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Community Networks Wellington Newsletter September / Mahuru 2025

COMMUNITY NETWORKS WELLINGTON 50TH ANNUAL GENERAL MEETING

Nau mai, haere mai!

Kei te tino karangahia koe / You are warmly invited to our

50th ANNUAL GENERAL MEETING

17th September / Mahuru 2025

Wellington City Council Speaker Panel:

We are inviting Wellington City Council Mayoral candidates for this year's local election to be on a panel at our AGM with the opportunity to talk about ... **'their vision for Wellington's social and community issues and how will they make that happen?'**

Nominations welcome for Community Networks Wellington Executive

CNW is seeking nominations for the executive committee from any organisation that is a full financial member. The Nomination form and executive role description can be [downloaded and viewed here](#).

Date: Wednesday 17 September 2025

Time: 10.45am - 12:15pm (join us for morning tea from 10:30am)

Venue: St Peters Church 'Garden Room' 211 Willis Street (*Entrance is on Ghuznee Street*)

Agenda can be found on page one of this newsletter

To RSVP click here: [17th September 2025 Network Meeting](#)

Or for more information contact Debbie Delaney

by email at: office@cnw.org.nz or visit www.cnw.org.nz

COMMUNITY NETWORKS WELLINGTON HOME PAGE

CNW MEMBER SURVEY 2025 YOUR VOICE MATTERS!

Kia ora CNW whānau

Please take a minute to complete our short survey on the state of our community.

Your feedback is vital to enable us to 'speak' with one voice for the community social services sector in the Te Upoko o te Ika a Māui | Greater Wellington Region.

CNW Member Survey 2025 - Your voice matters!
<https://www.surveymonkey.com/r/JCZG26N>

COMMUNITY NETWORKS WELLINGTON INCORPORATED 50TH ANNUAL GENERAL MEETING

AGENDA

1. Karakia
2. Opening
3. Apologies
4. Previous minutes
5. Chairperson's report
6. Treasurer's report
7. Election of Account Reviewer
8. Election of Executive Committee
9. General Business:
 - a. **Constitution (See full details [here](#))**
 - b. **Subscription fees (See full details [here](#))**
10. Closing of AGM
11. Speaker panel

17th September 2025, 10.45am at
St Peters Church, 211 Willis Street, Wellington
(See full meeting details on front page or [here](#))

NOMINATIONS WELCOME FOR COMMUNITY NETWORKS WELLINGTON EXECUTIVE

As part of our AGM in September, CNW are seeking nominations for the executive committee from any organisation that is a full financial member.

The Nomination form and executive role description can be [downloaded and viewed here](#)

UPCOMING RADIO SHOW

27 August 1.30pm - [Kaibosh/Everybody Eats](#) - Host Judith Parkington talks to Susie Robertson, Kaiārahi/ Chief Executive of Kaibosh Food Rescue and Jack Rainery, Restaurant Manager at Everybody Eats about the **We Love Mac 'n' Cheese** - a one-day pop-up at [Visa Wellington On a Plate](#) on 31st August. Kaibosh are teaming up with their friends from Everybody Eats. Their aim is to dish up **2,000 bowls** of deliciousness to bring people together and raise funds for our mahi to help feed people in Pōneke. **Replays 3 September 1.30pm**

10 September 1.30pm - [BGI](#) - Host Jude Douglas - Catching up with Community features the work of BGI, one of Pōneke's oldest social services. Kahu Ritchie, senior youth work manager tells about his own journey into youth work, the fascinating history of the BGI and the incredible range of services offered to young people and their whānau. **Replays 17 September 1.30pm**

Join us at 1.30pm, (every second Wednesday) on [Wellington Access Radio](#) 106.1FM

Listen to previous shows : <https://www.cnw.org.nz/nga-whakahirahira-a-nga-mema--members-highlights.html>

If you would like to be involved in our radio show contact office@cnw.org.nz

ENSURING KIWIS ARE SAFE AND CONNECTED

Tristan Gilbertson, Telecommunications Commissioner

As I begin my second term as Telecommunications Commissioner, I'd like to share some of the work the Commerce Commission is doing to help keep New Zealanders safe and connected.

Telecommunications networks are essential to modern life – they underpin economic activity, connect communities, and provide vital lifelines in times of emergency. The Commission plays an important role in ensuring these networks function well and that the market delivers for all Kiwis.

Over the past five years, we've made good progress on improving the baseline of competition — including smoothing the transition from copper to fibre, protecting the interests of vulnerable consumers, and strengthening our ability to monitor and report on the market.

We're now able to look at the market in a more granular way which gives important insights into the different needs of Kiwi consumers. One thing we can see, for example, is that customer service over the phone is particularly important to senior Kiwis. So, we're now ranking customer service on our [website](#), which means you can see who is providing the best overall customer service for mobile and broadband. Next, we'll be building on this by getting providers to tell us how long it takes them answer to their phones, so you can see who answers the phone and fixes issues fastest.

