



COVID-19 Disruption of Service/Events	Upload Date 8 December 2020	 			
ORGANISATION	CONTACT	Changes to Our Services	Web Address	Date Updated	
Accounting for Charities Trust	info@charityaccounts.org.nz	You can still contact us by email over the lockdown period. Our team are working from their homes and you can contact us on info@charityaccounts.org.nz			
Agape Budgeting Service	04 477 3000 / 021 246 7224 budgetmanager@agapebudgeting.org.nz	We are back to Business as usual. Call and speak to Heather or leave a message / text and she will call you back.		12/10/20	
Age Concern Wellington	info@ageconcernwellington.org.nz 04 499 6646	<p>We have new services for those impacted by the pandemic. Age Concern Wellington has a shopping service for seniors. We're also connecting isolated people through a phone friend and pen pal programme. We can put you in touch with someone who would love to contact you. It's always good to make a new friend! We have many volunteers offering to help so if you, or someone you know, needs help please call 04 499 6648 or email info@ageconcernwellington.org.nz</p> <p>Under Level 2, we're still running our Accredited Visitor Service, a service which provides companionship to people over 65 who are lonely and would like a regular visit from a friendly volunteer. We aim to match people with volunteers who live in the same area and have similar interests. If you're feeling lonely or if you know someone who would like a visitor then phone us on 04 499 6648 or email info@ageconcernwellington.org.nz and one of our coordinators will be in touch.</p> <p>Under Level 2, Age Concern will be ceasing any group gatherings such as Steady As You Go classes, coffee groups and our community hubs. These will resume when we return to Level 1.</p> <p>For appointments or more information, please call 04 499 6648 or email info@ageconcernwellington.org.nz</p>	www.ageconcernwellington.org.nz	18/08/20	

<p>Alcohol Drug Helpline</p>	<p>0800 787 797 or text 8681, 24 hours a day, 7 days a week</p>	<p>The Alcohol Drug Helpline provides friendly, non-judgmental, professional help and advice for people concerned about their own drinking or drug taking or for family/whanau members, friends or professionals concerned about someone else.</p> <p>Helpline service running as normal</p>	<p>https://alcoholdrughelp.org.nz/helpline/</p>	<p>12/10/20</p>
<p>Atareira Family/Whanau service</p>	<p>Referrals can be made by emailing enquiries@atareira.org.nz or contacting Anne on 0277694405 for CCDHB referrals Emma on 0210386060 for HVDHB referrals Toni on 02102709889 for Maori and Pacific whanau who would like to access cultural services in CCDHB</p>	<p>Atareira will be cancelling all groups we hold in the community. Our mahi is now to work in different ways to support our Family and Whanau to help stay connected even while separate.</p> <p>We are ceasing our face to face contact with clients but are able to provide phone support over the next four weeks.</p> <p>We recognise that the families we work with may experience real concerns in this time of uncertainty and want to assure you that our Family and Whanau workers and our counsellors at Atareira will continue to work closely with our clients and their whanau.</p> <p>We are open to new referrals and have capacity.</p>	<p>www.atareira.org.nz</p>	
<p>Birthright Wellington</p>	<p>04 499 0055 / 0800 457 146 info@birthrightwellington.org.nz</p>	<p>Birthright Wgtn are back to business as usual.</p> <p>Contact registers and protective procedures are in place.</p>	<p>www.birthright.org.nz</p>	<p>12/10/20</p>
<p>Cancer Society of New Zealand Wellington Division</p>	<p>info@cancersoc.org.nz</p>	<p>Our Newtown office is open with some staff still working from home.</p> <p>We have a fully-staffed 0800 cancer information line (0800 226 237) people can call and discuss any concerns or questions they may have.</p> <p>We're collating questions from our 0800 line and publishing them as FAQs on our website for people to access as they are received.</p> <p>We're keeping our website and social media channels current with the latest information.</p>	<p>https://wellington.cancersoc.org.nz/</p>	

Caninspire Wellington Region	kirsty@caninspire.org.nz	<p>We can now in Level 1 run in-person workshops, and have introduced even more stringent hygiene and contact practices to keep everyone safe.</p>	www.caninspire.org.nz	12/10/20
Catholic Social Services	<p>027 405 5469 reception@wn-catholicsocialservices.org.nz</p>	<p>Under Alert level-2, Catholic Social Services is operating during our usual hours of Monday to Friday, 9am to 5pm from our office but the main entrance on Tory Street is locked.</p> <p>Visitors will need to go to the carpark entrance beside the building and ring the doorbell to us know they are here or call Ph 04 385 8642 / 027 40 55 469 on arrival.</p>		17/08/20
CCS Disability Action, Wellington Branch	<p>0274 609955 janine.hoete-thornton@ccsdisabilityaction.org.nz</p>	<p>We are an essential service providing essential support at this time</p> <p>We are continuing to operate through the close down by continuing to support people in their homes with personal care needs, connect via telephone and video-conferencing to ensure people are okay and that they don't need anything and providing access to food and supplies.</p> <p>All of this will happen in a way that minimises physical contact.</p> <p>Wellington Branch office is open from 8.30am to 4.30pm.</p> <p>We will require further PPE (masks, eye protection, gloves and hand sanitiser) to complete this support. <i>Let us know if you can help with this.</i></p> <p>For any further information regarding our Organisation Country wide please see our website.</p>	www.ccsdisabilityaction.org.nz	
Challenge 2000	<p>04 477 6827 info@challenge2000.org.nz</p>	<p>Challenge 2000 has been deemed an essential service by the government, so, whilst taking all possible precautions, we are continuing to engage with highly at-risk young people and their families.</p>	https://www.challenge2000.org.nz/covid-19-resources-and-help/	12/10/20

