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## Community Networks Wellington Newsletter October/Whiringa-ā-nuku 2025

### COMMUNITY NETWORKS WELLINGTON OCTOBER/WHIRINGA-Ā-NUKU NETWORK MEETING

Nau mai, haere mai!

Kei te tino karangahia koe / You are warmly invited to our  
October/Whiringa-ā-nuku Network Meeting

Join us for a full network round

Do you have a new service, resources or an event you would like to promote? Are you struggling with an issue that may be affecting others in the sector? Or would you like to promote your day to day mahi? Come and join the korero.

**Date:** Wednesday 15th October 2025

**Time:** 11am—12pm (join us for morning tea from 10:40am)

**Venue:** St Peters Church 'Garden Room' 211 Willis Street (*Entrance is on Ghuznee Street*)

**To RSVP** click here: [15th October 2025 Network Meeting](#)

Or for more information contact Debbie Delaney  
by email at: [office@cnw.org.nz](mailto:office@cnw.org.nz) or visit [www.cnw.org.nz](http://www.cnw.org.nz)

# COMMUNITY NETWORKS WELLINGTON HOME PAGE

## Upcoming Radio Shows

**1 October 1.30pm (Replay) - [Community Law Wellington](#)** - Maddie Clarke interviewed Clair from Community Law on the topic of Māori Wards.

**8 October 1.30—[Wellington Free Ambulance](#)**  
Host Judith Parkington will be interviewing Nick Swan (Wellington Community Liaison) and Rachel Evans (Manager of our Heartbeat CPR Programme) for Wellington Free Ambulance, about their work and services they offer. **Replays 15 October 1.30pm**

Join us at 1.30pm, (every second Wednesday) on [Wellington Access Radio](#) 106.1FM

Listen to previous shows :  
<https://www.cnw.org.nz/nga-whakahirahira-a-nga-mema--members-highlights.html>

If you would like to be involved in our radio show contact [office@cnw.org.nz](mailto:office@cnw.org.nz)

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## AGM CHAIRS REPORT 2025

Tēnā koutou, tēnā koutou, tēnā koutou katoa  
Ngā mihi nui kia koutou katoa

Welcome and thank you for being here today, I'm Diana Wolken, from Utilities Disputes and it my absolute privilege and pleasure to be Co-Chair of Community Networks Wellington together with Dan Mustapic from Atareia.

First, we will begin with a karakia  
Whakataka te hau ki te uru  
Whakataka te hau ki te tonga  
Kia mākinakina ki uta  
Kia mātaratara ki tai  
E hī ake ana te atakura  
He tio, he huka, he hau hū  
Tīhei mauri ora!

(Cease the winds from the west  
Cease the winds from the south  
Let the breeze blow over the land  
Let the breeze blow over the ocean  
Let the red-tipped dawn come with a sharpened air.  
A touch of frost, a promise of a glorious day.)

I am delighted to present the Co-Chair's report on behalf of the Board of Community Networks Wellington to the 2025 Annual General Meeting.

First, a little history. Community Networks Wellington (CNW) had its 50th AGM after first being incorporated in November 1974 but had its beginnings in 1952 – 73 years ago! Welcoss (renamed Community Networks Wellington in 2014) had its tentative but enthusiastic beginnings as the Wellington District Welfare Committee (WDWC) in 1952. It was formed to raise the awareness of, and assisting in addressing, various social issues of the city's residents. These included coordinating welfare provision and particularly a supplementary grants scheme. The concept appeared to be the brainchild of the then Social Security Department. At the very least the Department took an initial leading role and played a prominent part in the Committee's work for over 20 years.

*(Taken from CNW History 1952-2014, written by Harry Gibbons in 2014: <https://www.cnw.org.nz/uploads/7/4/5/0/74507241/welcoss-history-1952-to-2014-agm-for-website.pdf>)*

A HUGE thank you for your ongoing mahi this past year. We say this every meeting and it is as true now as in the past. Thank you for your ongoing support of this community network which is all about you and all those people in our vibrant community of Poneke. Thank you thank you thank you for your unwavering mahi to support and better the health and well-being of our community.

I want to acknowledge all those working every day to provide comfort, shelter, kai, advice and connections to our vulnerable people - those who are going through challenging times, whether temporary or longer term. This mahi is not easy and yet the rewards can be great. A simple smile, a thank you or the peace of knowing that you have helped someone today and tomorrow.

Connection is what we are about. Community Networks connects people in the community and organisations in the community. From this we build trust and within our own communities we know you can only go at the speed of trust. Trust is our currency, not easily gained, easily lost and many of us know what it means to not be heard or listened to which is why many of you are advocates for those communities with vulnerable people.

Community Networks Wellington reflects our society,

those who are supporting our community and our executive team which is reflective of our community.

I want to thank our Executive Members who donate their time, expertise and energy to make sure that we as an organisation continue to deliver for our communities.

Thank you to our current Executive

- Dan Mustapic Atareira
- Teresa Hall Community Law Wellington & Hutt Valley
- Madeleine Clarke Kites Trust
- Libby Parkinson Wellington Womens Health Collective
- Amanda Ashby Volunteer Wellington

Our executive acknowledges and thanks the organisations we work for in supporting the gifting of time to attend meetings, forums and activities in order to support our wider Poneke community.

