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Community Networks Wellington Newsletter
June 2022

COMMUNITY NETWORKS WELLINGTON JUNE NETWORK MEETING Nau mai, haere mai!

You are warmly invited to the CNW June Network Meeting

Date: Wednesday 15 June 2022

Time: 11am – 12 noon

Venue: The Garden Room, St Peters Church, 211 Willis Street, Wellington

Please join us to share what your organisation is doing or
just listen to what's happening out in the community.

To protect those attending, many of whom are service providers to the most vulnerable members of our community, masks will still be required unless you are eating. However we no longer require vaccine passes

For more information contact Debbie Delaney
Phone 385 3518 or email office@cnw.org.nz or visit www.cnw.org.nz

COMMUNITY NETWORKS WELLINGTON (CNW)
P.O. BOX 11-706 MANNERS STREET
WELLINGTON 6011

WHAT'S ON OUR MIND THIS MONTH

INCORPORATED SOCIETIES: RELOCATE OR RENOVATE?

The 100 maximum places were quickly booked out for [LEAD's webinar Overview of the Incorporated Societies Act 2022 - Coming Ready or Not](#) last week. The session provided a useful overview of the new Act, and the result of 12 years of attempted reform of the century-old legislation that preceded it.

The resulting 2022 Act is a legislative 'extreme make-over'! It is complex and extensive and a complete rewrite of the 1908 Act. Despite describing the 1908 Act as out of date and deficient in a number of respects, both the Law Commission and the Government and many submitters to the Select Committee recognised that the 1908 Act was world leading at the time. It has been a success story over the years and has sound bones, which should remain unchanged. These are the **three fundamentals of how an incorporated society was essentially envisaged** and what the new Act aims to retain:

- organisations run by and accountable to their own members (*the democratic principle*)
- not distributing profits or financial benefits to members, but reinvesting in the work of the society (*the collective principle*), and
- essentially private, self-governing and free of unnecessary state interference (*the independent principle*).

The greatest limitation of the old Act was what was not in it – and these potential holes have been filled in – in spades! The new Act, which received Royal Assent last month, is much more prescriptive than the Act it replaces. This can be a good thing, as much of the legal duties of board or committee members was not in written legislation, but drawn by inference from the duties of company directors and scattered in the potential precedents of dozens of separate court decisions. The old Act's silence, gave organisations both greater flexibility, but also greater responsibility to know what they had to cover in their own constitution or policies.

With 261 clauses, four schedules and several regulations (still to come), there are a lot of changes that Incorporated Societies will need to get used to.

While by no means comprehensive, we highlight here what we see as ***the top ten renovations that will significantly impact Incorporated Societies:***

1. All existing Incorporated Societies will need to re-register (meeting all the requirements of the new Act including in almost all cases a new Constitution) by (what will soon become the dreaded) *Transition Date* – defined as either 01 December 2025 or two and a half years after clause 4 commences, whichever is later. If you do not successfully re-register, you will lose all the protection of incorporation by that date. If we were you, we would start now! The process is outlined in Part 1 of Schedule 1.

2. The minimum number of members to form a society will be reduced to 10 (currently 15), but it is explicit that this new minimum must be maintained at all times (Section 74). (Incorporated organisational members generally will still count as three members – Section 14.) It is also made explicit that a person must *consent* to being a member (Section 76).

3. You may be surprised that the old Act has no requirement that you have a committee (or board or whatever). Under the new Act a committee is required and the committee must have at least three people – who are referred to in the Act as Officers (Section 45). The qualifications (and disqualifications) for Officers are spelt out in Section 47. In a new requirement, a majority of Officers must be members. A person must also be notified as the *Contact person* (as a stand-alone position or in conjunction with any other office – Clause 112-116). You can have any other positions or none. You will still also need to maintain a *Registered Office* (Clause 110-111).

4. There are many more 'must haves' in your Constitution (or Rules), which you must now include under the new Act. In fact, there are twenty-seven particular requirements about what must be in your Constitution in Clause 26. Your Constitution can't give members rights or interests in the organisation's property (clause 27). However, it may contain any other matter (not inconsistent with the Act), including how to make by-laws, how you wish to express tikanga, kawa, culture or practice, and even penalties you can impose on members (though they must be "reasonable") (Clause 28). It specifies a minimum process for amending your constitution in the future, of at least a simple majority of members (Clause 30), and allows for minor or technical amendments to be passed without calling a meeting on a "no objections" basis (Clause 31).

5. The Duties of Officers are - for the first time -

collated and spelt out in Clauses 54-61, which can be summarised as:

- a duty to act in good faith and in the society's best interests,
- a duty to exercise powers for a proper purpose,
- a duty to comply with the new Act and the society's constitution,
- a duty of care (the care and diligence that a reasonable person with the same responsibilities would exercise in the same circumstances, taking into account, but without limitation, (a) the nature of the society; and (b) the nature of the decision; and (c) the position of the officer and the nature of the responsibilities undertaken by them),
- duty not to create substantial risk of serious loss to creditors, and
- duty not to agree to the society incurring obligations that it cannot perform.