Another thing we can see is that senior Kiwis tend to stick with the same provider for longer. This means you're more at risk of paying a "loyalty penalty" because you stay on the same plan for too long – when you could be on something cheaper or better (even with the same provider). This risk is most acute in the mobile market, so we've been increasing the pressure on providers to let you know when you could switch to something better, including by getting our friends at Consumer NZ to rank who provides their customers with the best usage and spend information. You can find their work [here](#).

Going forward, you can expect to see us building on the work we've done by focusing on three key areas: Safeguarding Kiwis moving off copper in rural areas. Easy to understand billing, and smoother switching of mobile and broadband providers. Giving Kiwis more comparative information on how providers are performing.

This work is designed to address common "pain points" for Kiwi consumers, increase competitive pressure in the market, and give you the information you need to make confident choices about what service and provider is best for you.

I strongly encourage you to use this information to shop around – this is what drives competition. Don't be the one paying a "loyalty penalty"!

[Find out more](#)

3G MOBILE SHUTDOWN

Mobile phone providers are shutting down the 3G network by the end of this year. Text '3G' to 550 find out if your phone will connect to 4G.

If your device only works on 3G, it may be time to upgrade.

[More info on 3G](#)

FOCUS ON LOCAL ELECTIONS WITH CANDIDATE VIDEOS GOING LIVE

A new initiative shows Wellington local election candidates answering some of the big questions in an online video format to help voters make a more informed decision this year.

The videos appear with the candidate statements online at wellington.govt.nz/candidates.

GET READY TO VOTE

Get prepared to vote in local elections by viewing [candidate statements and videos](#) and learning [how STV works](#). If you're enrolled, you can expect your voting papers in the mail between 9 – 22 September 2025. Voting is open from Tuesday 9 September until noon on Saturday 11 October. It's not too late to enrol – you'll just need to [cast a special vote](#).

MĀORI WARDS FACTS, REPRESENTATION & YOUR VOICE

Māori wards and constituencies create dedicated seats for Māori representation in local government — much like Māori electorates in Parliament — ensuring Māori voices and perspectives are part of local decision-making. Only those on the Māori electoral roll can vote for candidates in these wards, giving effect to representation that is grounded in democratic choice ([Vote Local](#)).

This year, the future of Māori wards will be decided through referendums held alongside the 2025 local elections. These votes will determine whether Māori wards are retained or removed in each district or region. The choice is ours — and it is a chance to stand up for equity, representation, and the commitments of Te Tiriti o Waitangi.

It's great to see some councils are stepping up to share clear, fact-based information about Māori wards. Campaigns like [Tasman District Council's myth-busting](#) approach are helping communities see through misinformation and understand that Māori wards are about strengthening local democracy, not weakening it.

Local elections shape the places we live — from how our neighbourhoods are planned to the services our communities rely on — so **make sure your voice is heard by voting** in both the Māori ward referendum and the local elections.



WHAT'S OUTSIDE THE BOX?

10.00AM - 2.00PM
Tuesday 2nd September
ĀKAU TANGI SPORTS CENTRE
KILBIRNIE, WELLINGTON

**ACTIVITIES,
PERFORMANCES AND
PRESENTATIONS**

**FREE ON-SITE
PARKING**

Wondering what's next after school?

- **Opportunities** and advice from Transition, Vocational and Funding Hosts
- **Information** from Service Providers e.g. Education, Legal Services, Manawanui and Work and Income
- **Information** on Sport, Recreation, Art and Dance
- **Cafe** on site

For more information

www.well-able.org.nz



This free event is proudly brought to you by



JOAN SHI CANDIDATE PROFILE STATEMENT



I am an immigrant and single mother of two lovely children who call Wellington home. My children and I have enjoyed 13 wonderful years living in this city. As Wellington is the hometown of my children, I have a genuine passion for making Wellington a better place.

I understand how difficult it can be to be heard. As a working mother, I have honed problem-solving skills, learned to manage stress, and made things work. When things are beyond my expertise, I know how to ask for help and listen.

My focus: prioritise council spending towards core infrastructure and essential services for the community, especially repairing leaking pipes, providing better and affordable public transportation and nurturing a business-friendly environment.

If my life journey resonates with you, please vote for me. I am more than happy to represent you and am committed to making myself available for our community.

If you wish to find out more about me, my website is <https://sites.google.com/view/joanshiwellington/home>

WAKING UP TO WHITENESS WORKSHOP SAVE THE DATE!

There is much talk about the widening of the gap between the rich and the poor, the intractable problems of family violence, health inequities, the problem of climate change and other social ills. This course has been developed to support our understanding about “being white” and how this phenomenon unless understood will stop all our

efforts to make a fairer society and manage the problems we face.

The course aims to provide a forum to explore and discuss what this means for you as a member of Aotearoa/New Zealand society. This will mean grappling with topics such as world views, values, beliefs, power dynamics, privilege, what is “normal”. There is a systemic and societal not knowing that we as New Zealanders are too comfortable with and that we need to trouble and make more obvious. This course has the support of Victoria University Diane Unwin Chair of Restorative Justice.

The face to face workshop will be held at [2/57 Willis Street](#) Wellington. The workshop will run from 8.45 – 4.30. Mon 3rd and Tues 4th November 2025.