Now to our current CNW. These past years, we have been blessed to have wonderful dedicated and passionate staff and that continues today. Debbie Delaney manages us all to great effect, keeping our office running, balancing books and ensuring we are all well prepared.

Janette Ritchie who produces our newsletter with the current happenings, as well as managing our supplements, website and member database.

Thank you to the volunteer hosts of our Radio Show - Judith Parkington, Jude Douglas and Maddie Clarke. The radio show remains popular with consistent bookings.

I want to thank everyone at COGS without which we could not do our mahi.

And we are still well supported at our monthly hui's. At our networks meetings over the year we have heard from:

- Mayor of Wellington , Tory Whanau talked about the new City Safety Plan
- Clair Caird (they/them), housing rōia from Community Law, presenting on tenancy and housing law
- Sehai Orgad, Mark Farrar and Ngaire from WCC who gave an update on the Wellington City Safe Plan and answered some concerns around how the safety of rough sleepers fit into the plan.
- Ka Puta Ka Ora Emerge Aotearoa, NEW member profile. (Presented by Virginia Tangatai)

- And our amazing 'thank you to the sector' event hosted for us by the Governor General at Government House in March this year.
- Today for the AGM, we have invited Wellington City Council Mayoral candidates for this year's local election to be on a panel with the opportunity to talk about **'their vision for Wellington's social and community issues and how will they make that happen?'**

I also want to give grateful thanks and a shout out to our Wellington City Council who support us in our mahi and work with us to provide the service we do.

In closing, Connections keep our communities together. Since 1952 we have established and built connections and trust and we are one of the most connected diverse communities within Aotearoa. Times may change yet connections and trust do not. Knowing who to contact may change someone's life for the better and change peoples' lives for the better.

We will continue to offer our services to you or community as we are in this together to make our community vibrant and strong. Let's continue to build connections together.

Kia kaha and thank you. Nāku te rourou, nāu te rourou, ka ora ai te iwi (with your food basket and my food basket the people will thrive)

Diana Wolken  
Co-Chair - Community Networks Wellington  
September 2025

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## LOCAL ELECTIONS: SPECIAL VOTING

No voting papers? No problem!

If you haven't received your voting papers, lost or damaged them, forgot to enrol, or you're on the unpublished roll, you will need to cast a special vote.

[Special voting](#) is available at Te Awe Library throughout the voting period. [Additional special voting hubs](#) will open in the final week of voting.

Make sure you vote before midday on Saturday 11 October!

## NOTICES

### SUPERVISION OPPORTUNITY



**Working with others can be deeply rewarding—but it can also be demanding. Prioritising your own well-being isn't optional; it's essential.**

In supervision, you'll discover a space to pause, reflect, and reconnect with the heart of your practice. Grounded in the wisdom of the whakatauki "**He moana pukepuke e ekengia e te waka**"—*a choppy sea can be navigated*—I offer a gentle, strengths-based approach rooted in my experiences in social work and sustainability. Whether you're seeking space for ethical reflection, cultural responsiveness, or simply a buoyant presence during complex times, I'm here to support your growth and resilience—not just for your sake, but for those you work alongside.

I invite you to explore [my site](#) and book a [free introductory session](#).

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### SENIOR SUNDAY – SPRING ROOTS EXPERIENCE - RSVP BY 29 SEPTEMBER

As part of Seniors Week, join the Miramar Maupuia Community Centre for a restorative morning in the beautiful Prison Garden at Mt. Crawford.

Enjoy a fresh spring morning tea made with ingredients grown onsite or locally.

Date: Sunday, 5th October  
Location: Prison Garden, Mt. Crawford  
Time: 10:30am – 12:30pm  
Bookings essential – places are limited!

Please [RSVP Here](#) by 29 September 2025.

### PEER NETWORKING CATCH UP FOR VOLUNTEER MANAGERS - 1 OCTOBER

*'Courage starts with showing up and letting ourselves be seen.'* – **Brene Brown**

What better time of the year to start off our Peer Networking catch ups than now!

[Volunteer Wellington](#) is co-creating a space for Volunteer Managers (or anyone in your organisation who is supporting volunteers) to get together to talk about whatever is top of mind.

It's also a great opportunity to network, share learning and forge new collaboration with other community organisations.

Our first meeting will be very informal and take place on Wednesday, 1<sup>st</sup> October at 11.00 am in our office. Please RSVP by Monday 29<sup>th</sup> September.

[Find out more here](#)

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### LOWER HUTT WOMEN'S CENTRE SELF DEFENCE SECURE A SPOT IN OUR SELF DEFENCE WORKSHOP!

This workshop is for women including gender diverse people (who feel comfortable in women-centric spaces)

These are strength and empowerment based workshops for adults (15+) to learn together how to defend themselves with physical and mental skills and have fun!

They include a mix of action, discussion and practice.

They are suitable for all abilities.

You must be available for both workshops as the workshops build on each other. Please bring kai to share for lunch.