(As has been pointed out, these last two duties were subject to some criticism in the final reading of the Bill, with some MPs arguing that they are more appropriate for commercial contexts where directors are well compensated. However, they have now been adopted here, so we have to apply them. This, perhaps, provides even more reason for societies to consider taking out Directors' & Officers' Insurance, especially given the wide definition of Officers.

6. The Constitution must include a procedure for receiving complaints and resolving disputes (widely defined as any dispute between or among any combination of Members, Officers, and/or the Society, on any misconduct, breach of duties, breach of Constitution or By-laws or the Act, or damage to members rights or interests) - Clause 26 (1) (j). This must be consistent with the principles of natural justice (fairness). The procedure in Clauses 2-8 of Schedule 2, provides an organisation with a 'safe harbour'. If such a procedure is adopted, it is presumed to meet the requirements of natural justice (Section 41).

7. The new Act requires an Officer to disclose a Conflict of Interest in any matter the Society is dealing with where they (or certain relatives or organisations they are involved in) may get a financial benefit (Section 62). There are some exclusions. This disclosure must be made as soon as practicable after the Officer becomes aware of it and must be recorded in an *Interests Register*. Once declared, the conflicted Officer cannot vote or take part in a decision of the Committee on, or sign a document initiating, the matter. – unless everyone else agrees

otherwise. The Officer can take part in discussion relating to the matter and be present when the Committee are making a decision (unless they decide otherwise). We suggest it often gives greater confidence if the conflicted Officer actually leaves the room while the matter is discussed, and this can be recorded in the minutes. The new Act does take the additional step of requiring, if half or more of the Committee members are conflicted, that the matter be referred to a Special General Meeting of members of the Society to determine. If the proper procedure is not followed, the Committee must notify members of the Society as soon as practicable after becoming aware of the failure.

8. Generally, Incorporated Societies will be required to keep financial records in order to be able to annually report according the *Generally Accepted Accounting Practices (GAAP)* set by the External Reporting Board (XRB) – the same as if the organisation were a Registered Charity. So, for example, Incorporated Societies with annual operating expenditure over \$140,000 will need to prepare *accrual* accounts. There will be an additional exceptions for Incorporated Societies that are not "donee" organisations, if their annual operating expenditure is less than \$50,000 and their total current assets is also less than \$50,000 (Clause 103 (2-5)). These very small Societies will need to comply with requirements (yet to be) prescribed by regulations. In addition, **Incorporated Societies "of a kind prescribed by the (yet to be published) regulations" must have their annual account audited each year by a qualified auditor.** This is a retrograde step, though we don't know yet who it will apply to. Because of their use of Charity standards for financial reporting, these might also end up applying to auditing requirements. If they did it would mean that organisations with annual operating expenditure over \$1.1 million would need to be audited by a qualified auditor, while those with annual operating expenditure over \$550,000 would need to be audited or reviewed by a qualified auditor. *There is still a slim space to lobby the government to stop these restrictions applying before regulations are promulgated.*

9. Amalgamation with another Incorporated Society will become possible under Subpart 2 of the new Act, which sets out the new procedure. Previously one or both societies needed to wind up and arrange to pass assets and obligations, including employment relationships on to another existing or new Incorporated Society.

10. Subpart 6 of Part 4 sets out several criminal offences making it much easier to impose fines,

imprisonment or banning orders – for making false statements, fraudulent use or destruction of Society property, falsification of register, records, documents, or other fraudulent operations. Imprisonment of up to five years or fines of up to \$200,000 can be imposed. Part 4 of the new Act also sets out **provisions for civil enforcement**. That is where courts can make orders to enforce a Constitution, Bylaws, or Officers' duties, or make orders where a society operates oppressively unfairly discriminatory or prejudicial to a member, or to recover a financial gain from a member for the society. An application for a court order can be made by the Society, a Member, a former Member, an Officer, or the Registrar (only if in the public interest – see Clause 150). While the court is not required to consider an application, it is difficult not to see an increase in litigation. This could take up considerable time, potentially legal expenses and liability for costs under this new regime.

Renovate or relocate?

We actually don't have a choice unless we want to change our legal form. We are stuck with this house and we have to live in it – even though it may not be our 'dream home'. It definitely pinches and is a bit tight in places. We may have wanted to exercise our independence, but we will have to do the best to make it our home!

If your board or committee would like support in facilitating a meeting to consider what changes you will need to make as an organisation - to your policies and practices - and especially your Constitution; LEAD may be able to help. We have experienced facilitators available for in-person sessions in Auckland and Christchurch (or elsewhere with travel costs), and we can facilitate on-line workshops across the motu.

Contact info@lead.org.nz to discuss what support may be available. Our fees are very affordable.