Regarding the fee for this workshop which is usually \$300 plus GST for the two days. You can also check the information [here](#).

CAREERFORCE REDUCED FEES PROMOTION – APPRENTICESHIP OPPORTUNITY FOR THE COMMUNITY

Careerforce is pleased to offer 50% off Whānau, Community and Social Services apprenticeship enrolments from 1 September until 31 October 2025. Enrolments are now priced at just \$1,000 (incl. GST)*, a saving of \$1,000.

The Whānau, Community and Social Services Apprenticeship is a 21-month work-based programme designed to support an apprentice to develop the skills, knowledge, and behaviours required in community support roles to work alongside people, family, and whānau by using tools to support autonomy, identify goals, reduce vulnerability, and build resilience or achieve aspirations.

More information about the programme is available [here](#).

*IMPORTANT: This offer applies to domestic learner enrolments only. To be eligible for promotional enrolment pricing, training agreements must be received by Careerforce no later than 31 October 2025. Careerforce will be attending the Whakamanawa 2025 Conference, 10 - 11 September where staff will be on hand to discuss the Whānau, Community and Social Services Apprenticeship programme.

[Find out more here](#)

SENIORS' WEEK 2025 MAKING CONNECTIONS EVENT!
7 OCTOBER 2025

SUPPORTED BY



SENIORS: YOU'RE INVITED

MAKING
Connections

7 | 10 | 25

TUESDAY AT 9AM

ST JAMES THEATRE, 87/77
COURTENAY PLACE, TE ARO,
WELLINGTON

RSVP TO:

AGE CONCERN WELLINGTON

04 499 6646

MORE INFORMATION:

ACWELLINGTON.ORG.NZ

EXHIBITORS AND SPONSORS NEEDED - CAN YOU HELP?

Our aim is to keep this event **free for seniors**. To do that, we need Government agencies, organisations and local businesses to join us at the event by paying for an exhibition table or becoming an event sponsors. We're hoping to have up to 180 seniors attending, so it's a great place to widen awareness of your mahi and support for seniors. If you'd like to find out more about being part of the expo or sponsorship of Making Connections, please contact **Steph** at funcomms@acwellington.org.nz

NOTICES

SIGN THE PETITION: DEMAND BETTER ENDOMETRIOSIS CARE IN AOTEAROA

More than 1 in 7 people live with endometriosis (mate kirikopu) in New Zealand, yet diagnosis takes 7–10 years on average and care remains patchy and inequitable. The current 2020 guidelines are informal, out of date, and fail to address the needs of youth, rainbow communities, and disabled people.

Endo Warriors Aotearoa has launched a national petition, sponsored in Parliament by MP Benjamin Doyle, calling for an urgent review and rewrite of the guidelines to make them official, enforceable, and equity-based. Our recommendations include faster diagnostic timeframes, youth-focused care, culturally safe pathways, and holistic pain management.

Add your name today and help us push for systemic change: [petition link](#)

We also have a poster available that organisations can display to help raise awareness about the petition, you can [download it here](#)

If your organisation works with youth, the rainbow community, Māori, Pasifika, or disabled people, we warmly invite you to look at our review and offer any suggestions, you can find it [here](#).

Your insights will help ensure the new guidelines reflect the needs of all communities. We would be grateful if organisations could also share the petition through their own networks. If any organisation would like to have a kōrero about how we can work together, or explore ways to show support, please feel free to reach out to me directly at yessenia@endowarriorsaotearoa.com

SUSTAINABILITY TRUST EVENTS IN SEPTEMBER

Clean and Care: Green Cleaning Workshop

- Saturday, September 13th 2025
- 2pm – 4pm
- Te Aro Zero Waste Centre

Join eco-lifestylist Stella Carruthers in this workshop to learn about cleaning the green way. Develop an awareness of why people are avoiding chemical cleaners in their homes and explore alternatives to commercial products. Have fun making a few basic

cleaning products from simple kitchen ingredients. <https://sustaintrust.org.nz/our-events/clean-and-care-green-cleaning>

September Community Clean up

- Wednesday, 17th September 2025
- 12:00 pm – 1:00 pm
- Te Aro Zero Waste Centre

Join us for our monthly community street clean in Wellington!

Let's unite to kick trash to the curb and beautify our streets.

<https://sustaintrust.org.nz/our-events/community-clean-up-september-2025>

Tip Shop Truck at Te Aro Zero Waste

- Saturday 27th September
- 10am – 1pm
- Te Aro Zero Waste Centre

No vehicle, no worries! The Tip Shop Truck will be at Te Aro Zero Waste at 2 Forrester's Lane on the fourth Saturday of every month. The Tip Shop team will be collecting any big, bulky, awkward and other forgotten reusable items.

They'll be taking furniture, building, and gardening materials, books, and bric-a-brac.

<https://sustaintrust.org.nz/our-events/tipshoptruck-september-2025>

AGE CONCERN ANNUAL APPEAL

Every year, we receive thousands of calls from seniors seeking connection and practical help.

Our team provides local social connection programmes, services and support that make a real difference.