<p>Citizens Advice Bureau Central</p>	<p>0800 367 222 welcab@cab.org.nz</p>	<p>Central Wellington Under level 2 Covid we have had to shorten our opening hours due to unavailability of volunteers.</p> <p>Full service - email, phone or face to face advice and support on any question Monday – Friday 9.30 – 3.00 pm Worker’s Rights: advice and advocacy available for low income clients Tuesday – Thursday 5.30pm Budget Services, Curtain Bank and Dress for Success: available by referral from CAB; the relevant service will contact the client with an appointment. JP services: 12 – 2.00 pm Monday - Friday</p> <p>We have had to drop our evening and weekend shifts. (We expect to stay on short hours at least until the end of August)</p>	<p>www.cab.org.nz</p>	<p>18/08/20</p>
<p>Citizens Advice Bureau Johnsonville</p>	<p>Johnsonville 478 5698</p>	<p>Full-service Monday to Friday 9.00 – 4.30pm Legal clinic Thursdays 6.00 – 7.00pm by appointment only</p>	<p>www.cab.org.nz</p>	<p>12/10/20</p>
<p>Citizens Advice Bureau Kilbirnie</p>	<p>Eastern Suburbs 387 3573</p>	<p>Until 15 June responding to phone calls and email only; From 15 June full service: Monday – Wednesday 9.30 – 3.00 pm Thursday 9.30 – 5.30 pm Friday 9.30 – 5.00 pm</p> <p>Legal Clinic Thursday at 5.30 – 6.30 by appointment only Community Law on the second and fourth Wednesday of the month 11.00 – 12.00pm by appointment only</p> <p>Outreach CAB service from 10.00m – 11.30am at Strathmore Park Community Centre on Mondays and on the third Tuesday of the month at Raukawa Street Community Centre.</p>	<p>www.cab.org.nz</p>	
<p>Citizens Advice Bureau Karori</p>	<p>Wellington West 476 4595</p>	<p>Full service operating now: Monday to Thursday 10.00 – 4.00 pm Friday 10.00 – 4.00 pm Karori team also provide an online chat service Legal clinic available by appointment for Tuesday evenings from 6.00 pm</p>	<p>www.cab.org.nz</p>	

<p>Citizens Advice Bureau Newtown</p>	<p>04 389 3813 Newtown Community Centre, Corner of Colombo and Rintoul Street</p>	<p>We are back to being open for face-to-face service from 9.30am to 3pm, Monday to Friday.</p> <p>Our legal service is available by appointment on Wednesday evenings from 6.30 – 7.45 for 15-minute appointments.</p>	<p>www.cab.org.nz</p>	<p>12/10/20</p>
<p>Community Connections</p>	<p>Emily Sheffield 022 369 2290 (employment services)</p> <p>France Aziz 022 169 6573 (Supported living services)</p>	<p>We have returned to usual service, supported living, employment and other services have resumed.</p>	<p>https://www.ccslt.org.nz/</p>	<p>12/10/20</p>
<p>Community Law Wellington and Hutt Valley</p>	<p>04 499 2928 info@wclc.org.nz</p> <p>For immigration legal advice please fill in the form on our website www.wclc.org.nz or leave a detailed message at 04 460 4461</p>	<p>Community Law Wellington and Hutt Valley re-open our offices for free legal advice drop-in sessions on Tuesday June 2nd.</p> <p>You can find the drop-in schedule here</p> <p>We are really happy to welcome you into our offices again and the safety of you and our volunteers is so important to us!</p> <p>Please stay home if you are unwell, have been overseas recently or in contact with anyone with possible COVID-19.</p> <p>If these things apply or you can't come in to our office for other reasons (health, childcare, transport, cost), please check our website for other ways to use our service.</p> <p>http://www.wclc.org.nz/</p> <p>Be prepared to practice social distancing, fill out our contact tracing register, and be patient if things take a little longer.</p> <p>You are still welcome to bring a support person, but we ask that you just bring one person if possible.</p>	<p>www.wclc.org.nz</p>	<p>12/10/20</p>

Community Networks Wellington	04 385 3518 Office@cnw.org.nz newsletter@cnw.org.nz	<p>As our staff work from home, our service will continue as normal at the current covid-19 restriction level.</p> <p>Please see our website regarding our Network Meetings https://www.cnw.org.nz/our-next-meeting.html</p> <p>Our Network meetings will follow social distancing and hygiene guidelines as per level 1.</p>	www.cnw.org.nz https://www.cnw.org.nz/covid-19-resources.html	24/09/20
Community Networks Aotearoa	+64 4 472 3364 021 1784333 eo@communitynetworksaotearoa.org.nz	We are currently back to normal office hours. Just ring if you need to see us or ask for any advice.		17/08/20
Compassion Soup Kitchen	04 385 9299	<p>Soup Kitchen service at level 1</p> <p>The Compassion Soup Kitchen's dining room is back open for anyone who needs a hot meal:</p> <p>Monday - Saturday in the dining room: 7.45am-8.45am for breakfast and 4.45-5.45pm for dinner.</p> <p>Please check our Facebook page for updates www.facebook.com/compassionsoupkitchen</p>	www.facebook.com/compassionsoupkitchen https://soupkitchen.org.nz/	24/09/20
DCM Downtown Community Ministry	04 384 7699 office@dcn.org.nz	<p>DCM working at alert level 2:</p> <p>DCM is open under alert level 2 with some changes to keep us all safe. People with urgent enquiries may call us on 0800 119 689 or come in on week days between 9am-midday.</p> <p>Everyone must sign in and use hand sanitiser.</p> <p>At DCM's Te Hāpai service we ask that people stay for no more than 30 minutes. We will ask you to be seated and can serve you coffee or tea, and ask you to enter/exit through specific doors.</p>	www.dcm.org.nz	17/08/20