There are also some very helpful resources available online from our friends at ParryField Lawyers at <https://www.parryfield.com/exploring-the-review-of-the-charities-act/>

Author: [Garth Nowland-Foreman](#) [LEAD](#)

To find out more about LEAD Training opportunities go to <https://www.lead.org.nz/training>

TRAINING OPPORTUNITIES

TURNING THE CURVE - MASTERCLASS

This Masterclass series is for non profit capacity builders and will strengthen your practice, including coaching skills and strategies for supporting leaders in an uncertain world.

When: Online, 8:30-10:30am, Friday 3, 10 & 17 June
Cost: \$420 +GST

[Register Here](#) or [Find Out More Here](#)

TRAIN THE TRAINERS

Essential skills for trainers in the not for profit sector
This course will provide you with the vital skills to design and deliver effective training sessions for staff, volunteers or members of the public.

When: Online, 9:00am - 12:30pm, Fridays 1 & 8 July
Cost: \$375 +GST per person

[Register Here](#) or [Find Out More Here](#)

SUSTAINABILITY BOOTCAMP FOR BUSINESSES

If you're a small to medium business, the Wellington Chamber of Commerce is offering a six-session bootcamp to equip you with all the tools you need to Go Zero. This exciting mission – aimed to get you moving on your sustainability journey – is proudly funded through our new Climate and Sustainability Fund.

Places are limited, so save your seat at the [Go Zero webpage](#). You can also visit [Our Wellington](#) to get tips on saving energy in your home.

DORA: UNIQUE ONLINE BANKING TRAINING FOR KILBIRNIE COMMUNITY

The Covid-19 lockdowns accelerated the switch to online banking. Those still wanting to make the change will get an extra helping hand in Kilbirnie from mid-May. The [Digital Inclusion Alliance Aotearoa](#) has partnered with Kiwibank to develop some training modules in a mobile classroom, as well as online via Zoom. Call 0800 463 422 or email steppingup@diaa.nz for details. <https://diaa.arlo.co/w/courses/cat-12-digital-banking>



ATAREIRA
Mental health support for family/whānau
Transitional housing

4 Week Anxiety Management Programme

Atareira is pleased to offer a weekly Anxiety Management Programme which runs for 4 weeks to people 18 years and over who experience anxiety and want to learn some skills to help manage the experience.

Date & Time Starts **Wed 8th June – Wed 29th June 2022**
Cost **No cost**

Venue: Atareira
Level 4 Anvil House
138 Wakefield Street
Wellington

Morning tea provided

For more information or to register
Email Anne at anne@atareira.org.nz
Phone Anne on 0277694405 or 499 1049 X1

NOTICES

CAB NEWTOWN ARE OPEN AND HAPPY TO HELP

CAB Newtown are now located in Riddiford House, 94 Riddiford St, Level 1, Room 9 above the MSD offices in Riddiford St.

We are now open for business and we would love you to send us any clients you have that require assistance with anything from Tenancy issues to Consumer issues and all the other things people have issues with.

You can also contact us via phone on 04 389 8347 or email us at manager.newtown@cab.org.nz.

(We are also currently looking for Volunteers, please see the Volunteering page of this newsletter for more details)

We look forward to seeing you soon.

MESSAGE FROM IRD REGARDING THE NEW COST OF LIVING PAYMENTS

The Government Budget included an announcement that a Cost of Living Payment will be made to eligible people who earned up to \$70,000 during the period from 1 April 2021 to 31 March 2022 and are not eligible for the Winter Energy Payment.

The payment of \$350, paid in three instalments of approximately \$116, will be made by Inland Revenue from 1 August 2022.

There is no application process. Inland Revenue will pay the amount automatically to people's bank accounts.

More information will be provided as soon as it is available, in the meantime, full coverage of the Budget announcements is available at www.budget.govt.nz

We'll let you know more about how this process will work as soon as we can.

HAVE YOU RECENTLY BEEN DIAGNOSED WITH DIABETES OR KNOW SOMEONE WHO HAS DIABETES?

If so, Diabetes Wellington can provide help and support. Contact us for detailed information about what you can eat, and to purchase products such as cookbooks, low sugar jams, sauces and toppings, specialised diabetes products including meters, insulin needles and much more.

We also provide supermarket tours, education classes and demonstrate our cooking classes.

Become a member of Diabetes Wellington and the Field Officer will provide one to one support.

Please contact us on:

Phone 499 5085, Email

office@diabeteswellington.org.nz

Website diabeteswellington.org.nz

Or drop into our friendly Information Centre at:

Level 1, Room 3, Anvil House

138 – 140 Wakefield Street

Wellington

The Centre is open Monday to Friday 10am to 4pm.

JUST SEW REPAIR CAFÉ

Sustainability Trust are running 'Just Sew Sessions' repair cafés at our place on the first Saturday of every month. Join us for a sewing session where you can finally fix that item of clothing or cushion cover you've been meaning to get to.

Book the time slot you want and bring along 1-2 clothing or lightweight household items (cushion covers etc) for repair. We will supply all needles, thread, sewing machines etc and our skilled volunteers will assist you with fixes such as missing buttons, tears, holes, hemming, and basic alterations. There will also be a DIY table for those who are confident at sewing alone but may not have access to a machine at home.