With your help, we can continue to be there for our older community members when they need us most. Please donate now, because we all need support sometimes.

Making a donation to Age Concern Wellington will help us continue our crucial services for seniors.

Any amount you can give will be greatly appreciated, and if you'd like to know more about how you can support our work through a gift in your will, we'd love to hear from you. Call us on 04 499 6646 (option 5). Or make a donation [here](#)

Thank you for your support!

Wellington Women's Health Collective Quiz Night Fundraiser

(Click poster for link to tickets)



Fundraising
QUIZ NIGHT

WITH QUIZMASTER MEAGHAN FISHER

THURSDAY 18 SEPTEMBER
WAITOA, VICTORIA ST

Have some fun, compete for prizes and show off your smarts in support of the **Wellington Women's Health Collective** and the **Conversations With Wāhine** podcast.

DOORS OPEN AT 6.30 PM, QUIZ STARTS AT 7PM

YOU CAN REGISTER A TEAM OF 6 FOR \$100, OR SIGN UP INDIVIDUALLY FOR \$20 (WE WILL PUT YOU INTO A TEAM ON THE NIGHT).
SCAN THE QR CODE TO BOOK TICKETS, OR HEAD TO:
[HTTPS://EVENTS.HUMANITIX.COM/NCWNZ-AND-WWHC-FUNDRAISER-QUIZ-NIGHT](https://events.humanitix.com/ncwnz-and-wwhc-fundraiser-quiz-night)



Thursday the 4th of September

Gym Hall @ Island Bay Presbyterian Church, 88 The Parade Island Bay

Move and Connect

9.30am Mothers Network Welcome + Connection

10.00am Forme Fitness *Mums and Bubs* Strength Class



Entry: cash or bank transfer donation to Mothers Network at the door.
Every small bit helps!

Suitable for beginner to intermediate levels. Prams welcome. Participants must be at least 8 weeks postpartum and have received medical clearance to resume exercise.

Please contact Madeleine@peopleskillsconsulting.co.nz to reserve your spot. Spaces limited, we'd love to see you there!

THE MOST ONESIE-FUL TIME OF THE YEAR IS BACK THIS SEPTEMBER!

With our annual Onesie Day taking place in just one month's time on Friday 12 September, we're hoping that you'll join the fun and be one of a kind one-derful and help fundraise the \$200,000 we need this September.

Getting involved and fundraising is really simple – fundraise yourself, with your workplace or if you have a child in your life, make sure their school or early childhood centre is involved.

If you want to sign up yourself or your workplace visit www.onesieday.co.nz to register and get access to a range of resources to support your fundraising including your own fundraising page.

Once you've signed up simply:

Share – email your unique fundraising page link to friends, family and colleagues and ask them to donate to you and [Wellington Free Ambulance](#). Share your fundraising efforts on social media.

Host – host a get together with friends, family or at your workplace and ask everyone who attends to make a donation to your fundraising page.

Donate yourself – a great way to get others to support you is to see that you've donated and are also supporting Wellington Free Ambulance.

Everything that you raise through Onesie goes towards purchasing vital vehicles and equipment – the things our crews need to be ready to respond at a moment's notice day or night to anyone across Greater Wellington and Wairarapa.

P.S Do I have to wear a Onesie? Absolutely not!

We appreciate that onesies are not for everyone.

We want you to have fun fundraising for Wellington Free Ambulance so please do what's most comfortable for you.

For more information about Onesie Day, including why your support really matters and free downloadable resources, [please visit www.onesieday.co.nz](http://www.onesieday.co.nz)

CHILD SAFEGUARDING WEEK (8 - 14 SEPTEMBER)

The theme this year acknowledges a concern we hear from many parents - how do we keep children safe in the ever-changing online world?

[Find out more here](#)

CANBEAD FILM FUNDRAISER 'THE ROSES' 8 SEPTEMBER

Please support CanBead by coming to a screening of The Roses on Monday 8th September, 5.30pm for 6pm start, at The Penthouse Cinema, Brooklyn. It promises to be hilarious, with a stellar cast, including Benedict Cumberbatch and Olivia Coleman.

Just \$20 per person, please pay online to the cinema by following this link, and you can choose your seats. (\$1 booking fee per ticket). [Buy Tickets Here](#)
Or you can buy direct at the cinema with no booking fee.

There will be a raffle and spot prizes, so come early! Email kirsty@caninspire.org.nz if you have any questions, or wish to purchase raffle tickets in advance.

MENTAL HEALTH FOUNDATION'S WORKING WELL GUIDE AND RESOURCES



The Mental Health Foundation's Working Well Guide is packed with practical tools to support mental health and wellbeing in the workplace—whether you're a manager, team leader, or part of a small community organisation.

From creating a positive team culture to managing stress and preventing burnout, this resource is a great place to start or revisit.

[Find out more here](#)

JOIN FLUTRACKING AND GET A WEEKLY REPORT AND A MAP OF RESPIRATORY ILLNESS FROM ACROSS THE MOTU

We need more participants around the motu to help us track, and understand, flu & COVID-19 in the community.