Facilitator: Naomi Millane

Date: 4 October (session 1) and 18 October (session 2)

Location: 186 Knights Road, Waterloo, Lower Hutt

Cost: \$40 waged/\$20 unwaged (this covers both workshops)

Spaces are limited, please book in using the link below: <https://lhwc.org.nz/product/self-defence-for-women-workshop/> OR pop into the Centre OR call us on 049201009

# WHĀTAITAI SEEDLING CATCH PLANT SWAP EVENT

**SATURDAY  
1ST NOVEMBER**

**From 10:00am - 1:00pm**

**“It’s easy and fun!”**

**Bring a plant to swap for another, trade a can of food for a plant, or gift a little koha and take home a green friend.”**

**27 Chelsea Street, Miramar**

**www.mmcc.org.nz | 04 388 1944**



Grow your green space and connect with your neighbours at our fun community seedling and plant swap. Bring a plant to swap, trade a can of food for a plant, or offer a koha and take home a new green friend. For more information you can contact us [here](#)

## MOTHERS NETWORK GROUPS OCTOBER

Mothers Network will be running two more groups in our community starting in October, and we're really looking forward to connecting with more mums over the coming months.

Our upcoming groups are a daytime group in Tawa on Thursday mornings starting on 16 October, and an evening group in Brooklyn on Wednesday evenings beginning 22 October.

Please spread the word and help us reach mums at all stages who would benefit from facilitated group sessions that offer a safe, non-judgmental space for sharing the realities of motherhood.

The sign up forms are linked below.

Tawa daytime:

[Click here](#)

Brooklyn evening:

[Click here](#)

You can also read a bit more about us on our [website](#).

## FREE FARES NZ

The Aotearoa Collective for Public Transport Equity is a coalition of over 100 organisations who call for free public transport for those who need it most. The Coalition includes student unions, unions, local councils, faith organisations, climate groups, health organisations, disability organisations, anti-poverty groups and more. They call for central government funding to make fares free for students, under 25s, Community Service Card holders, Total Mobility Card holders and their support people.

This would be great for climate justice, for reducing households' cost of living, and for increasing social connection. So far, advocates have won half-price fares for Community Service Card holders. To find out more, please visit <https://freefares.nz/> or <https://www.facebook.com/freefaresnz/>

If your organisation would like to join the coalition, please email [freefaresnz@gmail.com](mailto:freefaresnz@gmail.com) with your organisation's name, logo and email address. The organising team are gearing up for a big year in 2026 of advocacy and public-facing campaigning, and would love for more organisations to talk about Free Fares.

## WEBINAR: LOTTERIES STATEMENT OF INTENT AND OUTCOMES FRAMEWORK

**WEBINAR EVENT!**

**12pm  
3rd October**

**Hear about  
Hāpai Hapori  
Community  
Operations'  
new Lottery  
Outcomes  
Framework and  
how this informs  
funding decisions**

**Tickets available on  
Humanitix**

Philanthropy New Zealand  
Community Matters

Join PNZ and DIA for a special webinar event to learn all about Hāpai Hapori Community Operations' new Lottery Outcomes Framework and how this informs funding decisions.

Free to all.  
[Register Here](#)

## DIGITAL SKILL CLASSES PORIRUA LIBRARY OCTOBER

- |            |                                      |
|------------|--------------------------------------|
| 6 October  | Intro to Smartphones 1pm—3pm         |
| 9 October  | Trade Me 10am—11.30am                |
| 10 October | Google and the internet 10am—12pm    |
| 13 October | Intro to Apps 1pm—3pm                |
| 16 October | Email Essentials 10am—12pm           |
| 17 October | Real Me and MSD 10am—12pm            |
| 20 October | Internet security and Safety 1pm—3pm |
| 23 October | Intro to Social Media 10am—12pm      |
| 24 October | Health Online 10am—12pm              |
| 30 October | Password Managers 10am—12pm          |
| 31 October | Making Stop Motion Movies 10am—12pm  |

Venue for all courses

[Porirua Library](#)

17A Parumoana St. Porirua,  
Porirua Wellington 5022

[Find out more here](#)

SUPPORTED BY



SENIORS: YOU'RE INVITED

# MAKING *Connections*

7 | 10 | 25

TUESDAY AT 9AM

ST JAMES THEATRE, 87/77  
COURTENAY PLACE, TE ARO,  
WELLINGTON

RSVP TO:  
AGE CONCERN WELLINGTON

04 499 6646

MORE INFORMATION:  
[ACWELLINGTON.ORG.NZ](https://www.acwellington.org.nz)

Age Concern wish to extend this invitation to all seniors in our Region to attend Making Connections at St James Theatre on Tuesday 7<sup>th</sup> October between 9am - 3pm. This event is being run by Age Concern during Seniors Week and is FREE to attend for 65years olds +.

Further information can be found on our website

<https://www.acwellington.org.nz/events/making-connections/>

## NEED HELP WITH RECRUITMENT?

Kia ora, ko Helen Cox tōku ingoa. I'm a Wellington-based recruiter with 15 years of experience. Having moved away from 'mainstream' recruitment to become self-employed and focus on the not-for-profit sector, I recently assisted Volunteer Wellington with the recruitment of their new Office Manager.

I'm well aware that the NFP sector has limited funds to spend on recruitment, and I note that standard recruitment firms offer little flexibility in terms of process and fees. Accordingly, I have developed a highly flexible and affordable 'unbundled' approach whereby:

- I provide individualised advice and support before we begin, to enable us to agree on an optimal approach
- You decide which parts of the process I will assist with
- I ensure I have a comprehensive understanding of your entity, the vacancy and the qualities of the person you seek
- I work on a contract basis, charging a NFP sector-friendly hourly rate
- We work together consultatively, flexibly and open-heartedly to ensure the best possible experience for candidates and the best possible outcome for your organisation.