When: 1 – 4pm, First Saturday of every month (4th June, 2nd July, 6th August, 3rd September, 1st October, 5th November)

Where: Sustainability Trust EcoCentre, 2 Forrester's Lane, Te Aro, Wellington 6011

Tickets: \$5 each, book online at

www.sustaintrust.org.nz/our-events/repair-cafe



The Creative Toolbox for Working with Young People

with Dr Chris Garrod

Kids can be challenging to engage and motivate therapeutically. The symptoms of modern-day problems such as anxiety, low mood, social difficulties, and anger issues mean that helping professionals are often faced with an enormous challenge just to win the trust and confidence of young people.

Research has shown that a professional's ability to engage and motivate a young person has a massive impact on the effectiveness of their work together. Now more than ever it is important for helping professionals to have a suite of effective, evidence-based strategies and interventions in their professional kete that they can draw on to assist in building therapeutic connection and skills.

In this dynamic workshop Clinical Psychologist Dr Chris Garrod will present a creative toolbox of strategies and techniques that have proven to be effective for breaking down therapeutic barriers and working purposefully with children and young people. These tools are influenced by the latest respected research and models; including neurobiological science, systems work, creative approaches, Dyadic Developmental Practice, narrative work, motivational techniques, CBT and ACT. These can be implemented across therapeutic, home, classroom, and community-based settings.

Some of the key areas Chris will explore include:

- Ways to explore the underlying causes of anxiety, low mood and anger
- Creative techniques for creating stronger, more supportive therapeutic relationships with children and young people
- Practical Ideas for assisting children and young people to increase their motivation to change
- Tools to help children and young people regulate themselves and manage their feelings and become more confident
- Adaptations to interventions to accommodate cultural differences and diversity

This workshop is experiential, energising and fun. It is a must for every professional who works with tamariki and wants to reinject some creativity into their work. Participants will leave with a range of new techniques that can be easily and immediately incorporated into their own professional setting to the benefit of the children and young people that they work with.

Dr Chris Garrod is an Auckland based specialist Clinical Psychologist, consultant, & trainer. He has extensive experience working successfully with children, young people and whānau in Aotearoa, and in the UK. Prior to emigrating to New Zealand Chris lectured in psychology at the University of Hull and occupied a broad cross section of clinical roles across the disability, community, and education sectors. In addition to his busy clinical practice, he currently provides training, advises and consults for a number of social service and education-based organisations nationally. He has a contagious energy and optimism about working more effectively with kids that will ensure this is a workshop not to be missed.

Date: Tuesday 28th June 2022

Time: 9:00am - 3:00pm

Where: James Cook Hotel Grand Chancellor, 147 The Terrace, WELLINGTON

Cost: **\$265** (incl GST): Price includes lunch and tea break catering and presentation notes

Queries: Contact the Compass Seminars team on **06 759 1647** or **office@compass.ac.nz**

Registration confirmation & invoice/receipt will be sent by email (please provide below)

Registration form for "The Creative Toolbox for Working with Young People" 28th June 2022 - Wellington

Register Today!

Choose from one of these options:



Register online at: **www.compass.ac.nz**

See website for Terms of Trade



Email the required details to:

office@compass.ac.nz



Post to: **Compass Seminars,
PO Box 18018, New Plymouth 4360**

Name:

Position:

Organisation:

Address:

City: Post Code:

Email:

Phone: Mobile:



\$265 (incl GST) Seminar fee enclosed (payable to Compass Ltd), or



Please invoice to the above address

SAVE THE DATE: CELEBRATE MATARIKI

Celebrate Matariki, the Māori New Year, with a stunning series of free whānau experiences on the Wellington Waterfront, from 23 to 26 June 2022.

Save the date and be inspired by fire, lights, digital experiences, performances, and more.

There will also be a beautiful fireworks display on Friday 24 June at 6.30pm.

For more information about Matariki, Aotearoa's first public holiday that recognises Te Ao Māori, visit the [Ministry of Business, Innovation and Employment website](#).

COMMUNITY NETWORKS AOTEAROA BANKING PROJECT

Have you, your organisation or your community had issues with banks? Community Networks Aotearoa want to hear about them! Complete our survey [here](#) and find out more about our banking project [here](#).

CNA are currently in the consultation phase of this project, connecting with interested parties and collecting experiences and opinions for our networks.

Please share the survey far and wide so we have a range of data supporting this project!

Contact CNA at info@communitynetworksaotearoa.org.nz

QUEER ARTS FESTIVAL

MONDAY 30 MAY - SUNDAY 5 JUNE

The first-ever Queer Arts Festival (Queer AF) is coming to Wellington, thanks to Wellington Creative Communities funding! Queer AF will feature more than 60 queer artists in a dozen events, including drag, poetry, circus, music, literature, burlesque, and more.

There's something for everyone.

The full programme is available at www.queer.af.nz.