Please ask friends or colleagues to join us by forwarding this link:

<https://www.flutracking.net/Join/NZ/inv25nz>

Volunteer Playgroup Leader Wanted!



whānau āwhina
plunket



**Are you calm in the chaos,
friendly with whānau, and not
afraid of a bit of mess?**

We're looking for a reliable, organised volunteer to help us lead our Strathmore Park Playgroup on Tuesday and Friday mornings during term time. You must be available on both days, between 9:15 and 11:45am.

This role is perfect for a parent who'd like to volunteer with their child, or a local retiree with a heart for community. Does this sound like you? Email toria.maus@plunket.org.nz

EMPLOYMENT OPPORTUNITIES

MANAGER - STRATHMORE PARK COMMUNITY CENTRES

Full-Time Role

Job Description

Make a real difference in your community
Are you passionate about community wellbeing and looking for a role where no two days are the same?

We're seeking a Manager to lead our vibrant community centres in the Strathmore Park suburb.

This is a rewarding opportunity to shape the future of two thriving community centres that serve the heart of our local area. You'll work closely with our supportive board, dedicated staff, and amazing volunteers to deliver programmes and services to strengthen the community.

The role is broad and covers everything from strategic planning, day-to-day operations, to chatting to community members who drop into the centres. This is a full-time role, but we are open to a 32-hour a week role for experienced candidates.

The Manager needs to spend a considerable proportion of their time at the centres, but within the operational requirements we support flexibility and some remote working. The Manager will need to attend some events outside of office hours.

[Read the full Job description and find out how to apply here](#) Applications Close 5 September

DIRECTOR CATHOLIC SOCIAL SERVICES

Full-Time Role (37.5 hours)

Job Description

A key member of the Senior Leadership Team (SLT)
A rewarding & challenging role; make a meaningful difference to those we serve
Permanent, full-time (37.5 hours). Based on Tory St, Wellington Central

About the Role

Reporting to the General Manager, you'll oversee the day-to-day operations of the Catholic Social Services (CSS), its programmes and team performance, leading service delivery through effective resources and people management.

You'll lead a skilled multidisciplinary team dedicated

to delivering impactful social services and programmes that create meaningful change in the lives and communities we serve. As a key member of the Senior Leadership Team (SLT), you'll work alongside a supportive and forward-thinking Archbishop and General Manager, where your contributions are valued and respected.

We are seeking an experienced Social Services Manager who is a visible, inclusive leader with a strengths-based approach to service delivery, and exceptional skills in building and maintaining relationships across the organisation and sector.

[Read the full job description and find our how to apply here](#). Applications Close 7 September

SOMALILAND SOCIETY - PART-TIME SOCIAL WORKER ROLE

[The Somaliland Society](#) are currently seeking a social worker for one day per week. With the possibility of more hours when funding permits.

To find out more about this role or the Somaliland Society contact Adam Awad at Somaliland Society: somalilandnz@gmail.com

COMMUNITY SUPPORT WORKER/ FACILITATOR (DISABILITY) WELLINGTON AFTER-CARE ASSOCIATION INC

Full-Time Role

Are you passionate about empowering individuals with disabilities to live fulfilling and inclusive lives within their community? Do you possess excellent communication and facilitation skills? [Evaro](#) is seeking a dedicated and compassionate Community Support Worker / Facilitator to join our team. This is a 37.5 hour per week position with hours generally Monday to Friday between 8am-5pm.
About the role:

[Evaro](#) is a community participation service providing a variety of individualised recreational, leisure, social and living skills programmes to assist people with intellectual disabilities to fully participate in their community and lead fulfilling and productive lives.

[Read the full job description and find our how to apply here](#).

Are you a PEER SUPPORT WORKER Working in Te-Whanganui-a-Tara?

Join our
COMMUNITY OF PRACTICE
and stay connected!

- Build connections and create collaborative opportunities

- Share stories, learnings, challenges and celebrate each other

- Keep informed and updated on what's happening in the sector

Monthly gathering & newsletter
Last Thursday of the month
Rotates between in-person and online



JOIN US NOW:



Join us via email:

PEERCOMMUNITY@KITES.ORG.NZ

More about this Community of Practice:



 **Kites**

TRAINING OPPORTUNITIES

MANAGING STAFF PERFORMANCE

This workshop will focus on managing staff that do not meet the requirements of their roles. It will provide tools on how to address the performance issues without time consuming adversarial processes.

Topics covered in the session include:

- Staff who don't work at expected levels
- Those who don't follow organisations' processes or meet standards
- Punctuality issue
- Repetitive mistake making

Tips will be explored for how to turn these around into positive behaviour.

Where: Cancer Society Hub, Lower Hutt

When: Monday, 1st September

Time: 9.30 am - 12.00 pm

Fees: \$10.00 for members, \$20.00 for non-members

Facilitator: Keith Vaughan is an expert at providing practical strategies for managing people, their performance and behaviour.