<p>Dementia Wellington</p>	<p>049722595 admin@dementiawellington.org.nz</p>	<p>As Wellington moves into Alert Level 2 today, we are committed to continuing to provide support to all our clients.</p> <p>Over the next little while, things may change for our usual Supporter Groups, Cog Cafes, Living Well Groups and education seminars/courses. This is because our clients are vulnerable to Covid-19 and we want to do everything we can to minimise the risk of anyone becoming unwell and spreading the virus. We also need to be able to respond to any day-to-day changes in the situation.</p> <p>Our first change is that the Navigating Dementia session that was planned for tomorrow night has been postponed to the same time 6pm on Thursday 27 August.</p> <p>We will do our best to let you know directly through the contact details you've provided if changes affect you. However, you can also check this Facebook page or our website (https://www.dementiawellington.org.nz/) to get the latest update on our services. You can also contact your Dementia Advisor directly on email or phone to check.</p> <p>Dementia Wellington remains available for any dementia-related advice and support. Please contact us on 04 972 2595 #dementianz #dementiaawareness #dementia #alzheimersnz Unite against COVID-19</p>	<p>www.dementiawellington.org.nz</p> <p>Please check our Facebook page or our website (https://www.dementiawellington.org.nz/) to get the latest update on any changes to our services while under Level 2.</p>	<p>17/08/20</p>
<p>Diabetes Wellington INC</p>	<p>04 4995085 fieldofficer@diabeteswellington.org.nz</p>	<p>Diabetes Wellington Inc is back up and running Phone: 04 499 5085 Monday – Friday 10.00am to 4.00pm.</p> <p>They continue to sell essential diabetes products through their online store and their shop in Wakefield Street. They have a wide range of products, such as meters, lancets and lancet devices, Diabetes socks, Jams, glucose tablets, etc.</p> <p>So if you need anything go to www.diabeteswellington.org.nz and you can order online or come to our Friendly shop or ring us for your order. They also have insulin pens that can be sent out if you need a replacement pen, (need broken pens back). Please phone or email for one of these. There is no charge for insulin pens for members and a \$30 charge for non-members (plus courier). fieldofficer@diabeteswellington.org.nz</p>	<p>www.diabeteswellington.org.nz</p>	<p>17/08/20</p>

Dwell Housing Trust	04 384 4854 alison@dwell.org.nz	Our office is open and we can be contacted in the usual ways.		
EKTA	Manjit 021-1317644 contact-us@ekta.nz	There is no change to our services- our weekly food distribution at Reading Cinema every Sat from about 4.30 onwards is going on as scheduled	http://ekta.nz/	18/08/20
English Language Partners Wellington	027 646 5451 or 04 384 1992 wellington@englishlanguage.org.nz	Our centre at Level 5, 186 Willis Street will remain open at Level 2 and we will be following the recommended guidelines for preventing the spread of Covid. Term 3 our English classes are a mix of face to face and online but if there is a change to Level 3 or 4 we will move all classes online. You are very welcome to visit us but can you please book an appointment before you drop in: wellington@englishlanguage.org.nz	https://www.englishlanguage.org.nz/	12/8/20
EVARO (previously Ace House – Wellington After-Care Assn.)	web@evaro.nz	Normal Service has resumed at level 1	https://www.evaro.nz/	
Family Works Presbyterian Support Central	info@psc.org.nz 04 4394900	Presbyterian Support Central is operational on Level 2. Tracing and social isolation in place.	https://www.psc.org.nz/covid-19/	
Gambling Helpline	0800 654 655			12/10/20
HeyBro	Free call 0800 HEY BRO (439 276)	For men who feel they're going to harm a loved one or whānau member.	https://www.hewakatapu.org.nz/services/0800-hey-bro	12/10/20
Hataitai Community House	Phone 0204862821 email hchcoordinator@xtra.co.nz	Both the Hataitai Centre and Community House are now open for regular and one-off bookings. The Community House remains closed for dropping in. If there are any queries please email hchcoordinator@xtra.co.nz or call 020 486 2821.	www.hataitai.org.nz	

<p>Healthline - GENERAL</p> <p>Healthline - CORONAVIRUS</p>	<p>0800 611 116</p> <p>0800 358 5453</p>	<p>Lines Remain Open</p>		<p>12/10/20</p>
<p>Hon Grant Robertson - Electorate Office</p>	<p>04 801 8079</p>	<p>We are back in the office and back to normal.</p> <p><i>Useful resources and information:</i></p> <ul style="list-style-type: none"> · Healthline 0800 358 5453 · Government helpline 0800 779 997 · Need to talk? Call or text 1737 or visit www.allright.org.nz/campaigns/getting-through-together · Essential business enquiries essential@mbie.govt.nz or 0800 22 66 57 · Reporting breaches of any Level 2 Alert restrictions 105.police.govt.nz · Queries about transport email essentialtravel@transport.govt.nz · For financial support visit www.workandincome.govt.nz or call 0800 559 009 		<p>12/10/20</p>
<p>Hutt City Budget & Advocacy Service</p>	<p>Woburn House - Level 1 40-44 Bloomfield Terrace Lower Hutt Phone: 04-5666357 Mobile phone for texts: 027 2027859 Email address: info@budgetservice.org.nz</p>	<p>Please contact us for an appointment</p> <p>Office Hours: Monday to Friday 9 am to 5 pm Late night on Tuesdays till 7 pm</p>	<p>http://www.budgetservice.org.nz/</p>	<p>19/08/20</p>
<p>Kahungunu Whanau Services</p>	<p>Nikki Winter 0220112658 Nikkiw@nkkp.org.nz</p> <p>Puti Kaika 022 011 7308 Putik@nkkp.org.nz</p>	<p>To ensure the safety and well-being of our staff, Whānau and the community, we advise that we are open for business including new enrolments, however our office doors will be closed until further notice.</p> <p>If you need Help or have any queries, please contact our office on 0800 ME NOHO (0800 636 646) or email us at web-inquiry@nkkp.org.nz.</p>	<p>https://www.nkkp.org.nz/</p>	