SUSTAINABILITY EXPO PARLIAMENT WEDNESDAY 8 JUNE



Feeling a bit down about climate change?? Come along to Parliament and meet over 50 amazing organisations and businesses walking the talk right here in the Wellington Region.

The event is being hosted and opened in the banquet hall by the Hon Grant Robertson at 9.10am. Run in conjunction with [Sustainability Trust](#) and the [Zero Waste Network](#). It starts at 9am and finishes at 4.30pm on Wednesday 8 June. There will be interesting talks every hour and some fun practical sessions at lunchtime. It's free, all you need to do is [RSVP](#) before Sunday 5 June. No RSVP no entry, covid protocols will be in place (mask wearing, unless exempt). We hope you will leave feeling inspired, motivated, and hopeful.

Any questions please email kate.saintgeorge@sustaintrust.org.nz.

NEW POP-UP HUB FOR SENIORS STOKES VALLEY

Join us for a cup of tea and a light lunch at our free monthly pop-up hub for seniors. Thursday, 9 June, 2pm, Stokes Valley Community Hub *NEW* Age Concern holds Pop-up hubs for Seniors in many suburbs around the Wellington Region, please call us on 04 499 6645 for more details

NEW COMMUNITY SPACE IN THE CENTRAL CITY

The new community centre, Te Pokapū Hapori, At 105 Manners St is open Monday to Friday 9am - 5pm

This is a welcoming and inclusive hub for inner-city residents to gather, connect, and enjoy activities in a space designed to enhance a sense of belonging in the central city.

Find out more about what's on [here](#)



Taming Anxiety Gremlins (Webinar)

An 'Anxiety Compass' for Helping Kids Thrive in Times of Worry

with Dr Caroline Buzanko (Canada)

Anxiety is the most common mental health concern among children and teens. Rates of anxiety in young people was a concern even before the COVID-19 pandemic and has understandably accelerated since. Anxiety is not something that young people simply outgrow if left to their own devices, but thankfully it is highly treatable with the right interventions. All adults who help, teach and support children and teens will benefit from learning how best to support this population and effectively assist them in building their capacity to manage and tame their anxiety gremlins.

In this day long live webinar, dynamic Canadian Psychologist Dr Caroline Buzanko will discuss the causes, implications, recognition and practical management of child and adolescent anxiety.

Some of the key areas Caroline will explore include:

- How anxiety shows up (including a discussion of generational pressures and technostress).
- What are the factors that help maintain it (including how the well intentioned efforts of adults can unwittingly make anxiety stronger).
- Common anxiety traps to avoid - teaching children and teens about their anxiety the right way.
- An introduction to Dr Buzanko's practical protocol for taming anxiety "The Anxiety Compass", which includes:
 - Strategies for ensuring buy in and the importance of connection.
 - How to disentangle from anxiety.
 - Promoting a 'bring it' anxiety busting attitude to overcome fear obstacles.
 - Building the problem-solving brain (vs. strengthening the anxious one).
 - What to do in the height of an anxiety meltdown.
 - Environmental considerations and the promotion of healthy habits.
 - Ideas for relapse prevention.

Webinar participants will learn effective tools and processes to help children and teens manage their anxiety successfully while promoting overall courage, confidence, resilience, and well-being.


Caroline Buzanko, Ph. D., R. Psych. is a licensed Psychologist and clinical director of Koru Family Psychology in Alberta, Canada. She is an in-demand speaker, and a clinician who has worked with children with neuro-developmental disorders and their families for over 20 years, with a focus on maximising connection, confidence, learning success, and resilience.

Date: Friday 10th June 2022
Time: 9:00am - 3:00pm
Where: Delivered via Live Webinar (The webinar link will be emailed to you prior to the day)
Cost: \$225 (incl GST): Price includes downloadable handout notes
Queries: Contact the Compass Seminars team on 06 759 1647 or office@compass.ac.nz
Registration confirmation & invoice/receipt will be sent by email (please provide below)


Registration form for "Taming Anxiety Gremlins" 10th June 2022 - via Live Webinar


Register Today!

Choose from one of these options:

 Register online at: www.compass.ac.nz

See website for Terms of Trade

 Email the required details to:
office@compass.ac.nz

 Post to: Compass Seminars,
 PO Box 18018, New Plymouth 4360

Name:

Position:

Organisation:

Address:

City: Post Code:

Email:

Phone: Mobile:

- ☐ \$225 (incl GST) Seminar fee enclosed (payable to Compass Ltd), or
☐ Please invoice to the above address

RESOURCES

WORKPLACE HEALTH AND SAFETY CHECKLIST

Health and safety at work is essential for every business and the responsibility of every business owner.

Keeping your work environment safe is a heavy responsibility that every business is responsible for. As an employer, it can be stressful when things go wrong and potentially life changing for anyone injured on the job! Workplace accidents can happen anywhere and frequently if safety checks at work are not in place.

Employsure has prepared a complimentary **workplace health and safety checklist** to prepare your business ahead of time, so you can keep your work environment SAFE!