[Register Here](#)

VOLUNTEERING BEST PRACTICE GUIDELINES SERIES: TRAIN AND GROW/ FEEDBACK AND RECOGNITION

Boost your skills in training, recognising, and rewarding volunteers. Join this interactive online session to gain fresh ideas, share experiences, and leave with practical tools to strengthen your volunteer programme.

Date: Wednesday 3 September

Time: 10am to 11.30am

Cost: \$55

Presenter: [Heidi Quinn \(Volunteering New Zealand\)](#)

Location: Zoom

Overview: In this online session, we will focus on Practice Area 4 – Train and Grow Volunteers, and Practice Area 5 – Feedback and Recognition.

Key learnings:

- Why training is important for volunteers
- How to recognise and reward volunteers

Audience: These sessions are aimed at people that work with and manage volunteers who are keen to learn more about the Volunteering New Zealand Best Practice Guidelines.

[Find out more or Register here](#)

HOW TO USE LINKEDIN EFFECTIVELY FOR A NFP ORGANISATION (SOCIAL MEDIA ESSENTIALS SERIES)

Struggling to get results from your LinkedIn Account for your non-profit? You're not alone? In this onehour class, you'll learn the skills and strategies to use the platform effectively and drive real impact.

Wednesday 10 September 12pm—1pm

Zoom Webinar

[Find out more or register here](#)

INSIGHT: INCLUSION AND DIVERSITY

"Diversity is asking someone to a party. Inclusion is asking them for a dance."

If you are interested in inclusivity with your volunteer teams and with people you work with this is the INSIGHT session for you.

Logan Amer will be leading a discussion about the things to be aware of when working with people with disabilities. He will reflect on his own experiences and what strategies workplaces can develop to promote a positive environment where people with disabilities have their voices heard, and can contribute to the growth of an organisation.

Where: Teams

When: Wednesday 24th September

Time: 10.00am - 11.00am

Fees: Free

Facilitator: Logan Amer is the Manager of Whitford Brown Community Trust. The Trust, located in Titahi Bay, is a community participation and transition service for adults with disabilities. Logan has been with Whitford Brown for nine years, originally as a volunteer for a year, then moving into a paid position as the Community Inclusion Coordinator and last year stepping into the role of Centre Manager. Logan is also Chair of Special Olympics Mana and is an experienced lawn bowler.

[Register Here](#)

Attachment and Emotional Communication

A Framework for Change

with Dr Wendy Kelly



Children and young people who need love the most often ask for it in the most unloving ways. Young people with disrupted attachment, traumatic backgrounds and experiences of neglect or separation crave care and connection, but emotionally communicate this with mistrust and aggression, often rejecting those who are trying to support them.

This seminar explores attachment theory through a developmental lens, discussing how children of different ages negotiate the tasks of attachment relationships, both when things go well and when children are affected by adverse events. The role of attachment in helping children regulate their emotions and cope with stress will be discussed, along with how children perceive both psychological safety and threat, using polyvagal theory.

Some of the key themes that Wendy will discuss during this day long workshop will include:

- The ways that disrupted attachment and traumatic stress change the way that children view themselves and others, often longing for connection but acting in ways that push people away.
- Aspects of contemporary life such as parent use of cell phones, gender roles, non-western views and the impact of social conditions such as poverty and racism on the development of attachment will also be covered.
- Wendy will use her own model, the Relational Learning Framework, to show how the young person's past adverse experiences can create a negative view of themselves and the people around them e.g. that they are unlovable and that parents hurt you and leave you.
- How this framework can help parents, educators and therapists to provide the child with the corrective experiences of trust and connection they need and to put these into words to help the child develop a more positive view of themselves and others.
- The importance of adult self-regulation and the influence of our own attachment style
- Ideas for working with people with different attachment styles and ways to encourage more effective emotional communication.



Dr Wendy Kelly is a Clinical Practice Advisor with the Clinical Psychology program at Victoria University. She is the author of 'Understanding Children in Foster Care' and completed her PhD on the topic 'Looking after children in care: What psychological factors affect the foster parent-child relationship?'. She also runs a private practice and provides supervision and consultation services for professionals working in the area of child maltreatment and trauma. She has worked in the child protection and mental health fields for over 30 years. Wendy has developed this new workshop to reflect the significant amount of new research and knowledge in this field of practice. Wendy's engaging and interactive presentation style combined with her contemporary knowledge and practice wisdom in this topic area mean this workshop is a must for all professionals who engage with children in their work.

Tour Details:

- 📍 **WELLINGTON:** 17 September 2025, Mövenpick Hotel Wellington
- 📍 **AUCKLAND:** 8 October 2025, Naumi Hotel Auckland Airport
- 📍 **HAMILTON:** 29 October 2025, Novotel Tainui Hamilton
- 🕒 9:00am - 3:00pm
- 💰 \$310 (incl. GST). Price includes lunch and tea break catering and presentation notes
- 📞 Contact the Compass Seminars team on 06 7591947 or office@compass.ac.nz

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SEMINARS NZ YEARS

3 Ways to Register:

 www.compass.ac.nz

 office@compass.ac.nz



Scan Me

HAVE YOU TAKEN OUR TICK FOR GOVERNANCE COURSE?