To start a conversation, please feel free to email me at [helencoxnz@icloud.com](mailto:helencoxnz@icloud.com)

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## IRD—CHANGES TO FAMILYBOOST

The [FamilyBoost](#) changes announced by the Government in July have received Royal Assent and are now law. These changes apply from the July–September 2025 quarter. Families can claim from 1 October.

There are 3 key changes:

- The threshold for household income is now \$57,286 each quarter.
- The amount that an eligible family can claim has increased to 40% of early childhood education costs, or a maximum of \$1,560 each quarter.
- The abatement rate is now 7% for household income over \$35,000 each quarter.

These changes are designed to help ease the cost of early childhood education for families across Aotearoa. [Can you get FamilyBoost](#)  
[Estimate your FamilyBoost](#)

## AWARENESS DATES

### OCTOBER / WHIRINGA-Ā-NUKU

Breast Cancer Awareness Month 2025

<https://www.breastcancerfoundation.org.nz/bcam>

Dysautonomia Awareness Month 2025

<https://dysautonomiainternational.org/>

Health Literacy Awareness month

<https://www.healthliteracy.co.nz/>

International Day of Older Persons

1 October

<https://www.un.org/en/observances/older-persons-day>

World Meningitis Day 5th October 2025

<https://worldmeningitisday.org/>

Mental Health Awareness Week 6—12 October

<https://mhaw.nz/>

Baby Loss Awareness Week 9—15 October

<https://www.sands.org.nz/news-blaw.html>

World Mental Health Day 10 October

<https://www.who.int/campaigns/world-mental-health-day>

World Arthritis Day: 12 October

<https://www.eular.org/world-arthritis-day-general-information>

Global Handwashing Day 15 October

<https://globalhandwashing.org/global-handwashing-day/>

New Zealand Shake Out 16 October

<https://getready.govt.nz/involved/shakeout>

Loud Shirt Day (LSD) - 17 October

<https://www.loudshirtday.org.nz/>

World Osteoporosis Day 20 October

<https://www.worldosteoporosisday.org/>

World Stroke Day 29 October

<https://www.world-stroke.org/world-stroke-day-campaign>

World Teachers' Day 29 October

<https://dayspedia.com/nz/calendar/holiday/543/>



**Navigating Dementia /mate wareware:  
From early signs to everyday support  
Online Public Presentation**

**Date: Thursday 30th Oct:**

**Time: 3.30-5pm**

**This presentation will cover:**

- What is dementia.
- What to do if you are concerned about changes in memory or thinking
- Ideas for living well with dementia.
- The support and resources available from Dementia Wellington and other organisations
- Opportunity for questions

For further information or to register

please contact **Sheena Farquhar**

email [sheena@dementiawellington.org.nz](mailto:sheena@dementiawellington.org.nz)

There is no charge to attend this presentation, but a donation is always appreciated

**DONATE NOW**



## EMPLOYMENT OPPORTUNITIES

### RURAL WOMEN NEW ZEALAND COMMUNICATIONS AND SOCIAL MEDIA ADVISOR - FULL TIME

#### About the role

The Communications and Social Media Advisor supports the organisation's communication strategies and social media presence, helping to promote its mission and engage with members and stakeholders effectively. You'll manage day-to-day communications, digital content, and administrative tasks, ensuring a consistent and professional public image.

This is a full-time, permanent position open to candidates based in Wellington or living in a rural community in New Zealand.

#### What you'll do

This is a hands-on, varied role where you'll deliver engaging content, manage digital channels, and support campaigns that connect and empower rural communities.

You will:

- Draft engaging newsletters, reports, and internal communications
- Manage and grow RWNZ's social media presence across key platforms
- Maintain website content and ensure a positive digital user experience
- Support campaigns, events, and public relations initiatives
- Create and coordinate content for marketing and promotional materials
- Ensure consistent brand messaging across all communications
- Collaborate across teams to promote member services and advocacy work

[Read the full job description here](#)—Applications close 12 October

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### DCM (DOWNTOWN COMMUNITY MINISTRY) KAIMAHI PŪRONGO FIXED TERM

DCM (Downtown Community Ministry) is the leading social service in Wellington working with people who are experiencing homelessness – in particular, those who are rough sleeping or without shelter.

Sitting in the heart of Wellington at 2 Lukes Lane on the site of Te Aro Pā, the most marginalised people in our city come to us because they genuinely feel welcome and because what we do works, and makes a difference in their lives.

We're looking for a Communications & Fundraising Kaimahi to join our Pūrongo Kāhui team, covering maternity leave. This role is all about building high-trust relationships—with donors, supporters, and the wider community—through powerful storytelling, strategic communications, and targeted fundraising.

You'll help amplify DCM's voice, grow our supporter base, and secure funding through grants and one-on-one donor relationships. You'll also play a key role in strengthening our brand, managing our social media presence, and supporting special events.