This checklist includes:

- List of procedures, qualifications, and rules for the workplace
- Checkboxes for digital and printed use

[Download Now](#)

LONG COVID: HELP, INFORMATION AND RESOURCES

Health Navigator have published some helpful information about Long COVID, including symptoms, treatment and resources.

[Visit the Long Covid page here.](#)

WANDERSEARCH

Do you have people in your whānau, community or network at risk of 'wandering'?

WanderSearch is a technological development aimed at keeping people with cognitive impairments safe. It is delivered by not-for profit organisations, in partnership with NZ Police.

[Read more about Wandersearch on our blog](#)

UTILITIES DISPUTES CAN HELP YOU OR YOUR CLIENTS RESOLVE COMPLAINTS

We can help with different complaints, Our service is **free, independent, and fair**

Talk to us if your complaint is about:

- Electricity
- Gas (natural and LPG)
- LPG in cylinders (15kg and over)
- Water (if your provider has joined the scheme)
- Broadband shared property access
- Damage or problems with access to and use of land where there is electricity, gas, water, or broadband equipment installed

Find out more about Utilities Disputes and the services they can offer.

Go to: <https://www.udl.co.nz/> call 0800 22 33 40 or email info@udl.co.nz

GETTING HELP DURING SELF-ISOLATION

If you are self-isolating because you have tested positive for Covid-19 or have been a close (household) contact, where can you get help when you need it?

If your support network is unable to help you get food, medication or with any other needs you have, you can **contact the Ministry of Social Development (MSD) COVID-19 help line on 0800 512 337, or your doctor/ GP.** They can put you in touch with a Community Connector if necessary. There are Community Connectors throughout the Wellington Region and they are there to provide an extra level of support so individuals and whānau get the support and services they need during their time isolating.

MENTAL HEALTH WELLBEING APPS

Mentemia

Mentemia is an app that coaches mental wellbeing. Free to all New Zealanders. <https://www.groovnow.com/>

Clearhead

Clearhead is an online, one-stop-shop platform, designed by New Zealand doctors, that empowers New Zealanders to find the help they need. <https://www.clearhead.org.nz/>



STRATEGIC GRANTS' HIGHLY ANTICIPATED GRANT-SEEKER WORKSHOPS ARE BACK!

These half-day practical workshops are designed with the New Zealand fundraiser in mind where you will learn proven best-practices to establish or refine a robust grant-seeking strategy.

Join the Strategic Grants team in-person for their next workshop in Wellington, 1 June

<https://bit.ly/WellingtonGSW>

EMPLOYMENT OPPORTUNITIES

MANAGER MEMBERS SERVICES VACANCY (PAID ROLE - 25 HRS PER WEEK)

Are you passionate about the community and voluntary sector and love all things volunteering?

We are looking for an enthusiastic and innovative person to manage and develop the services we provide to our wonderful community organisation members in the Wellington area.

This is an exciting and diverse role where you will work with an awesome supportive team and have the opportunity to use your excellent relationship management skills, and engage with a wide range of communities supporting them to do their mahi.

If working in the community and voluntary sector is your happy place and you have the skills and attributes required for this position we would love you to hear from you!

To find out more and to apply for this role contact:

Adam Jackson, forté recruitment

adam@forterecruitment.co.nz

Mobile: 021 142 2078

<https://forterecruitment.co.nz/job/manager-member-services/>

PART TIME YOUTH ENGAGEMENT COORDINATOR SAVE THE CHILDREN NEW ZEALAND

Job Description

Save the Children New Zealand (SCNZ) is seeking an experienced, creative and motivated Youth Engagement Coordinator to join our committed and passionate team. The role may be based in our Wellington office, however candidates from outside the region will be considered. We have just launched our 2022-24 Strategy with the cornerstone being our aim to inspire the people and children of Aotearoa New Zealand and the Pacific to respect, understand and uphold the rights of children – and it is an exciting time to join us!

About the Role

This role reports to the Child Rights Advocacy and Research Director, who the successful candidate will work closely with to develop a strategy to engage with youth in Aotearoa. This strategy will help inform the youth engagement programme, which the successful

candidate will help develop and implement. The programme will seek to engage youth in the work of Save the Children New Zealand and help support them to learn about their rights and act on issues that are important to them. In addition, the role will help build and support a network of children and youth who will work more closely with Save the Children New Zealand in a leadership role.

This exciting new role is key to our commitment to grow a culture of children's rights here in New Zealand and to contribute to the work we do to help children survive and thrive globally. This role provides the opportunity to make your mark in a leading organisation for children's rights in Aotearoa and globally.

Want to find out more about this role? Read the full Job description here <https://dogoodjobs.co.nz/jobs/youth-engagement-coordinator/>

SOCIAL WORKER WELLINGTON SEXUAL ABUSE HELP FOUNDATION

Job Description

Wellington HELP has a team of social workers that support the emotional and practical needs of clients referred to our service. We are looking for a new social worker to join our established team. You will be working from either our Porirua, Kāpiti or Wellington Office.