The [CNA](#) Tick for Governance course is a self-paced, online programme made for the community sector.

It's affordable, NZQA-accredited, and gives you practical tools to strengthen your board or committee.

Whether you're new to governance or just need a refresher — this course is for you.

[Learn More Here](#)

UPCOMING SEASONS FOR GROWTH TRAINING

[Seasons for Growth](#) is an evidence-based program that supports children, young people, and adults who have experienced significant change, loss, or grief—such as family separation, bereavement, relocation, friendship changes or other life transitions.

It helps participants build resilience, strengthen emotional literacy, and develop effective coping strategies in a safe, small-group setting. Programs are delivered by trained Companions in schools, communities, and workplaces.

Children and Young People Companion Training 2025

If you're interested in supporting tamariki and rangatahi through change and loss, you can register for one of the following training options:

[VIRTUAL 22 & 23 September 2025](#)

[FACE-TO-FACE 3 & 4 November 2025 - Tory Street, Te Aro](#)

COST: \$300+GST + \$25 Subvention Fee (for new companions only) + plus participant resource pack

Adult Companion Training – 2025

For those wanting to support adults through the Seasons for Growth adult program:

[VIRTUAL 20 & 21 October 2025](#)

COST: \$300+GST + \$25 Subvention Fee (for new companions only) + plus participant resource pack

MENTAL HEALTH FIRST AID TRAINING

Hato hone/St Johns' core Mental Health First Aid course will teach you the skills and knowledge to recognise and respond to someone experiencing mental distress. [Find out more here](#)

AWARENESS DATES

SEPTEMBER / MAHURU

[Breathe better September](#)

[Cervical Screening Awareness Month](#)

[Blue September—Prostate Cancer Awareness Month](#)

[Gynaecological Cancer Awareness Month](#)

[World Alzheimers Month](#)

[Sepsis Awareness Month](#)

1 September [Random Acts of Kindness Day](#)

3 September [Tokehega Day](#)

5 September [International Day of Charity](#)

7 September [International Day of Clean Air for blue skies](#)

7 September [Father's Day](#)

8 September [International Literacy Day](#)

10 September [International Day of Gynecological Health](#)

10 September [World Suicide Prevention Day](#)

12 September [Onesie Day NZ](#)

12 September [Mindfulness Day](#)

13 September [World Chocolate Day](#)

13 September [World First Aid Day](#)

14—20 September [TeTe Wiki o te Reo Māori 2025](#)

15—21 September [Mental Health Awareness Week NZ](#)

15 September [World Lymphoma Awareness Day](#)

17 September [World Patient Safety Day](#)

19 September [International Talk Like a Pirate Day](#)

19 September [Suffrage Day](#)

21 September [World Gratitude Day](#)

21 September [International Day of Peace](#)

23 September [Celebrate Bisexuality Day](#)

23 September [International Day of Sign Languages](#)

28 September [International Day of the Deaf](#)

29 September [International Day of Awareness of Food Loss and Waste](#)

29 September [World Heart Day](#)



Navigating Dementia /mate wareware: From early signs to everyday support

Venue: Dementia Wellington Office

55 Hutt Road, Petone, Lower Hutt

Date + Time: Tuesday 23rd September, 1.30-3pm

The session will cover:

- What is dementia.
- What to do if you are concerned about changes in memory or thinking
- Ideas for living well with dementia.
- The support and resources available from Dementia Wellington and other organisations
- Opportunity for questions

For further information or to register

please contact **Sheena Farquhar**

email sheena@dementiawellington.org.nz

There is no charge to attend this presentation, but a donation is always appreciated

DONATE NOW



RESOURCES

NEW RESOURCES FROM COMMUNITYNET AOTEAROA

[3G network shutdown and digital equity](#) - checking, recycling and digital exclusion
[Get ready for Kiwisaver changes](#) - key dates and what will be changing over the next three years
[Consultation on taxation and the non-profit sector](#) - background and updates on this evolving issue
[Social Investment FAQs](#) - latest updates and toolkits
[Community Foundations](#) - local funds for local people
[Co-Governance, what it is and what it isn't](#) - governance structures that reflect a commitment to Te Tiriti o Waitangi

REDISCOVER SOME OF OUR POPULAR CONTENT

[Evaluating digital inclusion initiatives](#) - a toolkit, guide, templates and examples
[Marae Kete](#) - toolkit for Marae - designed by Māori, for Māori
[How to re-register your Incorporated Society](#) - deadline: before 5 April 2026
[What information Incorporated Societies should keep](#) - an information guidance about legislation requirements, record-keeping and more
[Using a conflict of interest Register](#) - how charities can identify and keep track of conflicts of interest

COMMUNITYNET AOTEAROA TOOLKIT AND SUBSCRIPTIONS

Our resources are available free to everyone. We don't require you to register and log in to access them, however... if you set up an account you will be able to use more of the resource organising options on [CommunityNet Aotearoa](#).

My Toolkit is a place where you can collect all your favourite resources making it quick and easy to find them later. It's perfect for those resources you refer to often, or if you want to save a resource so you can read it later.