Kaibosh	matt@kaibosh.org.nz	<p>At Level 2 Kaibosh is continuing to operate full services, although access to our sites is limited.</p> <p>Groups picking up food will need to wait for us outside, and we will bring the food out boxed up on trolleys.</p> <p>Hopefully this won't last for too long!</p> <p>Please check out our facebook page for any updates https://www.facebook.com/Kaibosh.NZ/</p>	www.kaibosh.org.nz https://www.facebook.com/pg/Kaibosh.NZ/posts/?ref=page_internal	17/08/20
Kāinga Ora Homes and Communities	Freephone: 0800 801 601	<p>Covid-19: information for our tenants and their whānau</p> <p>https://kaingaora.govt.nz/tenants-and-communities/covid-19-information-for-our-tenants-and-their-whanau/</p> <p>You can call our Customer Service Freephone: 0800 801 601 to speak to us. There is other information about how to get in touch in Contact Us section of our website. https://kaingaora.govt.nz/tenants-and-communities/</p> <p>We know this can be a difficult time.</p> <p>If you need to talk to anyone about how you're feeling, there is help available through the National Telehealth Service.</p> <p>Call or text for free to 1737 or visit: https://www.1737.org.nz/</p>	https://kaingaora.govt.nz/tenants-and-communities/	
Kites Trust	Alan Jones operations@kites.org.nz 0273821029	No changes to services		19/08/20
KiwiClass	04 384 3693 Emergency Contact Only - 021 0275 0284	KiwiClass will be teaching online until the first day of Term 3 – July 3 – when we hope to bring all students back on site.	facebook.com/kiwiclaswellington kiwiclass.org.nz	
Kokiri Marae Keriana Olsen Trust	Teresea Olsen on 021324265 or 0800926257 office 049494650 teresea@kokiri-hauora.org.nz	Essential services 7-9 Barnes Street Seaview Lower Hutt	www.takirimai.org.nz	18/08/20

LinkPeople	Justine Davidson – team leader Justine.davidson@linkpeople.co.nz	LinkPeople are open for new referrals. We are observing and practising social distancing. Our office is open for planned visits but where possible we will meet in the community.		
Literacy Aotearoa	0800 732 3464 wellington@literacy.org.nz	Literacy Aotearoa is operating as usual, but with contact tracing, social distancing and hygiene practices.	https://www.facebook.com/LiteacyAotearoaGreaterWellington/	17/08/20
Lower Hutt Women's Centre	04 9201009	The Lower Hutt Women’s Centre is open by appointment only under level 2. We are also open for courses and workshops. We are practicing physical distancing so self-esteem workshop sizes are limited to 6. Drop-in, clothing bin, free computer use and access to the library is closed until we are back in level 1.	www.lhwc.org.nz	17/08/20
Marsden Day Care Trust	marsden.club@xtra.co.nz	In keeping with the government’s announcement, the Marsden and Chelsea Clubs will be closed from 23rd March until further notice. We will keep the situation under close review and look forward to the resumption of service at the earliest.	https://www.marsdenclub.org.nz/covid-19-update	
MIX - Connecting Creating, Living	Please get in touch with us via 04 569 3162 or our Facebook page	MIX is open, you can view our timetable here: https://mix.org.nz/participants/timetable/ MIX will remain open at Alert Levels 2 and 1, however MIX will close if the Hutt Valley goes into Alert Levels 3 or 4. We will provide updates on our website and Facebook page. Please get in touch with us via 04 569 3162 or our Facebook page for further information. Please get in touch with us via 04 569 3162 or our Facebook page .	https://mix.org.nz/ https://www.facebook.com/MixInc/	17/08/20

<p>MoneyTalks (Helpline)</p>	<p>0800 345 123 Text 4029 Email help@moneytalks.co.nz Live chat www.moneytalks.co.nz</p>	<p>MoneyTalks is a free helpline available to provide free budgeting advice to individuals, family and whānau.</p> <p>Our financial mentors can:</p> <ul style="list-style-type: none"> • Understand your financial situation • Organise your debt • Plan for the future • Get you in touch with a local budgeting service <p>Available - Monday to Sunday 7am to 10am</p> <p>MoneyTalks is a free financial helpline operated by FinCap.</p> <p>If you or someone that you know is struggling with money, get in touch with our trained Financial Mentors.</p> <p>The Helpline service is running per normal.</p>	<p>www.moneytalks.co.nz</p>	<p>17/08/20</p>
<p>Mosaic</p>	<p>Richard Jeffrey 0275 608 444 enquiries@mosaic-wgtn.org.nz 0800 94 22 94</p>	<p>At Level 1, we are returning to face-to-face counselling & peer support meetings, as well as continuing our remote counselling service.</p> <p>The counselling service is available 7 days a week, 11 AM – 8 PM.</p> <p>All Mosaic counsellors are qualified and experienced.</p> <p>To enable us to provide a robust and significant remote-counselling service, we have expanded our counselling team by recruiting counsellors for this service from all over New Zealand.</p> <p><u>How to Book Your, Confidential Counselling Appointment:</u></p> <p>Call our team on 0800 94 22 94 or Email enquiries@mosaic-wgtn.org.nz Or Visit us at www.mosaic-wgtn.org.nz</p>	<p>www.mosaic-wgtn.org.nz</p>	