Duties include:

- Providing ongoing therapeutic and practical intervention and assessment for clients impacted by sexual violence, including family/whānau
- Crisis support and advocacy for people impacted by sexual violence, including family/whānau
- Development and delivery of education programmes

Your skills/experience:

- A recognised Social Work Qualification and SWRB registration
- Demonstrated ability to practice culturally safe ways of working with Māori
- Highly developed therapeutic assessment skills
- Robust analysis of sexual violence

If you have a strong interest in supporting survivors of sexual abuse, are a therapeutic social worker and think you would be a good fit, we'd love to hear from you. Find out more or apply here <https://dogoodjobs.co.nz/jobs/team-leader-social-work-permanent-full-time/>

COME WORK FOR AGE CONCERN!

We've got a fantastic opportunity to come and work for Age Concern Wellington Region.

We are currently looking for an admin champion to help support our growing team.

The Administration Assistant will manage our day-to-day bookkeeping, coordinate the application process for our new volunteers and provide valuable admin support to the team.

This is a critical role that is all about helping to ensure the smooth running of our programmes and services.

HOURS: 10 per week, with the possibility of this role expanding up to 20 (depending on funding availability)

If this sounds like you, please get in touch with us...
To find out more go to <https://www.acwellington.org.nz/vacancies/>

ATAREIRA VACANCY FAMILY WHANAU WORKER ROLE



(Hours negotiable from 20 Hours per week to 40 hours per week)

If you are looking for a change and want to work for an organisation with a supportive team culture and a good reputation, then this might be your opportunity.

Atareira is a Not for Profit community based organisation that works in partnership with families, mental health and addiction consumers and communities to support mental health recovery.

We want someone to join our Family Whanau Service in Wellington to offer support to families' who have a loved one that suffers from mental health or addiction issues.

Applicants for this position must have a current driver's license.

For more information and job description
dan@atariera.org.nz or Phone (04) 499 1049

VOLUNTEER OPPORTUNITIES

VOLUNTEER WITH KAIBOSH



Volunteer with Kaibosh to help reduce food poverty and food waste in Wellington City.

Kaibosh has volunteer vacancies during the week Monday to Friday from 12pm midday to 2.30pm.

We work with small teams of volunteers (up to six), and staff on site in Mt Cook.

The volunteer role involves quality checking, sorting and presenting food rescued from the Wellington supermarkets that morning.

The food is sorted, carefully placed into boxes and stored in our chiller overnight, before being collected the following morning by charities and community organisations who distribute food to those in need in their communities.

Volunteer shifts are weekly, one shift per week.

We ask that volunteers can commit for a minimum of six months.

Get in touch with Miranda, miranda@kaibosh.org.nz or sign up online via www.kaibosh.org.nz/donate-time/

VOLUNTEER AT CAB IN NEWTOWN

CAB Newtown is looking for volunteers to be CAB interviewers, who will be trained up to give assistance to anyone who needs help.

We operate Monday to Friday from 9.30 to 3pm and each volunteer works 2 or 3 hours on one of these days after they have been trained.

So if you know of anyone who would be interested in being a CAB volunteer please ask them to contact us. Pop in (We are now at 94 Riddiford St, Level 1, Room 9 above the MSD offices in Riddiford St.) or phone us on 04 389 8347 or email us at manager.newtown@cab.org.nz.

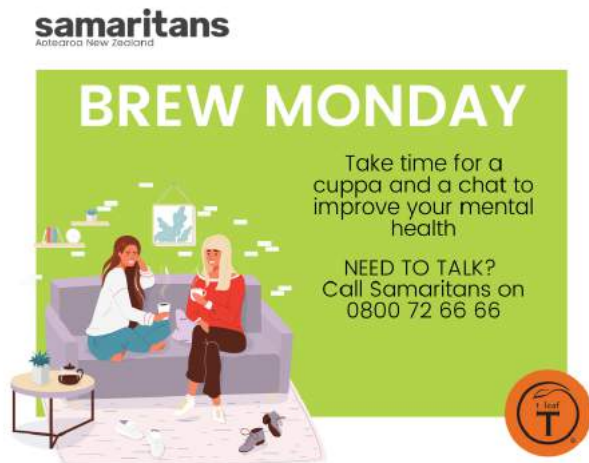
VOLUNTEERS NEEDED FOR COMPANION WALKING

Age Concern need volunteers for their Companion Walking Service in the following areas:

- Wadestown
- Johnsonville
- Churton Park
- Kelburn

If you think you could be a volunteer, please visit our website ([click here](#)) or call 04 499 6654 for details

BREW MONDAY



Wellington Samaritans and t leaf T
Brew Monday
Monday, 21 June, 7 - 9am
Wellington train station

On the 21st of June, Wellington Samaritans will be at the Central train station giving out t Leaf T sachets.

'Blue Monday' is the name given to the day claimed to be the longest, coldest, and most depressing day of the year, so we've decided to turn Blue Monday into Brew Monday.