You'll need to either have (or create) an account and log in then, with just a simple click, you can add resources to your Toolbox. [Learn more about My Toolkit here.](#)

Once you have a CommunityNet account you can also 'follow' organisations and get an email notification when a new resource is added.

Log in and go to **My Subscriptions** to manage your subscriptions to organisation updates.

ACCELERATING COMMUNITIES: ALLEN + CLARKE'S PRO BONO PROGRAMME

At [Allen + Clarke](#), they care about community and are committed to supporting organisations that are making a difference throughout Aotearoa.

The Pro Bono Programme offers complimentary, expert consulting services to organisations that may not have the means to access such resources, helping them to accelerate their impact in their communities.

[Click here](#) for more information and to register for updates.

CHARITIES SERVICES WEBINARS

[Changes for Charities](#)

[Hot Tips for Funding](#)

[Proposed changes to the Tier 3 and Tier 4 Standards webinar series](#)

[Incorporated Societies Act webinar series](#)

[Before you register as a charity](#)

[Societies, trusts, companies - which structure is right for your charity?](#)

COMMUNITY VENUES FOR HIRE

[Community Centres Wellington Venues](#)

[Hutt City Venues](#)

[Porirua City Venues](#)

[Shared Spaces Wellington](#)

[Sisters of Compassion](#)

[St Andrews - The Terrace](#)

[St Johns in the city](#)

[St Peters Church](#)

[Thistle Hall](#)

[Wesley Church - Willis Street](#)

Bula Mālō ni Fakaalofa lahi atu Tālofa
Kia Orana Mālō e lelei Noa'ia Mauri



OMAI FA'ATASI - COME TOGETHER
A FREE fun Pasifika-themed gathering for seniors. All welcome.

Enjoy lunch, making new friends, great presentations, lots of laughs and good music.

Salvation Army
89 Warspite Ave
Canons Creek, Porirua

EFKS Hall
2 Louisa Grove Waitangirua,
Porirua

September 2
October 7
November 4
December 2

TUESDAYS
10AM

September 16
October 21
November 18
December 16

Walter Nash Centre - Hutt Valley
22 Taine Street, Taita

July 10
August 14
September 11

THURSDAYS
10AM

October 9
November 13
December 11

Free to join or www.omaifaatasi.nz 027 248 0335 for details



FUNDING

Four Winds Foundation

Four Winds have a paper-based application that needs to be received at their office by 4.30pm on or before the last working day of the month. They are considered at the following month's meeting (generally held on the last week of each month). A maximum of four applications per applicant will be considered in any 12-month period regardless of grant outcome and only 1 application per month will be considered.

[Find our how to apply here](#)

Lottery Community Facilities Fund / Te Tahua Hapori Ngā Whakaurunga is now open, Closes 12 November 2025

Lottery Community Facilities provides grants: to improve or build new community facilities, or for feasibility studies to work out if plans to improve or build community facilities can be achieved and will benefit the community. <https://www.communitymatters.govt.nz/lottery-community-facilities>

Lottery Community Fund (round 2)

Te Tahua Whakatinana Papakāinga

Opening 5 November 2025 Lottery Community grants may be one-off contributions or multi-year grant investments for up to 2 years, for:

- ongoing operating costs for existing or expanded services and activities
- projects beyond an organisation's day-to-day operations
- minor capital works projects where the total project cost is \$50,000 or less.

[Find out more here](#)

NZCT - Always Open - Our grants criteria

Find out what we do and don't fund for the purposes of sport, motor vehicles, salaries, social activities, advertising, and education.

See the Criteria Here Website <https://www.nzct.org.nz/grants/>

The Lion Foundation

The Lion Foundation are pleased to welcome applications for funding. Before you apply please check that you are eligible and that your project matches their [criteria](#). or [Find out more here](#)

The Tindall Foundation The following Programme Areas have been identified as a focus for donations: supporting families & social services; enterprise and

employment; caring for our environment and preserving biodiversity; strengthening the 3rd sector; promoting generosity and giving.

Always open EMAIL: admin.ttf@tindall.org.nz
WEB: <http://www.tindall.org.nz>

Wellington Venues Subsidy

This subsidy helps local community groups hold special events in certain Council-owned venues. Applications accepted at any time - **Always Open** Decision: Two weeks after the end of the month of application

Find out more [here](#)

DIA Funding

<https://www.communitymatters.govt.nz/>

Wellington City Council Funding

<https://wellington.govt.nz/community-support-andresources/community-support/funding>

Hutt City Funding

<https://www.huttcity.govt.nz/people-andcommunities/community-funding/funding-calendar>

Porirua City Funding

<https://poriruacity.govt.nz/services/communitysupport/>

Nuku Ora Funding

<https://www.nukuora.org.nz/funding/grant-fundingoverview-for-wider-wellington-region/>

This Newsletter is produced by
Community Networks Wellington Inc. (CNW)
<http://www.cnw.org.nz>
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The opinions expressed in the CNW Newsletter are not necessarily those of the CNW Committee. Every effort is made to ensure accuracy of facts and information. However, we cannot accept responsibility for error.

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