<p>Newtown Community and Cultural Centre</p>	<p>info@newtowncommunity.org.nz 04 3894786</p>	<p>We hire venues, host classes and groups and have a drop-in space with free tea/coffee. Our office and drop-in hours are Monday – Friday 9-4.30.</p> <p>At Level 2, we are open to the public and our venues are being booked by our regular users and some casual users.</p> <p>We do have extra guidelines/health & safety measures in place, around physical distancing, group sizes, contact tracing and cleaning our spaces.</p> <p>Here’s what we plan to do at different levels:</p> <ul style="list-style-type: none"> - Level 1 - open as usual! - Level 2 – everything open, with extra precautions. Some groups / classes not running as they can’t do so safely. Check with us as the situation can change daily! - Level 3 or 4 - closed, all hires cancelled. Public cannot enter the building. 	<p>http://www.newtowncommunity.org.nz/</p>	<p>18/08/20</p>
<p>Newtown Tool Library</p>	<p>newtown.tool.library@gmail.com</p>	<p>Newtown Tool Library is open again. Wednesday 5-7pm and Saturday 11-1pm</p>	<p>https://www.newtown-tool-library.com/</p>	
<p>New Zealand Red Cross (Wellington)</p>	<p>0800 RED CROSS wellington@redcross.org.nz</p>	<p>Wellington Red Cross Service Centre, 2nd Floor, 39 Webb Street is currently open normal hours and following government guidelines under level 2 to keep our community safe.</p> <p>We are open to the public for face-to-face Visitor Care Manaaki Manuhiri services under level 2 – Mon/Wed/Fri 10am-12pm, Tues/Thurs 2pm-4pm.</p> <p>In the event of level 3 or level 4, the Wellington Service Centre will close.</p>	<p>https://www.redcross.org.nz/stories/new-zealand/our-commitment-keep-kiwis-safe/</p>	<p>17/08/20</p>
<p>OUTLine</p>	<p>0800 688 5463</p>	<p>OUTLine helps rainbow/LGBTI+ New Zealanders to access support, information and a sense of community.</p> <p>Our services will remain available. https://outline.org.nz/coronavirus-covid-19-and-our-services/</p>	<p>https://outline.org.nz/</p>	<p>12/08/20</p>

Pablos Art Studio and Roar Gallery	Menno or Matt 04 382 8885 pablos.tutor@pablosart.org.nz	<p>We will be closed for cleaning in the middle of the day.</p> <p>Workshop programmes are on hold and artists are encouraged to work independently on their own projects.</p> <p>New artists are still welcome to join but please ring ahead. ROAR Gallery is open as usual 10-5pm Tues-Fri 11-3 Sat.</p>	https://pablosart.org.nz/ https://www.facebook.com/roargallery/	18/08/20
Parent Help	0800 568856 for the Helpline EMAIL: dale@parenthelp.org.nz	Our parenting helpline will be open 9am – 9pm. Counselling for existing clients and new clients will be by zoom or phone calls.	https://www.parenthelp.org.nz/	
Parent to Parent Wellington	Sue Trueman 027 808 3947 suet@parent2parent.org.nz	Whilst we are in Level 2 support groups, workshops and group meetings will take place via zoom rather than face to face. Otherwise all services are still available. Please contact me via phone or email if you would like support or information.	Please refer to our facebook page https://www.facebook.com/parent2parent.wellington/ or website http://www.parent2parent.org.nz/ for updates on this.	17/08/20
People Skills Consulting	0272116479 Madeleine@peopleskillsconsulting.co.nz	All supervision/coaching will now be conducted via phone/skype/zoom. If you need to increase the level of support to your staff I am able to drop my rate at this time to 50% of usual rates.	www.peopleskillsconsulting.co.nz	17/08/20
Problem Gambling Foundation	0800 664 262 help@pgf.nz	PGF Services (the Problem Gambling Foundation) is offering counselling support and public health services online during lockdown.	Working with PGF Flyer www.pgf.nz	
Salvation Army Newtown Centre	04 389 0594 wellington.cm@salvationarmy.org.nz	<p>The Salvation Army, Newtown Centre at 4 Normanby St, Newtown continues to be open during Alert Level 2, from 9am – 4.30pm weekdays. Food support is available through reception 9:00am – 3:00pm each day except Tuesday 10:30am – 3:00pm.</p> <p>The Drop-In Centre on Riddiford St is closed until we return to Alert Level 1. Community Play Group is closed during Alert Level 2.</p> <p>The Family Store remains open during Alert Levels 1 & 2 but will close as with other retail stores at Alert Levels 3 & 4.</p>	www.salvationarmy.org.nz	17/08/20

<p>The Salvation Army, Oasis (Gambling) & Bridge (AOD)</p>	<p>04 389 6566 0800 53 00 00 027 223 0372 Wellington.oasis@salvationarmy.org.nz</p>	<p>Oasis have opened our doors and are now seeing people face to face.</p>	<p>https://www.salvationarmy.org.nz/get-help/gambling-support https://www.facebook.com/permalink.php?id=105908231064683&story_fbid=107195907602582</p>	
<p>Samaritans of Wellington Samaritans Help Line</p>	<p>Samaritans Office wellington@samaritans.org.nz Samaritans help line 0800 726 666</p>	<p>The Administration Office can be contacted on 021 294 0036 or 472 3676 Mon to Frid 9am – 2.30pm or by email to wellington@samaritans.org.nz Staff will work from home under Alert Levels 3 and 4.</p> <p>Samaritans mental health helpline service is available day and night through all alert levels on 0800 726 666 for those seeking support.</p>	<p>www.samaritans.org.nz</p>	<p>17/08/20</p>
<p>Sisters of Compassion Our Lady's Home of Compassion</p>	<p>info@compassion.org.nz</p>	<p>Our Lady's Home of Compassion is mindful of the health and wellbeing of visitors, Sisters, staff and volunteers and, as such, we are following Ministry of Health and other government guidelines as they relate to the spaces at the Home of Compassion at Island Bay.</p> <p>The Suzanne Aubert Heritage Centre and Cloister Cafe are open Everyone is welcome to spend some time in our public spaces. Opening hours: 10am to 3pm, Monday to Friday. From 13 June, 10am to 3pm Saturday & 12noon to 3pm Sunday</p> <p>The story of Suzanne Aubert, is more relevant than ever in 2020. Come and find new inspiration in the exhibition rooms.</p> <p>Feed your spirit with a visit to the Chapel and Resting Place of Suzanne Aubert. Enjoy a barista coffee or a bowl of soup in the Café.</p> <p>The Retreat House accommodation and meeting rooms are open. We are accepting bookings. Please call 04 383 7769 or email islandbay@compassion.org.nz. We are resuming our Spirituality Programme at Our Lady's Home of Compassion. Contact info@compassion.org.nz for more information</p>	<p>www.facebook.com/sistersofcompassion</p>	