Key Responsibilities

#### Key Responsibilities

- Identify and share stories and evidence that connect donors and supporters with DCM's kaupapa and impact
- Oversee DCM's social media presence, ensuring high engagement and strong brand representation
- Support brand building, media relations, and public engagement

Assist with special events that strengthen relationships with donors and supporters

[Read the full job description and find out how to apply here](#)

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### EXECUTIVE OFFICER MUSIC THERAPY NEW ZEALAND CONTRACT

Have you worked in the non-profit charity sector and have at least five years' experience in a senior administration or executive role, understand governance and working with external stakeholders and members, feel at ease taking minutes, responding and taking the initiative with members' enquiries, have Xero accounting software experience, have experience with updating and maintaining websites, and have organised conferences and symposiums for up to 100 people? If so, you may be the person that Music Therapy NZ is looking for.

[Read the full job description here and find out how to apply](#)

## VOLUNTEERING OPPORTUNITIES

### DRIVING VOLUNTEER CHANGEMAKERS RESETTLEMENT FORUM VOLUNTARY

If you are:

- at least 21 years old
- have held a clean NZ full licence for at least 2 years
- have some patience, confidence and creativity!

We would love to hear from you!

We are looking for some female volunteers to help another woman from a refugee background to get their licence by practicing with her once or twice a week. You will be matched with someone who lives nearby so that you can easily meet her at her place (all the practices will be in her car). Please note that we only operate in Wellington, Lower Hutt and Porirua.

In return, you will make a positive difference in the life of woman from a refugee background and her family, receive training and support throughout your placement, increase your understanding of another culture and contribute to improving driver safety on the road.

[Read full job description here or find out how to apply](#)

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### GROUP PROGRAMME MENTOR BIG BUDDY

Lead by expert facilitators and outdoor instructors, you will participate in activities alongside the rangatahi, acting as a positive role model and helping to create a safe and caring environment for participants.

During 7 weekly catchups, rangatahi will take part in various experiences designed to help them build relationships, improve their wellbeing and understand themselves better. The programme concludes with rangatahi and men attending a 4-day wilderness camp. Here, their strengths, self-confidence, resilience, and coping strategies are further developed through a number of challenges and activities while out in nature. We know this will be a memorable and impactful journey for the young people and the mentors alike.

We're looking for men who are open to sharing their own life experiences, both positive and negative, to support the young peoples' participation and growth. You'll need to be available for training, the weekly meetings (7 x Sundays) and the camp at the end. Due to the outdoor nature of the programme, a reasonable level of fitness is required.

As the safety and happiness of our rangatahi is paramount to our success, all men will go through our selection process. We want to ensure that you are right for Big Buddy and we are the right organisation for you. We aren't looking for superheroes, we are simply looking for good guys from our community who care. The selection process includes police vetting, reference checks and an interview.

We look forward to hearing from you and having you join us on this rewarding journey of mentorship and personal growth. Together, we can make a lasting positive difference in the lives of many young people.

[Read full job description here or find out how to apply](#)

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### YOUNG ATHLETES WEEKEND PROGRAMME VOLUNTEER SPECIAL OLYMPICS NEW ZEALAND

REQUIREMENTS OF POSITION:

- Passion for working with people with disabilities
- Patience and understanding when dealing with children of all ages and abilities.
- Strong communication and interpersonal skills, guided by a supportive, motivating, empathetic, and fun approach.
- Ability to create a nurturing and inclusive environment where athletes and whānau feel empowered, valued, and respected.
- Sport delivery experience is a bonus, but not necessary. All training will be provided.
- All paid and volunteer staff are required to be police vetted. By applying for this position, you agree to undergo police vetting if your application is successful.
- Applicants must be able to commit to a 2.5-hour slot (9am-11:30am) Saturdays 11 Oct—22 Nov

[Read full job description here or find out how to apply](#)

## TRAINING OPPORTUNITIES

### FREE E-LEARNING FOR PARENTS AND FAMILIES

This short online course helps parents and caregivers feel more confident guiding children and young people to stay safe, well, and connected in the digital world.

The course takes just 30-45 minutes and is suitable for parents, caregivers, grandparents, whānau, and anyone supporting children and young people.

You'll learn how to:

- Understand how children and young people are engaging online today
- Recognise common digital risks like cyberbullying, grooming and harmful content
- Use practical strategies to support your child's safety and digital wellbeing
- Have open conversations that build trust about their online lives
- Find the right tools, support, and resources when you need them

You don't need to be tech-savvy. Just curious, open to learning, and committed to empowering the young people in your life.

[Find out more here](#)

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### GOVERNANCE AND TE TIRITI O WAITANGI - 30 SEPTEMBER

This 90 minute online workshop is offered in partnership with Community Law Wellington and Hutt Valley. It will be co-facilitated by Kate Scarlet and Stacey O'Neil, and will touch on Te Tiriti and how a co governance model works practically at Community Law.

When: Tuesday 30th September

Where: Teams

Time: 10.00 am - 11.30 pm

Fees: Free

Facilitators:

Kate Scarlet (she/her) is Co-General Manager of Community Law Wellington & Hutt Valley & Senior Community Lawyer / Rōia Kahika. She primarily works in the Employment, Human Rights, and Privacy portfolios, with expertise in transgender law.

Stacey O'Neil is from Ngā Puhi and is one of the community law General Managers and also a Rōia Hapori (Community Lawyer) in the Pou Whirinaki (Services to Māori) team. Stacey has come to CLWHV from the Community Law Marlborough, where she has done similar work. She also sits on the executive for Ngā Kaiāwhina Hapori Māori o te Ture, the national Māori caucus for the Community Law movement.

