a natural relationship builder, maintaining strong and meaningful relationships with key stakeholders to ensure Council's approach to accessibility is well-informed and sustainable.

### You will:

- Work diplomatically across all Business Units to provide coordination, support and advice on Council's capital investment projects (such as streetscape improvements, public space upgrades & facility upgrades)
- Lead the delivery and monitoring/reporting of key actions relating to accessibility across Council in accordance with the relevant Council strategies & plans
- Work closely with Council's Engagement team to feed back any challenges and/or aspirations communicated by disabled people and disabled peoples' organisations (DPOs) to the relevant Business Units
- Regularly communicate, via a variety of different channels, the work happening at Council to improve accessibility across the city and within Council
- Champion the principles of Universal Design in Design Review Panel meetings and correspondence

Work with internal stakeholders to improve systems & processes for finding information on accessibility & upskilling teams.

Read the full job description or apply here
Applications close 4 February 2024

### **Manager - WellElder Counselling**

Part-Time

Celebrate the New Year by Joining Our Team at WellElder: Making a Difference in the Lives of Older People

Are you passionate about enhancing the well-being of older people?

WellElder, a not for profit counselling organisation for older people, is looking for a dynamic Manager to lead our dedicated team.

This is a 20 hours per week role, currently over Tuesday, Wednesday and Thursday and based in Newtown.

About the Role: As the Manager, you will play a pivotal role in shaping the future of our services.

You'll be responsible for working with a small team of office staff and our counsellors to ensure that we continue to provide high-quality, ethical counselling services throughout Wellington, Porirua, Kapiti Coast, and the Hutt Valley.

### Key Responsibilities:

- Lead and develop our team, fostering a collaborative and supportive work environment.
- Manage operations effectively, ensuring the provision of timely and effective client services.
- Engage in strategic planning and financial management to maintain and enhance our services.
- Build and nurture external relationships with funders, stakeholders, and the community.

### What We're Looking For:

- Proven leadership experience in health or social sectors.
- Strong interpersonal and networking skills.
- Commitment to our values, goals, and culturally sensitive service delivery.
- Excellent organisational and strategic thinking abilities.

### Read the full job description here

For more information and the job description please email <a href="mailto:manager@wellelder.nz">manager@wellelder.nz</a>

### **Registered Counsellor - Part Time**

Parent Help Wellington Contract

### About us:

Parent Help is a Wellington based charity that has been offering services to families since 1989.

We provide a helpline service for all parenting issues from the smallest to the most serious issue of child abuse 7 days a week 9am – 9pm.

We also provide face to face counselling in Wellington or via zoom for the rest of Aotearoa. In 2024 we are re-launching Parent Education Courses.

At the heart of Parent Help are the people who work, volunteer, and support the organisation.

### Purpose of the role:

This role is for a registered counsellor (or a counsellor who is in the process of getting registration, provisional or full, evidence must be shown).

You will deliver one to one counselling support in person and/or online to parents, families and children from our office in Thorndon Wellington.

You will have a passion for supporting parents and children covering a broad range of issues.

You will have at least 2 years experience and have a sound understanding of a range of evidence based therapeutic models.

Registered Counsellor - Part Time Tue &/or Wed/ Thus

Read the full job description or apply here

### **Coordinator - Part-Time Contract**

Love Wainuiomata Incorporated

Love Wainuiomata is looking for a Make Stuff Happen Champion to help grow our town centre as a vibrant heart where our community and businesses connect and support each other.

Read the full job description or apply here

### **FUNDING**

### **CH Izard Bequest**

About the grant

The Council administers the **CH Izard Bequest** on the trustee's behalf.

To be eligible, projects must:

be for educational purposes or to support needy, disadvantaged groups in the community be an application from a group or organisation (individuals are not eligible)

be within the Wellington city rate-paying area Yvonne Mackie, Funding Team Leader

Mobile: 021 436 291

Email: <a href="mailto:yvonne.mackie@wcc.govt.nz">yvonne.mackie@wcc.govt.nz</a> Closing 28 March

### **Creative Communities Local Funding Scheme**

Projects seeking funding from this scheme should meet one or more of the following criteria:

- Participation the project creates opportunities for local communities to engage with, and participate in, local arts activities.
- Diversity the project supports the diverse artistic and cultural traditions of local communities.
- Young people the project enables and encourages young people (under 18 years) to engage with and participate in the arts.

See Full criteria guidelines here **Creative Communities Local Funding Scheme** 

**Closes: 29 February** 

### **Four Winds Foundation**

Four Winds have a paper-based application that needs to be received at their office by 4.30pm on or before the last working day of the month. They are considered at the following month's meeting (generally held on the last week of each month). A maximum of four applications per applicant will be considered in any 12-month period regardless of grant outcome and only 1 application per month will be considered. Find our how to apply here

NZCT - Always Open - Our grants criteria Find out what we do and don't fund for the purposes of sport, motor vehicles, salaries, social activities, advertising, and education. See the Criteria Here Website https://

www.nzct.org.nz/grants/

### The Lion Foundation

The Lion Foundation are pleased to welcome applications for funding. Before you apply please check that you are eligible and that your project matches their criteria. or Find out more here

**The Tindall Foundation** The following Programme Areas have been identified as a focus for donations: supporting families & social services; enterprise and employment; caring for our environment and preserving biodiversity; strengthening the 3rd sector; promoting generosity and giving.

Always open EMAIL: admin.ttf@tindall.org.nz

WEB: http://www.tindall.org.nz

### **Wellington Venues Subsidy**

This subsidy helps local community groups hold special events in certain Council-owned venues. Applications accepted at any time - Always Open Decision: Two weeks after the end of the month of application

Find out more here

### **DIA Funding**

https://www.communitymatters.govt.nz/

### **Wellington City Council Funding**

https://wellington.govt.nz/community-supportandresources/ community-support/funding

### **Hutt City Funding**

https://www.huttcity.govt.nz/peopleandcommunities/ community-funding/funding-calendar

### **Porirua City Funding**

https://poriruacity.govt.nz/services/ communitysupport/

> This Newsletter is produced by Community Networks Wellington Inc. (CNW) Ph (04) 385 3518, http://www.cnw.org.nz email mailto:office@cnw.org.nz

The opinions expressed in the CNW Newsletter are not necessarily those of the CNW Committee. Every effort is made to ensure accuracy of facts and information. However, we cannot accept responsibility for error.

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