Shakti	Crisis line: 0800 SHAKTI (0800 742 584) wlg@shakti.org.nz	We are working during the lock down at all levels, our safe house is operating. Shakti (strength) provides immediate help and support to women, children and youth of Asian, African and Middle Eastern origin who have experienced sexual abuse, domestic violence and discrimination.	Website: https://www.healthpoint.co.nz/socialservices/social/shakti-new-zealand-2/	17/08/20
Skylight Trust	info@skylight.org.nz or 0800 299 100	All staff are working remotely For resources or a 'free Covid-19 support info e-pack' email resources@skylight.org.nz Counselling appointments via Skype are available email counselling@skylight.org.nz Library borrowing – unavailable at this time Publication purchases - despatch unavailable during the lockdown	https://www.skylight.org.nz	
Smart Newtown	info@newotwncommunity.org.nz	Smart Newtown is open again. Monday—Friday 9am-6pm and Saturday 10am – 2pm.	www.smartnewtown.org.nz	
Special Olympics New Zealand	Jemma Drake 027 555 1944 jemmad@specialolympics.org.nz	No Special Olympics club trainings or events at level 2. We are no longer working from the office, but are still working from home and can still be contacted through our mobiles and emails	https://www.specialolympics.org.nz/	17/08/20
St Peter's Church	04 382 8486 021 035 2574 Toni office@stpeteronwillis.org.nz <i>You are welcome to contact the Vicars if you need spiritual assistance.</i> Rev Charles Waldegrave 021 671 673 Rev Stephen King 0272100780 Rev Jean Malcolm 0212942122	Services continue to be livestreamed from the St Peters Facebook page St. Peter's on Willis (Wellington) 7.45am Weekdays Morning Prayers 12.15pm Wednesday Hakari Tapu (Eucharist in Te Reo) 12.15pm Friday Eucharist in English 10.00am Sunday Eucharist <i>The church porch is open during daylight hours so you can see inside and leave a prayer.</i> St Peters is open for hire. Our rooms are available for hire to very small groups who are unable to meet due to a lack of space (physical distance recommendations from the Government) at their own offices. We can also offer a camera for livestreaming your meetings. This depends on how many people need it at once. Cleaning: Base level – daily After each meeting Dishwasher for all equipment Sanitiser available	https://www.facebook.com/StPetersOnWillisWellington/	

<p>St Vincent de Paul Society Wellington (Vinnies Wellington)</p>	<p>04-389-7122 info@vinnieswgtm.org.nz</p>	<p>Newtown Welfare and Support Hub open at reduced hours: Monday – Friday 9am – 3:30pm All services are back to normal operations (while adhering to hygiene, cleaning, and distancing measures):</p> <ul style="list-style-type: none"> - Food Bank - Pregnancy Assistance - Social Work - Material Assistance <p>Contact: - 04 389 7122 or info@vinnieswgtm.org.nz</p>	<p>https://www.vinnies-wellington.org.nz/ and Facebook: Vinnies Wellington</p>	
<p>Strathmore Park and Raukawa Community Centres</p>	<p>Fiona Prestidge manager@spcc.org.nz 022 506 2288.</p>	<p>Both Strathmore Park and Raukawa Community Centres are operating again at our usual opening hours.</p> <p>This includes Kaibosh food on Mondays at Strathmore Park CC and Fridays at Raukawa CC.</p>		<p>17/08/20</p>
<p>Supergrans Charitable Trust</p>	<p>021 074 3206 or 04 5669778 chris.martin@supergran.org.nz</p>	<p>We are open from 8am to 4pm Monday to Friday for financial mentoring at the office by appointment and home visits as prearranged.</p> <p>Our one to one in home life skills program for cooking, budget shopping, meal planning/preparation, household routines and family support is available during level 2 depending on the circumstances.</p> <p>New mum’s working under the Mothers Matter Blanket wrap will be supported on a case by case bases during level 2 and by phone if we move back into level 3. All our services are available by phone in level 2, 3 and 4.</p> <p>People needing budget support (financial mentoring) as a result of COVID job displacement are welcome. We have a team set up to specifically support those affected by job loss.</p> <p>Our agency supports people who live in Lower and Upper Hutt, Porirua, Northern Suburbs of Wellington and other Wellington suburbs as able.</p> <p>Enquires by phone or email are welcome.</p> <p>There is no charge for our service.</p>	<p>www.supergransaotea-roa.org.nz</p>	<p>18/08/20</p>