[Find out more or register here](#)

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### SUPPORT SERIES - FOR THOSE WORKING WITH MALE SURVIVORS OF SEXUAL ABUSE

Tautoko Tāne is pleased to announce a nationwide series of presentations to support agencies, service providers and professionals to share information and insights about working with male survivors of sexual abuse to get the support they need.

Called Hoake Tātou | Walk With Me, these presentations are designed to bring service providers and support agencies together and supported by the Ministry for Social Development, the presentation series is an opportunity to learn from our experience and strengthen your organisation's ability to support male survivors.

In the Wellington Region, there will be four presentations available.

Lower Hutt at the Lower Hutt Events Centre, 30c Laings Road, Hutt Central,  
**11 November 9.30am**

Porirua at the Te Rauparaha Arena, 17 Parumoana Street, Porirua City Centre,  
**11 November 2.00pm**

Wellington Central at Rydges Wellington CBD, 75 Featherston Street, Pipitea,  
**12 November 10.00am & 2.00pm**

There are many other presentations happening throughout the nation for anyone further afield.

Full information and registration details found [here](#).

Please like, follow, and share the Tautoko Tane [newly launched Facebook page](#).

# Rethinking Neurodiversity

## Understanding and Integrating a Neuro Affirming Approach

with Allison Davies



*"The SINGLE most influential, important, relevant, helpful, neuro-affirming, paradigm changing professional development I've ever done in 20 years" – previous participant*

Over the past decade technology, academic research, lived experience and community advocacy has changed everything we previously knew about brains. What were once thought of as disorders are now known as neurotypes. Where we once prioritised early intervention to assimilate towards the 'ideal' way of being, we now focus on 'actualisation', to support authentic ways of being.

The concept of 'neurodiversity affirming' is now quite commonly used, but one that many don't fully understand or know how to implement in practice. How can we be truly neuro-affirming in our approach when no one ever taught us how? How do we move away from behaviourist approaches when we still work within systems that expect behavioural outcomes? How do we cater to so many varied accommodation needs when we are one person in an ocean of children!? The good news is that when we truly shift our perspectives towards a neuro-affirming approach all of those questions simplify and life becomes easier for both our clients and ourselves. During this workshop, Allison will present lived experience, community consensus and evidence-based literature to explore and expand individual views on neurodiversity and broaden our approaches to become truly neuro-affirming.

### Some of the key content areas Alli will cover:

- Nuanced definitions of neuro-affirming language and concepts.
- Outdated information about neurotypes and the social constructs that uphold them.
- How to respond when outdated information is not updated in the systems that support us
- What neuro-affirming actually asks of us
- How to guide ourselves towards a neuro 'shape-shifting' of sorts
- What changes in our own lives when we approach children through a neuro-affirming lens

Don't miss this event if you are:

- Starting your journey in understanding different neurotypes
- Learning about neurodivergence from the mainstream or medical model
- Providing services to neurodivergent people
- Seeking a support model that does not aim to change individuals



**Allison Davies** holds a Masters Degree from Queensland University and is the founder and co-director of 'Allison Davies, Music and The Brain'. She educates teachers, parents and service providers to implement trauma informed and neuro-affirming frameworks into their homes, schools and workplaces. Alli is an award winning autism advocate and educator and international keynote speaker and an AuDHD'er + Synesthete. She is also a long time collaborator with Maggie Dent, one of Australia's favourite parenting authors, educators and podcasters. Allison's 'emotive storytelling mixed with science' approach to education is always well received and her professional development events are highly sought after. Compass Seminars NZ is proud to welcome Alli for this brand new training in 2025.

Brought to you by:



### Tour Details:

- 📍 AUCKLAND: Tuesday 4 November 2025 - Naumi Auckland Airport Hotel
- 📍 WELLINGTON: Wednesday 5 November 2025 - Movenpick Hotel
- 🕒 9:00am - 3:00pm
- 💰 \$325 (incl. GST). Price includes full catering, presentation notes and certificate of attendance
- 📞 Contact the Compass Seminars team on 06 7591647 or office@compass.ac.nz

### 3 Ways to Register:

 [www.compass.ac.nz](http://www.compass.ac.nz)

 [office@compass.ac.nz](mailto:office@compass.ac.nz)



Scan Me

## INTRODUCTION TO MANAGING DIFFICULT CONVERSATIONS FOR TEACHERS

This webinar will highlight the scope of a difficult conversation and will present the four aspects of such a conversation.

### What you'll learn

- Recognise the styles of conflict
- Name the four conversations within a difficult conversation
- Explore the skills for managing a difficult conversation
- Have time to practice preparing for a conversation, crafting a starting statement and look at ways to change the interaction

### Outcomes

As you practice these skills over time you will find that life becomes that little bit easier. Your organisation will see that differences are managed in a calm and respectful way and that there will be outcomes that are sustainable.

[Find out more or register here](#)

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## WORKSHOP: SKILLS AND STRATEGIES FOR PEER GROUP AND TEAM SUPERVISION

9.30am to 4.30pm on Thursday 6 November 2025 in Wellington (Mount Victoria) Registrations close on 16 October 2025

Skills and strategies for peer group and team supervision – a brief overview

Supervision within group, teams and peers requires supervisory skills as well as group facilitation skills and processes. This one day workshop will provide an overview of some of the important considerations when working in groups in supervision. It will cover some skills and strategies for all supervision participants, and briefly introduce a few models and approaches of group, peer and team supervision.