We've teamed up with t Leaf T to encourage people to take the time for a cuppa and a chat with a workmate, friend or family member.

This could be the start of them feeling less alone, sharing some worries, or just connecting and lifting their mood. Sometimes that's all it takes to help someone else feel heard and less alone.

AWARENESS DATES

JUNE - PIPIRI- HUNE

Move Your Butt Month 1 June Start now by signing up, getting a team together, spreading the word and raising funds to help beat bowel cancer. <https://moveyourbutt.org.nz/>

[Arbor Day\(external link\)](#) Sunday 5 June 2022

[World Environment Day\(external link\)](#) Sunday 5 June 2022

Queen's Birthday Monday 6 June 2022

[World Oceans Day\(external link\)](#) Wednesday 8 June 2022

World Blood Donor Day 14 June <http://www.nzblood.co.nz/> Give blood, save lives. Every time you donate blood you can save up to three lives!

Men's Health Week (15th - 21st June) <https://www.menshealthweek.co.nz/> Men's Health Week aims to help you get right on top of your biggest and most important asset – your health.

Our sole purpose at MHW is to get guys to think a little more and know a little more about their health.

[Global wind day \(external link\)](#) Wednesday 15 June 2022

National Volunteer Week (19th - 25th June) <https://nationalvolunteerweek.nz/> Te Wiki Tūao ā-Motu National Volunteer Week celebrates the collective contribution of all volunteers who enrich Aotearoa New Zealand. They grow our people, open minds, open hearts and create joy.

World Refugee Day 20 June
<https://www.un.org/en/observances/refugee-day>

[Matariki](#) Friday 24 June 2022
[Te Papa offers a range of matariki education resources \(external link\)](#)

International Day Against Drug Abuse and Illicit Trafficking 26 June <https://www.unodc.org/unodc/en/listen-first/>

FUNDING

LOTTERY COMMUNITY FUND

Round one of the 2022/23 year of [Lottery Community Fund](#) opens on 22 June and closes 20 July 2022 with funding made available to successful applicants after 19 October 2022.

The draft priorities for the Wellington / Wairarapa Committee for 2022/23 are as follows:

Support will be given to service providers that demonstrate collaboration, are actively engaged and contributing to the following social outcomes in their community:

- Wellbeing and connectedness within communities is enhanced
- At risk / excluded communities are connected and thriving
- Māori, Pasifika and Ethnic Communities are empowered, connected and achieving their aspirations

Tamariki/children and Rangatahi/young people are empowered, inspired and engaged

Lower priority will be given to:

- organisations who are financially well resourced (unless exceptional circumstances apply);
- requests for events that are not programme related;
- organisations who do not demonstrate wider community benefit beyond their membership.

Please feel free to contact

Charles.Devenish@dia.govt.nz if you have any questions or would like some advice about applying to the Lottery Community Fund

JR MCKENZIE TRUST REGIONAL FUND

The J R McKenzie Trust makes grants to community organisations in New Zealand, mainly in the areas of social services, health services and community development.

Expressions of Interest (EOI) for the next round of Impact Grants funding close **Friday 8th July**

Find out more here <https://www.jrmckenzie.org.nz/funding/>

JR McKenzie Trust, PO Box 10 006, The Terrace, WELLINGTON PH 472 8876 FAX 472 5367

EMAIL: info@jrmckenzie.org.nz

WEB: <http://www.jrmckenzie.org.nz>

WELLINGTON COMMUNITY FUND LIFT FUND

Professional Development & Capability Building

We fund a broad range of organisations and activities as part of our LIFT fund. This fund is designed to support professional development within the non-profit sector – to help organisations and volunteers be equipped with the skills & knowledge to carry out their work as best they can. Here's a snapshot of some of our LIFT grants here <https://wellingtoncommunityfund.org.nz/lift-grants/>

Contact admin@wellingtoncommunityfund.org.nz

THE TINDALL FOUNDATION The following Programme Areas have been identified as a focus for donations: supporting families & social services; enterprise and employment; caring for our environment and preserving biodiversity; strengthening the 3rd sector; promoting generosity and giving.

Always open

The Tindall Foundation, PO Box 33 181, Takapuna, North Shore City 0740. PHONE: (09) 488 0170

FAX: (09) 486 2365 EMAIL: admin.ttf@tindall.org.nz

WEB: <http://www.tindall.org.nz>

NZ COMMUNITY TRUST FUNDING

For any charitable, philanthropic or culture purpose, or any other purpose that is beneficial to the community or any section of it. This includes but is not limited to: Sporting clubs and amateur sporting teams, recognised social service or welfare agencies and educational organisations. **20th of each Month**

National Grants Manager, NZ Community Trust, PO Box 10 857, Wellington 6143

PH: 0800 44 69 28 EMAIL: info@nzct.org.nz

WEB: <http://www.nzct.org.nz>

This Newsletter is produced by
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The opinions expressed in the CNW Newsletter are not necessarily those of the CNW Committee.

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However, we cannot accept responsibility for error.

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