Sustainability Trust	Phone: 04 385 0500	<p>Sustainability Trust and the EcoShop are fully operational, including E-Waste recycling and curtain drop offs.</p> <p>Currently doing assessments of homes, taking online orders and making curtains.</p>	www.sustiantrust.org.nz	17/08/20
Te Haika (CATT) Mental health crisis service	0800 745 477			
Te Menenga Pai Nga Whare Hauora Newtown	021 673651 021 1936168 temenengapai@mpct.org.nz	<p>We are open 24 hours per day as an essential service There are no changes other than heightened hygiene protocols.</p> <p>No visitors unless they are for clinical. injections must come with mask gloves and gown.</p>		18/08/20
Te Whare Tiaki Wahine Refuge	04-237 7027	<p>Our services are still operational however, if you are unwell please stay home, you can still contact us for support by phoning our crisis phone 04-237 7027 for advice, information and support. 24/7.</p> <p>Please see our facebook page for updates</p>	https://www.facebook.com/PoriruaRefuge/	18/08/20
The Circus Hub	info@circus.org.nz	<p>If you'd like to book for a class, all of our bookings are done online, so please visit https://www.circus.org.nz/how-to-book to book.</p> <p>If you'd like information about our classes, please visit our website https://www.circus.org.nz</p> <p>We are committed to keeping you safe, active, and connected during the Covid-19 crisis. We offer online classes at all Alert levels, and will be running classes during Alert Level 2 & 1</p> <p>Please be sure to read the Covid-19 safety information on our website here before attending any classes at the hub.</p>	https://www.circus.org.nz	18/08/20

<p>The Free Store</p>	<p>Alana Hathaway 0211094799 storemanager@thefreestore.org.nz</p>	<p>The Free Store is now back up and running!</p> <p>We are open Monday - Friday.</p> <p>Volunteering starts at 2:40pm each afternoon.</p> <p>The Free Store opens at 5:30pm.</p> <p>Here is the link to volunteer if people want to: https://docs.google.com/spreadsheets/d/1pc3SNBink1wcWZE62zrMLLTMj0qh5sibO4epsh3cJaY/edit?usp=drive_web&oid=101733718919651450936</p>	<p>https://www.facebook.com/thefreestorewellington</p>	<p>17/08/20</p>
<p>Tū Ora Compass Health</p>	<p>04-801 7808 enquiries@compasshealth.org.nz</p>	<p>Your local Medical Centre is open and want to hear from you if you are unwell.</p> <p>Call ahead and discuss your concerns with staff and they'll help you find an appointment that suits you.</p> <p>Kia ora koutou. Now that COVID-19 Alert Level 2 has arrived, Amigos groups will resume where feasible.</p> <p>However, some venues will have arrangements that don't allow for seating, or payment methods that are impractical for us.</p> <p>Note that under Alert Level 2, the COVID-19 web site advises to keep 2 metres from strangers and 1 metre from people you know.</p> <p>Gatherings may be 10 people at maximum. Observe hygiene practices.</p> <p>See Amigos web site https://www.amigospeersupport.nz/ for more.</p> <p>Also please note our new web site forum which is up and running. Feel free to leave posts or comments."</p>	<p>https://www.facebook.com/pg/CompassHealthNZ/posts/</p>	<p>18/08/20</p>

<p>Vincent Art Workshop</p>	<p>Glen McDonald (Ms) 04 499 1030 027 407 5706 vincentsartworkshop@xtra.co.nz</p>	<p>Vincents Opening Policy at Level 2 Vincents Art Workshop will operate at Level 2 from Wednesday 12 August for registered and booked artists until the Ministry of Health announces that the country is back in level 1</p> <p>We will not be registering any new artists during this time. The Main Studio will be open for up to 10 artists for two sessions on weekdays and one session on Saturdays. Artists will be able to book in for one session per day by phoning on 499 1030 between 9am – 3pm Monday – Friday or when they are in the studio. Artists will need to give a day’s notice to book in or cancel attending a session. The two sessions will be from 10:30am – 1:00pm and 2:00pm – 4:30pm. Thursday morning will be a staff only time so the weekly opening hours will be: Monday 10:30am – 1:00pm and 2:00pm – 4:30pm Tuesday 10:30am – 1:00pm and 2:00pm – 4:30pm Wednesday 10:30am – 1:00pm and 2:00pm – 4:30pm Thursday Women only 1.30pm – 4:00pm Friday 10:30am – 1:00pm and 2:00pm – 4:30pm Saturday 10:30am - 2pm</p> <p>..... Please Read the Full Service Details on the Vincents Art Workshop Website, by clicking the link below: https://vincents.co.nz/</p>	<p>https://www.facebook.com/pg/Vincents-Art-Workshop-146291018723447/posts/?ref=page_internal</p>	<p>17/08/20</p>
<p>Volunteer Wellington (branches Volunteer Hutt and Volunteer Porirua)</p>	<p>Wellington office 04 499 4570 info@volunteerwellington.nz</p>	<p>Volunteer Wellington and branches Volunteer Hutt and Volunteer Porirua are open but at Level 2 we are not providing face to face interviews. We are offering phone and virtual interviews and people can visit our website to search for volunteering opportunities.</p> <p>The Wellington office is open Monday to Friday from 9am to 5pm, Hutt and Porirua offices open Monday, Wednesday and Friday from 9am to 3pm. We are following the recommended guidelines for preventing the spread of Covid.</p> <p>Please stay home if you are unwell, have been overseas recently or in contact with anyone with possible COVID-19.</p> <p>To find out about and access our services visit www.volunteerwellington.nz</p>	<p>www.volunteerwellington.nz</p>	<p>18/08/20</p>