Some understanding of group process and the role, function and purpose of supervision would assist participation in this workshop.

This is a practice focused workshop, which is underpinned by strengths-based philosophy and approach.

[Find out more or register here](#)

## VOLUNTEER BEST PRACTICE GUIDELINES

Volunteer Wellington is delighted to be partnering with **Volunteering New Zealand** and **Nikau Foundation** for their full day **Best Practice Guidelines** workshop.

This interactive session will help you effectively manage volunteers at your organisation.

The Volunteer Best Practice Guidelines provide a framework to consider and review your own practice, and learn from others.

The session includes insights into managing challenging behaviour and problem solving, and is aimed at novices right through to experts in volunteer management.

We will explore the practice areas:

- Recruiting and engaging volunteers
- Welcoming and onboarding volunteers
- Volunteer support, leadership, and management
- Train and grow volunteers
- Feedback and recognition
- Celebrate volunteer impact
- Exiting Volunteers

We will be learning from everyone in the room, including you!

The workshop will be based on the Volunteering New Zealand's 'Best Practice Guidelines.' You can access these on our website [here](#).

**Wellington:** Tuesday 14th October @ BNZ Place Wellington Central

**Porirua:** Wednesday 15th October @ Pataka, Porirua

**Time:** 10.00am - 4.00pm

**Food:** included

**Cost:** Members: \$46.00\* Non-Members: \$64.00

**Facilitator:** Alison Marshall is about helping others build capability through learning and development

\*either member of Volunteer Wellington or Volunteering New Zealand

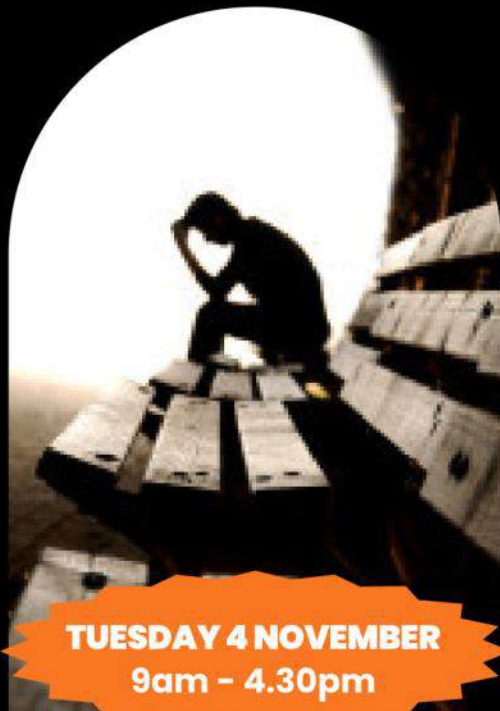
[Wellington Tickets](#)  
[Porirua Tickets](#)

TAYLORMADE TRAINING AND CONSULTING, A LEADING PROVIDER OF TRAINING & CONSULTANCY ON SUICIDE PREVENTION, POSTVENTION AND MENTAL WELLBEING IS EXCITED TO OFFER IN WELLINGTON

# FROM SAD BLOKES TO WELL MEN:

## CHANGING THE FOCUS IN MALE SUICIDE

IT'S TIME FOR A SERIOUS RETHINK IN HOW WE PREVENT MALE SUICIDE AND TO TAKE SUICIDE IN MEN OUT OF THE TOO HARD BASKET



**TUESDAY 4 NOVEMBER**  
9am - 4.30pm

*Hear from award winning & internationally respected suicide prevention specialist - Barry Taylor*

From anxious boys through to lonely old men: Tracking male suicide across the lifespan

Are traditional notions of masculinity meeting the needs of men in 2025? How the changes in men's roles and identity contribute to suicide in men.

A vision for men's wellbeing: An holistic approach to conceptualising men's wellbeing and key mental wellbeing messages for men.

**Hear a comprehensive critique of why the suicide rate in men continues to rise despite numerous prevention initiatives, the reasons why we need to focus more on men and what are proven effective strategies for preventing male suicide.**

### Registration Fee<sup>1</sup>:

Earlybird<sup>2</sup>: \$195    Full: \$275

Group Discount for 3+ Registrations

1 GST Excl,

2 Earlybird closes 6 October



FOR MORE INFORMATION CONTACT  
[registration@4wellbeing.nz](mailto:registration@4wellbeing.nz)

Phone: 027 241 6979 

[www.4wellbeing.nz](http://www.4wellbeing.nz)

Excellence in professional training for professional practice excellence

## REFLECTIVE PRACTICE FOR NFP LEADERS: FROM BUSY TO INTENTIONAL (PART OF THE RESOURCING LEADERS IN TIMES OF CHANGE SERIES)

Wednesday, 8 October, 10am - 11:30am

Reflective Practice for NFP Leaders: From Busy to Intentional

This is an ANCAD LiiFT Aotearoa Accelerate session (for leaders wanting a deeper-dive with learning and practice)

Date: October 8

Time: 10am to 11.30am

Presenter: Sandy Thompson (LEAD)

Cost: \$75

On Zoom

### Overview

In the rush of daily pressures, leaders can lose sight of what really matters. This 90-minute online session provides the chance to pause, reflect, and reconnect with the values that drive effective leadership. Through a mix of discussion and practical tools, participants will explore how reflective practice helps sharpen decision-making, uncover blind spots, and foster more intentional leadership.

### Key Takeaways

- Understand how reflective practice transforms leadership.
- Learn a practical framework to support ongoing self-reflection.
- Strengthen values-based decision-making and team connection.

### Who Should Attend?

- Leaders and managers in not-for-profits and community organisations.
- Board members and trustees seeking deeper alignment with values.
- Team leads who want to enhance clarity and presence in their leadership.
- Anyone looking to move from reactive to intentional leadership.

[Find out more or register here](#)

## 50% OFF WHANĀU, COMMUNITY AND SOCIAL SERVICES APPRENTICESHIP ENROLMENTS

Careerforce is pleased to offer [50% off Whanāu, Community and Social Services apprenticeship enrolments](#) from 1 September until 31 October 2025. Enrolments are now priced at just \$1,000 (incl. GST)\*, a saving of \$1,000.

The Whānau, Community and Social Services Apprenticeship is a 21-month work-based programme designed to support an apprentice to develop the skills, knowledge, and behaviours required in community support roles to work alongside people, family, and whānau by using tools to support autonomy, identify goals, reduce vulnerability, and build resilience or achieve aspirations.

More information about the programme is available [here](#). \*IMPORTANT: This offer applies to domestic learner enrolments only. To be eligible for promotional enrolment pricing, training agreements must be received by Careerforce no later than **31 October 2025**.

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## WAKING UP TO WHITENESS - NOT ANOTHER COURSE ON CULTURE

The course aims to provide a forum to explore and discuss what this means for you as a member of Aotearoa/New Zealand society.

We are looking for about 12-15 people to join us. This course has the support of Vic University Diana Unwin Chair of Restorative Justice. The course will be facilitated by [Adreanne Ormond](#) and Madeleine Taylor.

When: 3rd and 4th November 2025 8.45am – 4.30pm

[See full details here](#)

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## UNDERSTANDING SELF-HARM ON-DEMAND WEBINAR

### Who should do this webinar

Our content is applicable to a wide variety of professions including counsellors, social workers, teachers, emergency response teams, medical, corrections, mental health, hospice, volunteers, caregivers and more.

[Find out more here](#)

## FUNDING

### Arts and Culture Living Wage Fund (WCC)

This fund supports arts and culture projects that need targeted support to pay artists and arts workers the living wage. **Closing 16 October** [Find out more here](#)

### Four Winds Foundation

Four Winds have a paper-based application that needs to be received at their office by 4.30pm on or before the last working day of the month. They are considered at the following month's meeting (generally held on the last week of each month). A maximum of four applications per applicant will be considered in any 12-month period regardless of grant outcome and only 1 application per month will be considered. [Find our how to apply here](#)

### Lottery Community Facilities Fund / Te Tahua Hapori Ngā Whakaurunga is now open, Closes 12 November

2025 Lottery Community Facilities provides grants: to improve or build new community facilities, or for feasibility studies to work out if plans to improve or build community facilities can be achieved and will benefit the community. <https://www.communitymatters.govt.nz/lottery-community-facilities>

### Lottery Community Fund (round 2) Te Tahua Whakatinana Papakāinga Opening 5 November 2025

Lottery Community grants may be one-off contributions or multi-year grant investments for up to 2 years, for: ☑ ongoing operating costs for existing or expanded services and activities ☑ projects beyond an organisation's day-to-day operations ☑ minor capital works projects where the total project cost is \$50,000 or less. [Find out more here](#)

### NZCT - Always Open - Our grants criteria

Find out what we do and don't fund for the purposes of sport, motor vehicles, salaries, social activities, advertising, and education.

See the criteria here: <https://www.nzct.org.nz/grants/>

### The Lion Foundation

The Lion Foundation are pleased to welcome applications for funding. Before you apply please check that you are eligible and that your project matches their [criteria](#). or [Find out more here](#)

**The Tindall Foundation** The following Programme Areas have been identified as a focus for donations: supporting families & social services; enterprise and employment; caring for our environment and

preserving biodiversity; strengthening the 3rd sector; promoting generosity and giving.

**Always open** EMAIL: [admin.ttf@tindall.org.nz](mailto:admin.ttf@tindall.org.nz)

WEB: <http://www.tindall.org.nz>

### Wellington Venues Subsidy

This subsidy helps local community groups hold special events in certain Council-owned venues. Applications accepted at any time - **Always Open** Decision: Two weeks after the end of the month of application

Find out more [here](#)

### DIA Funding

<https://www.communitymatters.govt.nz/>

### Wellington City Council Funding

<https://wellington.govt.nz/community-support-andresources/community-support/funding>

### Hutt City Funding

<https://www.huttcity.govt.nz/people-andcommunities/community-funding/funding-calendar>

### Porirua City Funding

<https://poriruacity.govt.nz/services/communitysupport/>

### Nuku Ora Funding

<https://www.nukuora.org.nz/funding/grant-fundingoverview-for-wider-wellington-region/>

This Newsletter is produced by  
Community Networks Wellington Inc. (CNW)

<http://www.cnw.org.nz>

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The opinions expressed in the CNW Newsletter are not necessarily those of the CNW Committee. Every effort is made to ensure accuracy of facts and information.

However, we cannot accept responsibility for error.

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