<p>Wellington City Council</p>	<p>04 499 4444 info.atwcc@wcc.govt.nz</p>	<p>Services and Facilities in Capital at COVID-19 Alert Level 2 list and that can be found HERE</p> <p>Covid-19 – what we're doing Right now, our focus is on supporting Wellingtonians' long-term welfare and maintaining our city's vital infrastructure – including water, sewage, electricity and transport.</p> <p>For the latest updates on Wellington City Council services Click Below https://wellington.govt.nz/about-wellington/emergency-management/civil-emergency-news-and-information/covid-19</p> <p>WCC Pandemic Response & Recovery Plan https://wellington.govt.nz/~media/about-wellington/emergency-management/files/covid-19/wcc-pandemic-response-recovery-plan.pdf?la=en</p>	<p>https://wellington.govt.nz/about-wellington/emergency-management/civil-emergency-news-and-information/covid-19</p>	<p>18/08/20</p>
<p>Wellington City Mission Office/ services</p>	<p>0800 245 0900</p>	<p>Our Services at Alert Level 2</p> <p>1. Community Lounge Our Community Lounge remains open Monday to Friday, 9:30am – 3:30am, and will see light food and activities offered as well as it being a place to relax and ultimately be a place to enjoy 'community'. There will be a cap on people (20) for as long as Alert Level 2 restrictions are in place. Upon entry people will be required to sign-in (contract tracing purposes), and sanitise their hands.</p> <p>2. Food help You can continue to pop in and see us at 19 Gordon Place, Monday – Thursday; 9am-3:30pm, Friday; 10:30am-3:30pm.</p> <p>3. Donations At Alert Level 2, you can now drop food donations off to us at 19 Gordon Place. Donations of clothes and household items can be dropped off at either one of our two City Mission Stores. (Wellington City – Corner Taranaki and Abel Smith Streets, or Petone – 228 Jackson Street).</p> <p>Social distancing will be practiced in all instances, including in our reception and lobby – 1 person in the reception area at all times and 2 people in the lobby.</p>	<p>https://wellingtoncitymission.org.nz/our-response-coronavirus-covid-19/</p>	<p>18/08/20</p>

Wellington Community Trust	04 499 7966 or email where possible	Our office number (04 499 7966) is being diverted to a team member – however this won't be a full-time line, so please email if possible and we will call you back. Chiara@wct.org.nz / Whetu@wct.org.nz (021365628) - For updates about changes to your work/event/project, discussions about new applications and suggestions for how WCT can respond to emerging community needs. Admin@wct.org.nz - For Fluxx/technical and general eligibility questions.		
Well Elder	04 380 2440	We will only be offering our counselling service over the phone. In response to the COVID 19 lockdown we have reviewed our services and now offer include shorter support counselling calls to people over 60 and over 55 for Maori and Pacifica. Our counsellors are experienced to provide phone counselling and we have been using this method for that past week.	www.wellelder.nz	
Wellington Timebank	info@wellingtontimebank.org.nz	We are back to business as usual with safety sign in procedures at Level 2. Office hours are back to normal: Mon 10am-4pm Tues 11am-4pm Weds 2pm-6pm Thurs 11am-4pm	www.wellingtontimebank.org.nz	17/08/20
Whare Manaaki Incorporated	0800refuge 24hr crisis 0800 733 843	Our 24-7 crisis line & crisis response service will continue to operate.		18/08/20
Wellington Women's House	Margaret Speirs 021704106 (04) 977 0453 margaret.speirs@wwbh.org.nz	We are taking referrals as usual in Level 2, and continuing to ensure the safety of our residents.	www.wwbh.org.nz	17/08/20
Wellington Women's Refuge	Crisis line: 0800REFUGE	Our 24-7 crisis line & crisis response service will continue to operate, please keep in mind our specialist service is for women at risk due to domestic violence.	https://www.wellingtonwomensrefuge.co.nz/	18/08/20

Te Paamaru (Formerly Wellington Night Shelter)	enquiries@wgtncitymission.org.nz	<p>The Wellington City Mission has recently taken over responsibility for the management and care of what was The Wellington Night Shelter, but has now been renamed Te Paamaru.</p>	www.wellingtoncitymission.org.nz	26/08/20
Wellington Rape Crisis	<p>04 801 8973 or support@wellingtonrapecrisis.org.nz. For administrative enquiries: 04 801 8970 or office@wellingtonrapecrisis.org.nz</p>	<p>Our staff are working remotely at level 2, except for high needs clients and new intakes who we will continue to see in person. Our waiting room is once again closed.</p>	www.wellingtonrapecrisis.org.nz	
Wellington Sexual Abuse HELP	<p>04 801 6655 (Wellington Office) info@wellingtonhelp.org.nz for general enquiries support@wellingtonhelp.org.nz for referrals</p>	<p>Wellington HELP continues to be open in Level 2, for both existing clients and all survivors seeking support. We are working to be available in person for clients in Level 2. Please get in touch if you would like further information about how we will be working during this time - 04 801 6655, support@wellingtonhelp.org.nz For immediate support please call our 24/7 crisis support line on 04 801 6655 (push 0 at the menu).</p>	https://www.wellingtonhelp.org.nz/	
Wellington Women's Health Collective	<p>022 3235008 info@wwhc.org.nz</p>	<p>We have now resumed normal services here at the Women's Health Collective</p>	https://wwhc.org.nz/	26/11/20
Wesley Community Action	<p>04 237 7923</p>	<p>Wesley Community Action remains open as an essential service over lockdown. WCA provides support to vulnerable members of our community throughout the wellington region across the lifespan. This includes food distribution during lockdown. At level 4 and 3 staff work from home. At level two, staff are working at their office sites throughout wellington.</p>	www.wesleyca.org.nz	18/08/20
Workbridge	<p>0508 858 858 wellington@workbridge.co.nz</p>	<p>Our centres are closed, but we are still committed to supporting our customers. Our team is ready to connect with you digitally. To contact your local centre, call us on 0508 858 858 between 8.30am-6.30pm, Monday to Friday. For other ways to get in touch click here.</p>	https://workbridge.co.nz/	

<p>Youthline</p>	<p>office.wgtn@youthline.co.nz</p>	<p>Youthline Wellington staff have returned to the office.</p> <p>Helpline counsellors are able to do text shifts from home as well as at the Youthline office. Phone shifts are only available at the Youthline offices for the helpline counsellor and caller's safety & confidentiality.</p> <p>Youthline Wellington education programmes are now being run within schools and the community. 24/7 Helpline: 0800 37 66 33 Free Text: 234 Email: talk@youthline.co.nz</p>		<p>08/12/20</p>
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This list was produced by Community Networks Wellington Inc.

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